Antibiotics Are Not for Routine Use

For long it has been expedient for medical practitioners of all descriptions to prescribe antibiotics for most ailments due to their immediate impact and relief to the patient although the medical code of ethics recommends administering antibiotics frugally, and only after sufficient consideration. The patient too did not care that the fast-acting medication could have adverse effect on many benign, indeed necessary bio entities inhering in human body that were sacrificed. The disastrous implications of long term use of antibiotics are before for us! It was in this scenario of antibiotics that Consumers International (CI), the apex world body safeguarding consumer interests chose its 2016 theme for World Consumers Rights Day (celebrated on 15 March) as: Antibiotics off the Menu. Excessive use of antibiotics is creating highly resistant superbugs in all parts of the world. The World Health Organisation has also warned that without urgent action, we are heading for a post-antibiotic era in which important medicines stop working and common infections and minor injuries can once again kill.

World Autism Day on 2 April draws attention to suitably managing the brain disorder, autism spectrum disorder (ASD) characterised by difficulties in social interaction, verbal and non-verbal communication and repetitive behaviours. Every child from birth to at least 36 months of age should be screened for ASD. A significant event of the month is World Health Day celebrated by World Health Organisation (WHO) on 7 April every year, the foundation date of WHO in 1948. In the wake of growing incidence of diabetes mellitus, ‘sugar’ in lay terms, the theme for 2016 is, Halt the Rise, Beat Diabetes: Scale up Prevention, Strengthen Care and Enhance Surveillance. Globally, about 350 million people worldwide are living with diabetes, a lifestyle disease. The number of persons living with diabetes will double in another 20 years. The theme for 2016 for World Malaria Day on 25 April is End Malaria for Good. In 2013, there were 198 million cases of malaria, and 584,000 deaths. Presently about 3.2 billion people i.e. about half the human persons are at risk, with 90 percent of deaths occurring in Sub-Saharan Africa; 78 percent of deaths are those of children under five.

In its pursuit of safeguarding nurses’ interest, in the context of implementation of 7th Central Pay Commission (7th CPC) for nursing personnel, representatives of TNAI (along with AIGNF, ESI, Railways & AIIMS) held meetings with (i) Dr. Arun Kumar Panda, Additional Secretary, Ministry of Health & Family Welfare (MHFW) on 11 March 2016 (ii) Shri J.P. Nadda, Hon’ble Minister, MHFW on 14 March 2016 and (iii) Shri Bhanu Pratap Sharma, Secretary Health on 15 March 2016, for higher grade pay at entry level, removing of anomalies (ANS/DNS, Sister Tutor/ Senior Tutor), enhancing nursing allowances and meeting genuine demands of nurses. We are happy to inform you that the Ministry has assured to look into the issues for desirable action.

Good news for Nurses in private sector as well: after directions from Supreme Court of India on TNAI’s writ petition (No. 527 of 2011) to the central government to form a committee for investigating the working conditions and salary structure of private sector nurses (order dated 29/1/2016; published in TNAI website), the said committee has since been constituted. We hope to get favourable report and decision.

We believe better days ahead for Nurses.

(Sheila Seda)
Chief Editor, TNAI
I. Main Theme
“Nurses: A Force for Change: Improving Health Systems Resilience”

II. Sub Themes

The scientific paper to be presented in the conference should be on conference Main theme / Sub themes 1, 2 & 3.

III. Concurrent Interest session on any of the following Specialties
OBG Nursing, Mental Health Nursing, Child Health Nursing, Community Health Nursing, Medical and Surgical Nursing, Nursing Education, Administration & Research.

Please note: The Concurrent Interest sessions scientific papers need not be based on the conference Theme or Sub themes.

Criteria for all the scientific presentations
(Theme, Sub themes, and Concurrent Interest sessions)
1. All presentations should be based on Research papers.
2. The scientific paper should contain: Introduction, Need and Significance, Problem statement, Objectives, Hypothesis/Assumptions, Conceptual Framework, Review of Literature (two relevant studies), Brief description of Methods and Procedures, Findings and Interpretation to be placed in one or two tables, Conclusion, Implications, Recommendation and References / Bibliography.
3. One member can present one paper only.
4. Maximum Two authors can present one paper.

IV. Poster presentation
All Posters for the presentation should be based on Research papers like a visual presentation of the scientific paper on any nursing specialties by individual TNAI member for display; Size of the Poster/ Flex should be approximately 30x40 inches; Ideas depicted in the poster should be relevant to the study; Lettering and design of the poster should be bold and big enough to be seen from a distance; Layout of the picture, if any must be properly balanced to give a correct sense of proportion; Extra fixing of clipping cuttings or any other form on the poster should be avoided.

The poster should depict the following: Introduction, Need and Significance, Problem statement, Objectives, Review of Literature (two relevant studies), Brief description of Methods and Procedures, Findings and Interpretation to be placed in one or two tables, Conclusion, Implications, Recommendation and References / Bibliography.

Poster should not have any identification (code will be give before display).

The Date and time of displaying the poster will be communicated later through forthcoming journal.

Please note:
- The study carried out within three years period are only entertained.
- The researcher / presenters should be a Member of TNAI. The word limit for the scientific paper
presentation are 2000. Enclose separate sheet for author / authors name and a paragraph of bio data, complete address, phone number, email, and TNAI number.

- All the presenters should register for the conference.
- No TA DA will be provided to the presenters.
- The TNAI will be awarding certificate along with the credit hours to the presenters. The delegates / participants will get the participation certificate along with the 16 credit hours purely based on the registration and attendance.

Complete research paper on theme, subthemes, Concurrent Interest session and poster presentation in Soft and hard copy should reach TNAI Hqrs by **July 15, 2016** for scrutiny and selection to the following address:

**The Secretary General, TNAI**  
L-17, Florence Nightingale Lane, Green Park Main, New Delhi - 110016

### इंसुलिन के साही प्रयोग को दिशानिर्देश

मधुमेह (डायबिटीज) रोग के बढ़ने पर इंसुलिन को व्यवहार में लाना आम बात है। किंतु इसका साही प्रयोग कैसे किया जाए, इस बाबत कोई स्पष्ट संहिता नहीं है। इसी पृष्ठभूमि में फोरम फॉर इंजेक्शन, इंडिया की साक्ष्य–आधारित संस्थानों को मदद कर रहते हुए इंसुलिन के टीके लगाने के बारे में दिशानिर्देश जारी किए गए हैं। ये दिशानिर्देश इंडियन जर्नल ऑफ एंडोक्रिनोलॉजी एण्ड मेटाबॉलिज्म में प्रकाशित किए गए हैं। ये संस्थानों क्लीनिकल साधनों, रोगी के उपचार पर दूरगामी प्रभावों और विशेषज्ञों की सम्मति के समावेश से तेज विकास की गई है। इंसुलिन उपचार में दवा के सेवन की उच्च तकनीक, इसकी उच्चतम कार्यशीलता का क्षण और दवा के अवशोषण की अवधि को विचार में रखा जाता है। अतः मधुमेह रोगी के खुरे हो जाए तो इसकी कारगरता और व्यक्ति का ग्लाइकेमिक संतुलन बिगाड़ सकता है। और फिर, टाप 2 डायबिटीज के कई रोगियों को इंसुलिन माफिक नहीं आता।

हमारे देश में डायबिटीज़ के 6.24 करोड़ रोगियों में से 12 लाख ऐसे हैं जो इंसुलिन पर आश्रित हैं। वर्ष 2030 तक डायबिटीज से ग्रस्त व्यक्तियों की संख्या लगभग 8.70 करोड़ पहुंच जाएगी। इंसुलिन प्रयोग करने के मानकों के अनुसार
- सबसे पहले सुनिश्चित कर लें कि इंसुलिन सही व्यक्ति को दिया जा रहा है और डोज उचित है।
- इंसुलिन इंजेक्शन की सूई की लंबाई 4, 5 या 6 मिली मीटर होनी चाहिए।
- यथासम्भव सुइयों को एक बार से ज्यादा इस्तेमाल नहीं करना चाहिए, बेहतर है इस्तेमाल के बाद इसे नष्ट कर दें।
- इंजेक्शन लगाने से पूर्व इसके स्वरूप को और इसकी एक्सपायरियल तारीख के साथ इसकी क्षमता (सलन 100 यूनिट वायल के साथ 100 यूनिट वाली सीरिज) को ध्यान से देख लें चाहिए।
- इंजेक्शन लगाने से पहले इंसुलिन की जितनी डोज देनी हो उससे ज्यादा खाली कर दें। इंजेक्शन लगाने के दौरान वायल में बुनुले नहीं होने चाहिए, यदि हो तो इसका मुख ऊपर की ओर रखते हुए प्लंजर को हल्के हल्के दबाएं।
- इंसुलिन छुंगली होने का मतलब है यह ठीक से मिक्स नहीं हुई है, ऐसे में हथेलियों के बीच इसे 20 बार शोल करें, यह पारदर्शी हो जाएगा। इसे ज्ञातका दे कर न हिलाएं।
- इंजेक्शन लगाए स्थान को रगड़े नहीं।

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### Nomination Sheet: TNAI Haryana State Branch Election - 2016

<table>
<thead>
<tr>
<th>Office</th>
<th>Present Office Holder</th>
<th>Name and address of the Nominee with TNAI No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Vacant</td>
<td></td>
</tr>
<tr>
<td>Vice-President</td>
<td>Mrs Santosh Hooda, TNAI No.17462, Professor, College of Nursing, Pt. BD Sharma PGIMS, Rohtak, Haryana</td>
<td></td>
</tr>
<tr>
<td>Secretary</td>
<td>Mrs Sheila Dhir, TNAI No. 27781, H.No. 848. Sector-14 Hisar, Haryana</td>
<td></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Mrs Kamlesh Tewari, TNAI No. 1638, H. No. 5. Basant Vihar, Ambala City</td>
<td></td>
</tr>
<tr>
<td>SNA Advisor</td>
<td>Mrs Kamlesh Tuli, TNAI NO.12811, Principal Tutor GNM Training School General Hospital, Karnal</td>
<td></td>
</tr>
<tr>
<td>Chairperson Membership Committee</td>
<td>Mrs Krishna Kataria, TNAI No. 2631, R-8, Model Town, Sonipat Haryana</td>
<td></td>
</tr>
<tr>
<td>Chairperson Programme Committee</td>
<td>Mrs Balwinder Kaur, TNAI No.38109, Sister Tutor, GNM Training School General Hospital, Karnal</td>
<td></td>
</tr>
<tr>
<td>Chairperson Nursing Education Section</td>
<td>Ms Deepika Sharma, TNAI No.197142, MM College of Nursing, Mullana, Ambala</td>
<td></td>
</tr>
<tr>
<td>Chairperson Nursing Service Section</td>
<td>Mrs Kulwant Kaur, TNAI No. 22903, #24, Basant Vihar, Ambala City</td>
<td></td>
</tr>
<tr>
<td>Chairperson ANM/LHV Section</td>
<td>Mrs Draopti Devi, TNAI No. 30835, 80/4, Krishna Colony Bhiwani</td>
<td></td>
</tr>
</tbody>
</table>

[As per the TNAI Constitution Rules & Regulations and Bye-Laws (Revised and approved by Council/HOD 2012)]

1. Last date for receiving Nominations is **18 May, 2016** (6 weeks from the date of publication)
2. The election of all the offices of the Branch shall be held at the annual or biennial meeting of the Branch.
3. Returning Officer and Election Committee Members are not eligible to contest for election.
4. Both the Nominator as well as Nominee shall be a life member of TNAI.
5. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations and vice versa. For acquiring the new post the members will have to relinquish the former post.
6. A member working and residing in a State or Union Territory shall be the member of that branch of TNAI. In case of temporary change of residence e.g. study; deputation etc. for a period of more than a year, the member shall be given an option for changing her/his membership to the temporary place of residence after informing the Headquarters and the former and latter state branches.

7. The Nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.

8. The members who are residing outside the country and State shall not be eligible for contesting election.

9. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.

10. Outgoing office bearers shall be eligible for re-election for one more term.

11. Any life member of TNAI may make nominations for all the offices of the TNAI State/UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time. A break of four years after two consecutive terms (8 years) is necessary for the President / Secretary of the branch.

12. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot paper.

13. The Nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.

14. Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address: Mrs Krishna Kataria, Returning Officer TNAI Haryana State Branch Election-2016, Dy Director Nursing, Rural Nursing Training Institute, Gohana Road, Hullaheri Mor, Barwasni, Sonipat- 131001, Haryana. Mobile: 9812093573, E-mail: katariakrishna7@gmail.com

15. Please Mark the envelop “Nomination Sheet – TNAI Haryana State Branch Election 2016”

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**Lost and Found**

It is notified for the information of all concerned that I, Ms Bersila Prakash, have actually lost my original Grade Sheet of my 2nd Year (September 2000) Examination bearing Roll No. 0261094 of General Nursing and Midwifery (GNM), issued by Mid India Board of Education of N.L. of the CMAI and the same is not traceable despite many efforts.

**Bersila Prakash, #3A/ST: SHA, Hospital Sector, Bhilai Nagar - 490 006, Dist. Durg (CG). Contact No. 0-97553 81514; 0-95891 52324**

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**How to Receive Copies of TNAI Bulletin**

*TNAI Bulletin* is a non-priced monthly organ of TNAI mailed to such members who are earnestly inclined to stay updated on the affairs of TNAI in particular.

In case you are not on mailing list of *TNAI Bulletin* but want to receive the copies regularly, you may submit your request (addressed to the Chief Editor, *TNAI Bulletin*) mentioning your full name, TNAI membership number, complete mailing address with Pin Code and landmark etc.

– Chief Editor
# Provisional Ballot Paper
## Delhi State Branch of Trained Nurses’ Association of India (TNAI) Election-2016

<table>
<thead>
<tr>
<th>Office</th>
<th>Name and address of the Contestant</th>
<th>Voter's X</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>President</strong></td>
<td>Mrs Santosh Yadav, TNAI No. 14289, OSD-RAK College of Nursing, Lajpat Nagar, New Delhi</td>
<td></td>
</tr>
</tbody>
</table>
| **Vice-President**          | 1. Mr Gopi Chandran, TNAI No. 226178, Lecturer, Faculty In-charge, MSc Cardio and Neuro Nursing Program, College Of Nursing, All India Institute of Medical Sciences (AIIMS), New Delhi  
2. Mrs Nirmal Bareja, TNAI No. 139344, Retd. Principal, HNo. 1033, Mukherjee Nagar, Delhi-110 009  
3. Mrs Nasreen Ahmad, TNAI No. 2199, Vice Principal, Sushila School Of Nursing, Gali No. 9, Gautam Colony, Narela, Delhi-110040 |           |
| **Secretary**               | 1. Mrs Uma Bhalla, TNAI No. 30057, Be-139 Be Apartments, SFS Flats Janakpuri, New Delhi-110058  
2. Mrs PK Bamara, TNAI No. 20463, Principal, Sushila School of Nursing, Gali No.9, Gautam Colony, Narela, Delhi-110040 |           |
| **Treasurer**               | 1. Mrs Harshlata, TNAI No. 152393, Nursing Tutor, Lady Hardinge College Of Nursing, New Delhi  
2. Mr Kapil Rathore, TNAI No. 254896, Qtr No 231/08, Railway Colony, Chelms Ford Road, New Delhi-110 055 |           |
| **SNA Advisor**             | Mrs Usha Pullera, TNAI No. 262353, Tutor, RAK College of Nursing, Lajpat Nagar, New Delhi-110024 |           |
| **Chairperson Programme Committee** | 1. Mrs Veena Sharma, TNAI No. 66616, Vice Principal, Tirath Ram Shah Hospital, Rajpur Road, Delhi-110054  
2. Ms. Madhumita Dei, TNAI No. 67161, 47-C Pocket A-11 DDA Flat, Kalkaji Ext. New Delhi-110019 |           |
| **Chairperson Membership Committee** | 1. Mrs Shiny Chacko, TNAI No. 75563, I-5 House -22 Ground Floor, Sec-16, Rohini, Delhi-110085  
2. Mrs Sharda Rastogi, TNAI No. 13814, Flat No.70 Pocket A/3 Sector-8, Delhi-110085 |           |
| **Chairperson Nursing Education & Research Section** | 1. Mrs Jesin Joy, TNAI No. 206801, 143 B Pocket-B, Dilshad Garden Delhi-110095  
2. Ms A Malar Selvi, TNAI No. 111624, J. Chandran Iso National Crime Records Bureau Block-7, RK Puram New Delhi-110066  
3. Mrs Daisy Thomas, TNAI No. 39277, Clinical Instructor, 5/III RAK College of Nursing, Lajpat Nagar-IV, New Delhi-110024 |           |
Office | Name and address of the Contestant | Voter's X
---|---|---
Chairperson Public Health Nursing Section | 1. Mr Sudhir Rupjee, TNAI. No. 247260, Staff Nurse, Dr Hedgewar Hospital, Near Karkardoma Court, New Delhi. | 
| 2. Mr Sanjeev Sharma, TNAI No. 136191, S/o Mr Subash, C-35, Marg No. 4, School Lane, West Vinod Nagar, Delhi-110092 | 
Chairperson ANM / LHV League | Mrs Abha, TNAI. No. 86532, Rural Health Training Centre (RHTC), Najafgarh, Delhi-110043 | 
Chairperson Nursing Service Section | 1. Mr Santosh Kumar Yadav, TNAI. No. 254909, 231/19 Nurses' Hostel, Chlems Ford Road, New Delhi-110055 | 

(Miss) Jaiwanti P Dhaulta
Returning Officer

Instructions
As per the TNAI Constitution, Rules & Regulations & Bye-Laws page no 56-64 State Branch Election Procedure (Revised and approved by Council/HOD 2012, it is expected that the Voters/Members are well versed with the TNAI Rules and Regulations and Byelaws related to the State Branch Elections. A copy of the same is available with the Returning Officer for ready reference.

1. For the offices of President and Secretary all valid nominations are included, for other offices, the names of three members having the highest number of nominations are included in the Provisional Ballot Paper.

2. The Election will be held in General Body Meeting of the Delhi State Branch of TNAI on **30 April, 2016** between 11 am to 4 pm at the Auditorium of Holy Family Hospital & College of Nursing, Okhla Road, Delhi-110025

3. No one shall be allowed to vote before or after the scheduled time of voting.

4. The Provisional Ballot Paper is published for the information of the members. A separate (final) Ballot Paper will be given to the voter(s) on the day of Elections.

5. Only the Life members of TNAI are eligible to vote whose names will be on Delhi State Branch Membership list.

6. All the Voters are requested to bring their TNAI Life membership card /receipts of TNAI membership issued by the TNAI Headquarters, along with Photo identity i.e. Election card /PAN Card/Driving License etc before entering the hall for voting.

7. The Returning Officer can be approached for any query about the election. No addition of the contestant will be made to the final ballot paper.

8. Any contestant wishing to **withdraw** from any office of contest should inform the Returning Officer latest by **20 April, 2016** in writing at the following address: (Miss) Jaiwanti P Dhaulta, Returning Officer, L-17, Florence Nightingale Lane, Green Park (Main), New Delhi-110 016.

9. Please Mark the envelope “Provisional Ballot Paper–TNAI Delhi State Branch Election-2016”.

10. Please note that:
   a. No canvassing shall be permitted on the day of election.
   b. No person other than the voter(s) shall be permitted with in the area of the polling booth.
The Trained Nurses’ Association of India invites applications for awarding scholarship for higher studies for the year 2016. Scholarships are available for the following courses.

I. FOR GENERAL NURSES
   (a) Post Certificate Diploma course in Nursing Education and Administration, and other specialty courses
   (b) Post Basic BSc Nursing (Regular)
   (c) Students pursuing Post-Basic BSc Nursing through Indira Gandhi National Open University (IGNOU) can also apply who have successfully completed the first year (Candidates receiving salary or any other financial support will not be eligible to the grant of scholarship.)
   (c) Master of Nursing
   (d) PhD, MPhil in Nursing

II. FOR HEALTH VISITORS AND AUXILIARY NURSE MIDWIVES / MPHW (F)
   (a) General Nursing and Midwifery course.
   (b) Any short-term course of not less than three months duration.

All the above mentioned courses and the institution should be recognized by Indian Nursing Council.

Eligibility criteria
- The candidates should have at least 3 years' membership of the TNAI.
- All the three confidential reports should be received timely from the referees mentioned in your applications.
- The application should be recommended by the President/Secretary of the State Branches.
- Preference will be given to the candidate's active participation in TNAI activities at National, State, District / Zonal and Unit level.
- The proof of annual family income of the candidates (who wish to apply for scholarship) should be obtained from competent authority and attached along with the application.
- The Candidate should not be a recipient of any other scholarship or any financial help from any other source.
- The candidate should not be a recipient of TNAI scholarship for at least last 5 years.

General Conditions
   (a) The completed application forms should be reached in this office along with application fee of Rs. 100/- by demand draft in favour of TNAI by May 31, 2016.
   (b) All the application should be signed by / routed through your TNAI State Branch, President/ Secretary.
   (c) Last date for receiving the application form is May 31, 2016. Application forms received after this date will not be entertained.

Candidates selected for the Scholarship are required to sign an agreement to the effect that they will serve for at least two years within India. In case of default, the awardees will be required to refund the whole Scholarship amount with interest.
APPLICATION FOR TNAI SCHOLARSHIP

Note:
1. Completed Application form should be sent to the Secretary-General, Trained Nurses’ Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016, up to May 31, 2016. Incomplete application will not be accepted.
2. Application fee of Rs. 100/- by cash or demand draft drawn in favour of “The Trained Nurses’ Association of India” and two photos should be attached with the application form.
3. Last date of receiving application form is May 31, 2016
4. Application received after May 31, 2016 will not be entertained.

1. Full Name: Miss/Mrs./Mr./Gr. ____________________________________________ (in block letters)

2. Date of Birth: ________________ 3. Nationality: ____________________________

4. Permanent Address: ____________________________________________________

5. Phone Nos. Mobile: ___________________ Land line: ________________________
   E-mail: ________________________________

6. Martial Status: single, married, widow _________________________________

7. Number of children, with age: __________________________________________

8. Name of the course: ___________________________ Year of study: ____________

9. Date of commencement of course: ________________________________
   Completion: __________________________

10. Name and address of the Institution: ____________________________________

11. TNAI Life Membership No. ____________________________________________
    Date of enrollment __________

12. Have you ever held any office of TNAI at Unit/District/State level? _____________

13. Have you ever served on the National Executive Committee/Council/HOD of TNAI? _____________

14. Have you participated in any of the TNAI activities/membership and fund raising campaign? _____________

15. Have you published any Articles, if yes; year of publication _____________

16. Have you applied for any scholarship to any other Agency? If yes, Please mention the name of the Agency to which you have applied: _____________
17. Will you be getting any financial help/stipend/scholarship/deputation allowance from any other source/institution? Please give details: _______________________________________

18. Are you deputed for studies on full/half/without pay (mention how much amount you will be getting) or you have to resign your job to take up the study? If yes give details:

_________________________________________________________________________

19. Please give name and addresses of three persons for reference purpose. Two among them should be from the Nursing Profession (Head of the institution / Hospital / Organisation)

Name, designation and full Address (in capital letters) with mobile/ phone Nos./ Email

1. ____________________________________________________________

_________________________________________________________________________

2. ____________________________________________________________

_________________________________________________________________________

3. Any other (who is not related to the candidate): ___________________________

20. Attached copies of the certificates attested either by TNAI Council member, Gazetted Officer or a District Magistrate as listed below with this application form:

[a] Certificate of ANM / GNM / BSc / PC BSc / MSc
[b] Registration Certificate
[c] Certificate of any other training/study undertaken
[d] Matriculation certificate & higher examination, if passed
[e] Medical fitness certificate (in original)
[f] Certificate of annual family income of the candidate from competent authority.
[g] A letter from the Principal, College of Nursing stating that she/he got admission in the respective institution.
[h] Photocopy of TNAI Life membership card

I undertake to refund the whole amount of scholarship paid to me the Trained Nurses’ Association of India in case I am offered financial help from any other source(s).

I hereby certify that the information given in this application form is true to the best of my knowledge and belief.

Date: ____________________________________________________________

Signature of the candidate

Recommendation

Recommendation by the State branch President or Secretary keeping in view the merit of the candidate and the eligibility for the TNAI Scholarship

__________________________________________
Signature
President/Secretary State Branch, TNAI
The Trained Nurses’ Association of India (TNAI) invites applications for award of SNA Scholarships for the year 2016. Scholarships are available for the following courses:

1. Multipurpose Health Workers (Female)/Revised ANM Programme.
2. Diploma in General Nursing and Midwifery.
3. Basic BSc Nursing.

Selected candidates will be paid Rs. **24,000/-** per scholastic/academic year.

**Minimum Requirements**

1. Successful completion of first three months of preliminary training period.
2. Application forms should be recommended and signed by
   a) Incharge/Principal, College or School of Nursing and
   b) President/Secretary/SNA Advisor of the TNAI State Branch.

**Other Conditions**

1. The applicant should be a bonafide student of a School/College of Nursing, recognised by Indian Nursing Council.
2. The SNA unit sponsoring the candidate for the Scholarship should be an active Unit at least for last three years.
3. Preference will be given to the candidate’s active participation in SNA Activities at National / State / District / Zonal and Unit Level.
4. The applicant should not be receiving any financial support/benefits from any other source by way of stipend/fellowship/scholarship, etc.

**Kind attention to the Principal**

1. 2015-2016 academic year students are eligible to apply the SNA Scholarship.
2. SNA Units are requested to send only two application forms from each category (i.e. BSc(N), GNM and ANM).
APPLICATION FOR SNA SCHOLARSHIP

Note:
1. Completed Application form duly recommended by Incharge/ Principal of School or College and President/Secretary/SNA Advisor of the State Branch, TNAI should be sent to the Honorary Chairman, Scholarship Committee, C/o Dy. Secretary-General-cum-SNA Advisor, Trained Nurses’ Association of India, L-17, Green Park, New Delhi – 110016 up to May 31, 2016. Incomplete applications will not be accepted.
2. Application fee of Rs.100/- by cash or demand draft drawn in favour of “The Student Nurses’ Association and two passport size photographs should be attached with the application form.
3. Application received after May 31, 2016 will not be entertained.

1. Full Name: Miss/Mrs./Mr./Sr._ __________________________________________ (in block letters)  Photograph

2. Student Mobile/Contact No./e-mail ID____________________________________

3. Nationality________________________  3. Date of Birth____________________

4. Present Address:________________________________________________________

5. Permanent Address:_____________________________________________________

6. Name of the course you are under going for which SNA Scholarship is required and name and address of the institution:
   (a) Course:______________________________________________________________

   (b) Name & Address of the Institution:_____________________________________

   (c) Date of commencement of course:_____________________________________

   (d) Date of completion of course:________________________________________

7. State whether married, single or widow;____________________________________

8. If married, number of children, with age/status and employment:________________

9. Educational Qualification:________________________________________________

10. Will you be getting any financial help, stipend/scholarship/from other source? If Yes, name the source and give details:________________________________________________
11. Give names and full addresses of three persons for reference purpose, one of whom should be the head of Training School or College of Nursing and the other should be a teaching staff of your School or College and the third, a person of standing who knows you well but not related to you. Please ensure that the referee is sending the recommendation in time.

12. Attach copies of certificates attested by a Principal Tutor of your School / Gazetted officer or a District Magistrate as listed below with application form.
   (a) Statement of academic performance of first 3-4 months of your training.
   (b) Certificates of any other training/study undertaken.
   (c) Higher Secondary certificate or any other Higher Examination passed
   (d) Medical certificate (Original).
   (e) Certificate of annual family income.

I hereby certify that the information given in this Application Form is true to the best of my knowledge and belief.
I also undertake to refund the whole amount of scholarship paid to me by the Trained Nurses' Association of India, in case, I am offered any financial help from any other source (s).

Date:______________________________________________________________

______________________________________________________________

Signature of the Candidate

School/College Principal

10. Brief statement of SNA Unit:
   (a) Do you have SNA Unit:______________________________
   (b) Does it pay regular SNA Subscription fee (Tick) Yes / No:
   (c) If yes, mention the last 3 years subscription paid by the unit, indicate only year wise receipt number with date:

   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

   (d) Did your unit participated in any SNA activities Unit / State / National level? List them__________________________________________

   ____________________________________________________________
   ____________________________________________________________

Recommendation by the In-charge/ Principal School of Nursing keeping in view the merit of the candidate and the eligibility for the scholarship. Before sending the application, it is to be ensured that the application is complete in all respect.

______________________________________________________________

1. Name of the In-charge / Principal of School/College of Nursing____________________________
2. Signature: __________________________
3. E-mail-ID ____________________________
4. Office Phone & Mobile No.____________________________

Recommendation by the President/Secretary/State SNA Advisor of the TNAI State Branch.

______________________________________________________________

Signature
President/Secretary/State SNA Advisor of the TNAI State Branch
T & TV School of Nursing  
(Affiliated to Veer Narmad South Gujarat University, Surat)

WANTED  
For BSc Nursing Programme

<table>
<thead>
<tr>
<th>Position</th>
<th>Qualification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Principal-cum-Professor</td>
<td>MSc (N)</td>
</tr>
<tr>
<td>Vice Principal-cum-Professor</td>
<td>MSc (N)</td>
</tr>
<tr>
<td>Assistant Professor</td>
<td>MSc (N)</td>
</tr>
<tr>
<td>Tutor-cum-Clinical Instructor</td>
<td>BSc (N)</td>
</tr>
</tbody>
</table>

Candidates possessing above mentioned qualifications in addition to teaching experience as prescribed, required by INC for each of the above posts, needs apply within 10 days supported by attested testimonials and a recent passport size photograph to:

The Hon. Secretary, SDVS Ashaktashram Trust  
Ashaktashram Complex, Rampura, Surat – 395003  
Ph: 0261-2422060-61, Email: ashakta@hotmail.com

Correction

Under the item, ‘TNAI Delhi State Branch Election 2016: Change in Returning Officer’ (published in TNAI Bulletin March 2016, page 44), the name of Returning Officer has been erroneously printed as ‘Miss Jaiwanti P Dhaulta, National Returning Officer’. This may kindly be read as ‘Miss Jaiwanti P Dhaulta, Returning Officer, TNAI Delhi State Branch’. The National Returning Officer remains the same, viz. Maj Gen (Retd) Jasbir Grewal, Bar to VSM. The error is regretted. - Chief Editor

Nominations Invited for Princess Srinagarindra Award

For attention of all STATE/UT Branch Presidents/Secretaries and Members of the Council TNAI

We have received a letter on March 9, 2016 from Dr. Tassana Boontong, Secretary-General, The Trustee of the Princess Srinagarindra Award Foundation under the Royal Patronage, Thailand, regarding announcement of the Princess Srinagarindra Award for the year 2016 to commemorate the Centenary Birthday Anniversary of Her Royal Highness Princess Srinagarindra Mahidol.

An individual registered nurse and/or registered midwife or group of registered nurses and/or registered midwives can be nominated by National nursing authorities or by individual or group of individuals as candidate for the Award. Any one individual or group of individuals may sponsor only one nomination. The same person may be re-nominated.

The eligibility criteria and selection procedure including the nomination/application form & other details can be downloaded (from the link: http://www.princess-srinagarindraaward.org) Duly filled forms should be submitted to TNAI latest by 15 April 2016 positively for further action.

Application and guidelines are available in TNAI Website (www.tnaionline.org).

(Mrs.) Evelyn P. Kannan  
Secretary-General, TNAI

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TNABULLETIN
## Provisional Ballot Paper: Jammu & Ladakh Unit of Jammu & Kashmir Branch, TNAI

<table>
<thead>
<tr>
<th>Office</th>
<th>Name and address of the Contestant</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>President</strong></td>
<td>1) Mrs Rajni Sharma, TNAI No. 77851, Principal, AMT School Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td></td>
<td>2) Mrs Manjit Kour, TNAI No. 38146, Sister Tutor, ANT Gandhi Nagar, Jammu</td>
</tr>
<tr>
<td><strong>Vice-President</strong></td>
<td>1) Mrs Sudesh Rana, TNAI No. 130450, Staff Nurse, GMC SSH, Jammu</td>
</tr>
<tr>
<td></td>
<td>2) Mrs Inder Kour, TNAI No. 38145, Sister Tutor, Govt. AMT School, Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td><strong>Secretary</strong></td>
<td>1) Mrs Davinder Kour, TNAI No. 41963, Sister Tutor, Govt. AMT School, Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td></td>
<td>2) Mrs Prem Lata, TNAI No. 128199, Sister Tutor, Govt. AMT School, Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td><strong>Asst.Secretary</strong></td>
<td>Mrs Jaswinder Kour, TNAI No. 49297, Sister Tutor, Govt. AMT School, Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td><strong>Treasurer</strong></td>
<td>Mrs Gurdeep Kour, TNAI No. 128680, PHN Tutor, Govt. AMT School Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td><strong>SNA Advisor</strong></td>
<td>Mrs Rano Sharma, TNAI No. 111483, Sister Tutor, Govt. AMT School Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td><strong>Chairperson Nursing Education Section</strong></td>
<td>1) Mrs Manorma Kumari, TNAI No. 129893, Sister Tutor Govt. AMT School, Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td></td>
<td>2) Mrs Tripta Devi, TNAI No. 24877, Sister Tutor Govt. AMT School, Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td><strong>Chairperson Public Health Nursing Section</strong></td>
<td>1) Mrs Shakuntla Sharma, TNAI No. 952, Principal, BEE ENN College of Nursing, 3 Apna Vihar, Kunjwani Jammu-180 002</td>
</tr>
<tr>
<td></td>
<td>2) Mrs Asha Devi, TNAI No. 128544, Staff Nurse, GMC Jammu</td>
</tr>
<tr>
<td><strong>New letter Editor</strong></td>
<td>1) Mrs Darshana Devi, TNAI No. 159660, Staff Nurse, GMC Jammu</td>
</tr>
<tr>
<td></td>
<td>2) Mrs Anita Suri, TNAI No. 37177, Sister Tutor Govt. AMT School, Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td><strong>Chairperson LHV</strong></td>
<td>Mrs Neelam Kumari, TNAI No. 37177, Sister Tutor Govt. AMT School, Bakshi Nagar, Jammu</td>
</tr>
<tr>
<td><strong>Representative ANM</strong></td>
<td>Mrs Neelam Sharma, TNAI No. 128198, SSN, GMC Jammu</td>
</tr>
</tbody>
</table>
Instructions

As per the TNAI Constitution, Rules & Regulations & Bye-Laws page no 56-64 State Branch Election Procedure (Revised and approved by Council/HOD 2012, it is expected that the Voters/Members are well versed with the TNAI Rules and Regulations and Byelaws related to the State Branch Elections. A copy of the same is available with the Returning Officer for ready reference.

1. For the offices of President and Secretary all valid nominations are included, for other offices, the names of three members having the highest number of nominations are included in the Provisional Ballot Paper.

2. The Election will be held in General Body Meeting of the Jammu & Ladakh Unit of Jammu & Kashmir Branch of TNAI on 25th April, 2016 between 11:30 am to 2:30 pm at AMT School, Govt. Medical College Jammu.

3. No one shall be allowed to vote before or after the scheduled time of voting.

4. The Provisional Ballot Paper is published for the information of the members. A separate (final) Ballot Paper will be given to the voter(s) on the day of Elections.

5. Only the Life members of TNAI are eligible to vote whose names will be on Delhi State Branch Membership list.

6. All the Voters are requested to bring their TNAI Life membership card /receipts of TNAI membership issued by the TNAI Headquarters, along with Photo identity i.e. Election card /PAN Card/Driving License etc before entering the hall for voting.

7. The Returning Officer can be approached for any query about the election. No addition of the contestant will be made to the final ballot paper.

8. Any contestant wishing to withdraw from any office of contest should inform the Returning Officer latest by 15th April, 2016 in writing at the following address: Mrs. Sunita Sharma, Returning Officer TNAI Jammu & Ladakh Unit of Jammu & Kashmir Branch Election 2016, Sister Tutor, AMT School G.M.C., Jammu, C/o H. No. 130, Old Gurha Bakshi Nagar, Jammu-180 001, Cont. No.9419119385


10. Please note that:
   a. No canvassing shall be permitted on the day of election.
   b. No person other than the voter (s) shall be permitted with in the area of the polling booth.