

THE TRAINED NURSES' ASSOCIATION OF INDIA

**TNAI BULLETIN**

VOL. 6 No. 3

MARCH 2017

**Much Remains to be Achieved by Women**

Historical bias, discrimination and prejudices against women everywhere have been a major obstacle in their development. The first significant initiative to correct the anti-women ethos was witnessed when way back in 1908 some 15,000 women marched in New York streets demanding their rights. Since then, every year **8 March** began to be observed as **International Women's Day (IWD)**. The day highlights the vital role women have been rendering within home and in outside spheres. On this day achievements of women on social, economic, scientific, cultural and political fronts are remembered and appreciated. The theme for International Women's Day 2017 is, '*Women in the Changing World of Work: Planet 50-50 by 2030*'. The need to encourage women's participation in mainstream development assumes greater importance as the World Economic Forum predicts a dismal picture of gender equity by stating that gender gap would not close entirely until 2186! It is a period too long to wait. It is therefore essential that despite having made big strides in creative, political, technological fields, policies and programmes to promote their participation in all sectors continue to be strengthened.

Many health problems in our age arise due to malfunctioning of kidney, essential to remove wastes from body, regulate electrolytes, maintain acid-base balance, regulate blood pressure and secrete various hormones. Malfunctioning of kidney due to any reason can destabilise the life of affected person. **World Kidney Day** on second Thursday of March (**9 March** this year) is a joint initiative of the International Society of Nephrology and the International Federation of Kidney Foundations, focusing this year on the importance of the kidneys and reducing the frequency and impact of kidney disease and associated problems, worldwide. The campaign is celebrated yearly in 100+ countries. The activities include: educating public on the role of kidney in maintenance of health and urging medical professionals of the important role they can play in detecting problems encourage more systematic screening of patients.

The ages old disease, tuberculosis (TB) remains an epidemic in most parts of the world, killing about 1.5 million people every year, mostly in developing countries. It can spread through the air when people with active TB infection cough, sneeze, or otherwise transmit their saliva through the air. If left untreated, kills more than half of those so infected. **World Tuberculosis Day** on **24 March** every year commemorates this day in 1882 when Dr Robert Koch discovered the cause of TB bacillus. In

India, about 2.2 million people develop TB and at least 2.20 lakh people die from the disease. It can affect person of any age, caste or class; the poor, tribal people, slum dwellers, prisoners, cotton mill workers and persons with impaired immune systems being more vulnerable. In India, the TB treatment & care is covered by the government's Revised National TB Control Programme (RNTCP) of Government and private sector. The aim is, to extend outreach of RNTCP services for all persons diagnosed with TB, including those with drug-resistant.

Readers are requested to see the brief details of this year's SNA Conference being held in Guntur (Andhra Pradesh) in inside pages issues of *TNAI Bulletin* so as to make necessary preparations well in advance.

**(Evelyn P Kannan)**

Chief Editor &amp; Secretary General, TNAI

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## TNAI Bulletin

Form IV (See Rule 8)

The following Statement about ownership and other particulars relating to TNAI Bulletin are published as required by Section 19D, Sub-Section (b) of the Press and Registration of Books Act read with Rule 8 of the Registration of Newspapers (Central Rules, 1956).

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I, Evelyn P Kannan, hereby declare that the particulars given above are true to the best of my knowledge and belief.

March 5, 2017

**Mrs Evelyn P. Kannan**  
Signature of the Publisher

### How to Receive Copies of TNAI Bulletin

*TNAI Bulletin* is a non-priced monthly organ of TNAI mailed to such members who are earnestly inclined to stay updated on the affairs of TNAI in particular. In case you are not on mailing list of *TNAI Bulletin* but want to receive the copies regularly, you may submit your request (addressed to the **Chief Editor, TNAI Bulletin**) mentioning your full name, TNAI membership number, complete mailing address with Pin Code and landmark etc.

– Chief Editor

#### TNAI BULLETIN

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The Trained Nurses' Association of India  
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## TNAI SCHOLARSHIPS – 2017

The Trained Nurses' Association of India invites applications for awarding scholarships for higher studies in Nursing for the year 2017. Scholarships are available for the following courses.

### I. FOR GENERAL NURSES

- (a) Post Certificate Diploma course in Nursing Education and Administration, and other speciality courses
- (b) Post Basic BSc Nursing (Regular)
- (c) Students pursuing Post-Basic BSc Nursing through Indira Gandhi National Open University (IGNOU) can also apply who have successfully completed the first year (Candidates receiving salary or any other financial support will not be eligible)
- (c) Master of Nursing
- (d) PhD, MPhil in Nursing

### II. FOR HEALTH VISITORS AND AUXILIARY NURSE MIDWIVES / MPHWS (F)

- (a) General Nursing and Midwifery course.
- (b) Any short-term course of not less than three months duration.

All the above mentioned courses and the institution should be recognized by Indian Nursing Council.

#### Eligibility criteria

- ◆ The candidates should have at least 3 years' membership of the TNAI.
- ◆ Confidential reports from all the three referees mentioned in your application should be received timely.
- ◆ The application should be recommended by the President or Secretary of the concerned State Branch.
- ◆ Preference will be given to the candidate's active participation in TNAI activities at National, State, District / Zonal and Unit level.
- ◆ The proof of annual family income of the candidates (who wish to apply for scholarship) should be obtained from competent authority and attached along with the application.
- ◆ The Candidate should not be a recipient of any other scholarship or any financial help from any other source.
- ◆ The candidate should not have received TNAI scholarship for at least last 5 years.

#### General Conditions

- (a) The completed application forms should be received in this office along with processing fee of Rs. 100/- by demand draft in favour of TNAI by **May 31, 2017**.
- (b) All applications should be signed by / routed through your TNAI State Branch, President/ Secretary.
- (c) Last date for receipt of application is **May 31, 2017**. Application received after this date will not be entertained.

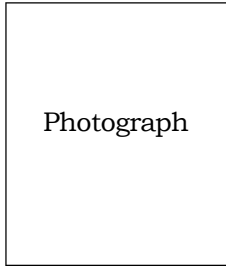
Candidates selected for the Scholarship are required to sign an agreement to the effect that they will serve for **at least two years within India**. In case of default, the awardees shall be liable to refund the entire Scholarship amount with interest.

**APPLICATION FOR TNAI SCHOLARSHIP**

Note:

1. Completed Application form should be sent to the Secretary-General, Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016, up to May 31, 2017. Incomplete application will not be accepted.
2. Application fee of Rs. 100/- by cash or demand draft drawn in favour of "The Trained Nurses' Association of India" and two photographs should be attached with the application form.
3. Last date of receiving application form is May 31, 2017 after which Applications will not be entertained.

1. Full Name: Miss/Mrs./Mr./Sr. \_\_\_\_\_  
(in block letters)
2. Date of Birth: \_\_\_\_\_ 3. Nationality: \_\_\_\_\_
4. a) Present Address \_\_\_\_\_  
\_\_\_\_\_  
b) Permanent Address if different from present address: \_\_\_\_\_  
\_\_\_\_\_
5. Phone Nos. Mobile: \_\_\_\_\_ Land line: \_\_\_\_\_  
E-mail: \_\_\_\_\_
6. Martial Status: Single, Married, Widow, Widower: \_\_\_\_\_
7. Number of children, if any, with age: \_\_\_\_\_
8. Name of the course: \_\_\_\_\_ Year of study: \_\_\_\_\_
9. Date of commencement of course: \_\_\_\_\_ Completion: \_\_\_\_\_
10. Name and address of the Institution: \_\_\_\_\_  
\_\_\_\_\_
11. TNAI Life Membership No. \_\_\_\_\_ Date of enrollment \_\_\_\_\_
12. Have you ever held any office of TNAI at Unit /District/State level? \_\_\_\_\_
13. Have you ever served on the National Executive Committee/ Council/HOD of TNAI? \_\_\_\_\_
14. Participation in TNAI activities / membership and fund raising campaign - Yes or No ? \_\_\_\_\_  
If yes, give details: \_\_\_\_\_
15. Have you published any Articles, if Yes, Journal name & year of publication \_\_\_\_\_
16. Have you applied for any scholarship to any other Agency? If yes, Please mention the name of the Agency to which you have applied: \_\_\_\_\_  
\_\_\_\_\_



17. Will you be getting any financial help/stipend/scholarship/deputation allowance from any other source/institution? Please give details: \_\_\_\_\_

18. Are you deputed for studies on full/half/without pay (mention how much amount you will be getting) or you have to resign your job to take up the study? Give details: \_\_\_\_\_

19. Please give names and addresses of three references. At least two among them should be from the Nursing Profession (Head of the institution / Hospital / other Organisation).

**Name, designation and full Address (in capital letters) with mobile/ phone Nos./ Email**

1. \_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_

3. Any other (who is not related to the candidate): \_\_\_\_\_

A. I have attached copies of the Medical fitness certificate (in original) and following certificates attested either by TNAI Council member, Gazetted Officer or a District Magistrate with this application form:

[a] Certificate of ANM / GNM / BSc / PC BSc / MSc

[b] Registration Certificate

[c] Certificate of any other training/study undertaken

[d] Matriculation certificate & higher examination, if passed

[e] Certificate of annual family income of the candidate from competent authority.

[f] A letter from the Principal, College of Nursing stating that I have got admission in the respective institution.

[g] Photocopy of TNAI Life membership card

B. I undertake to refund the whole amount of scholarship paid to me the Trained Nurses' Association of India in case I am offered financial help from any other source(s).

C. I hereby certify that the information given in this application form is true to the best of my knowledge and belief.

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of the candidate

### Recommendation

Recommendation by the State branch President or Secretary keeping in view the merit of the candidate and the eligibility for the TNAI Scholarship

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature

President/Secretary State Branch, TNAI

## SNA SCHOLARSHIPS: 2017

The Trained Nurses' Association of India (TNAI) invites applications for award of SNA Scholarships for the academic year beginning 2017. Scholarships are available for the following courses:

- 1 Multipurpose Health Workers (Female)/Revised ANM Programme.
- 2 Diploma in General Nursing and Midwifery.
- 3 Basic BSc Nursing.

Selected candidates will be paid Rs. **24,000/-** per scholastic/academic year.

### **Minimum Requirements**

1. Successful completion of first three months of preliminary training period.
2. Application forms should be recommended and signed by
  - a) Incharge/Principal, College or School of Nursing and
  - b) President/Secretary/SNA Advisor of the TNAI State Branch.

### **Other Conditions**

1. The applicant should be a bonafide student of a School/College of Nursing, recognised by Indian Nursing Council.
2. The SNA unit sponsoring the candidate for the Scholarship should be an active Unit for at least last three years.
3. Preference will be given to the candidate's active participation in SNA activities at National / State / District / Zonal and Unit Level.
4. The applicant should not be receiving any financial support/benefits from any other source by way of stipend/fellowship/scholarship, etc.

### **Kind attention to the Principal**

1. Students of academic year 2016-2017 are eligible to apply the SNA Scholarship.
2. SNA Unit is requested to forward only two applications from each category (i.e. BSc(N), GNM and ANM).

**THE TRAINED NURSES' ASSOCIATION OF INDIA**  
HEADQUARTERS: L-17, FLORENCE NIGHTINGALE LANE,  
GREEN PARK, NEW DELHI - 110016

**APPLICATION FOR SNA SCHOLARSHIP**

Note:

1. Completed **Application form duly recommended by Incharge/ Principal of School or College and President/Secretary/SNA Advisor of the State Branch**, TNAI should be sent to the Honorary Chairman, Scholarship Committee, C/o Secretary-General, Trained Nurses' Association of India, L-17, Green Park, New Delhi – 110016 up to **May 31, 2017**. **Incomplete applications will not be accepted.**
2. Application fee of Rs.100/- by cash or demand draft drawn in favour of "The Student Nurses' Association and two passport size photographs should be attached with the application.
3. **Application received after May 31, 2017 will not be entertained.**

1. Full Name: Miss/Mrs./Mr./Sr./ \_\_\_\_\_  
(in block letters)

2. Student Mobile/Contact No./e-mail ID \_\_\_\_\_

3. Nationality \_\_\_\_\_ 4. Date of Birth \_\_\_\_\_

Photograph

5. (a) Present Address: \_\_\_\_\_  
\_\_\_\_\_

(b) Permanent Address, if different from present address: \_\_\_\_\_  
\_\_\_\_\_

6. Name of the course you are under going for which SNA Scholarship is required and name and address of the institution:

(a) Course: \_\_\_\_\_

(b) Name & Address of the Institution: \_\_\_\_\_  
\_\_\_\_\_

(c) Date of commencement of course: \_\_\_\_\_

(d) Date of completion of course: \_\_\_\_\_

7. State whether married, single or widow/widower: \_\_\_\_\_

8. If married, number of children, with age/status and employment: \_\_\_\_\_  
\_\_\_\_\_

9. Educational Qualification: \_\_\_\_\_  
\_\_\_\_\_

10. Will you be getting any financial help, stipend/scholarship/from other source? If Yes, name the source and give details: \_\_\_\_\_  
\_\_\_\_\_

11. Give names and full addresses of three persons for reference purpose, one of whom should be the head of Training School or College of Nursing and the other should be a teaching staff of your School or College and the third, a person of standing who knows you well but not related to you. Please ensure that the referee is sending the recommendation in time.

A. I have attached Medical certificate (in Original) and copies of following certificates attested by a Principal Tutor of my School / Gazetted officer or a District Magistrate as listed below with application form.

- [a] Statement of academic performance of first 3-4 months of your training.
- [b] Certificates of any other training/study undertaken.
- [c] Higher Secondary certificate or any other Higher Examination passed
- [d] Certificate of annual family income.

B. I hereby certify that the information given in this Application Form is true to the best of my knowledge and belief.

C. **I also undertake to refund the whole amount of scholarship paid to me by the Trained Nurses' Association of India, in case, I am offered any financial help from any other source (s).**

Date: \_\_\_\_\_  
Signature of the Candidate

**School/College Principal**

*Brief statement of SNA Unit :*

- (a) Do you have SNA Unit: \_\_\_\_\_
- (b) Does it pay regular SNA Subscription fee (Tick) Yes / No:
- (c) If yes, mention the last 3 years subscription paid by the unit, indicate only year wise receipt number with date:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(d) Did your unit participate in any SNA activities Unit / State / National level? List them \_\_\_\_\_  
\_\_\_\_\_

Recommendation by the In-charge/ Principal School of Nursing keeping in view the merit of the candidate and the eligibility for the scholarship. Before forwarding the application, it is to be ensured that the application is complete in all respect.  
\_\_\_\_\_  
\_\_\_\_\_

- 1. Name of the In-charge / Principal of School /College of Nursing \_\_\_\_\_
- 2. Signature: \_\_\_\_\_
- 3. E-mail-ID \_\_\_\_\_
- 4. Office Phone & Mobile No. \_\_\_\_\_

Recommendation by the President/Secretary/State SNA Advisor of the TNAI State Branch.  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
**Signature**  
**President/Secretary/State SNA Advisor of the TNAI State Branch**



## EVENTS OF THE MONTH

### **International Women's Day: 8 March**

Traditional bias against female gender and discrimination against women everywhere has been a big obstacle in their development. That is why they have remained behind on many fronts. To highlight the vital role women have been rendering within home and in outside world, in almost all sectors. Every year since 1908 – when 15,000 women marched in New York streets demanding their rights – 8 March is being observed as International Women's Day (IWD) to remember, appreciate and celebrate the social, economic, cultural and political achievements of the women. IWD is seen by women organizations and people at large as a vehicle for social change. The theme for International Women's Day 2017 focuses on 'Women in the Changing World of Work: Planet 50-50 by 2030'.

Income generation by women is seen as an important way to empower women. Therefore, year by year, women are joining the work force. Further, the nature of work place is undergoing transformation with significant implications for women. Globalization, technology and digital revolution are bringing many opportunities for them. To ensure women's economic empowerment in the changing world, the issues like bridging the gender pay gap need to be addressed. Also, policies must count for the overwhelming majority of women in the informal economy, promote women's access to innovative technologies and practices, decent work and climate-resilient jobs and protect women from violence in the work place. The means of celebrating IWD include conducting seminars, women parade, conferences, banners, debates, presentations, speech, competitive activities, awareness campaigns suggestive of importance of education, career opportunities etc. The World Economic Forum predicts a dismal picture in respect of gender equity. It says, the gender gap would not close entirely until 2186! It is a period too long to wait and formidable challenge to the policy makers, social activists and women groups that needs to be tackled with coordinated efforts of all.

### **World Tuberculosis Day: 24 March**

Despite appreciable advancements in medical science, the ages old disease tuberculosis (TB) remains an epidemic in many parts of the world, causing the deaths of nearly 1.5 million people each year, mostly in developing countries. It is a common, and in many cases infectious, fatal disease caused by various strains of mycobacteria. It typically attacks the lungs but can also affect other parts of the body. Tuberculosis can spread through the air when people who have an active TB infection cough, sneeze, or otherwise transmit their saliva through the air. If left untreated, kills more than half of those so infected.

World Tuberculosis Day on 24 March commemorates this day in 1882 when Dr Robert Koch surprised the scientific community by announcing about his having discovered the cause of tuberculosis i.e. the TB bacillus. It is a day to build public awareness about the global epidemic of tuberculosis and efforts to eliminate the disease.

In India, some 2.2 million people develop TB in India every year and at least 2.20 lakh people die from the disease. The disease can affect person of any age, caste or class but majority of cases are from economically poor class. Tribal people, slum dwellers, prisoners, cotton mill workers and persons with impaired immune systems are more affected. In India, the TB treatment & care is covered by the government's Revised National TB Control Programme (RNTCP) of Government as also private sector. The 5-year National Strategic Plan for 2012 - 17, has a vision of a TB free India, through achieving Universal Access by provision of quality diagnosis and treatment for all TB patients in the country. The policy targeted extending the outreach of RNTCP services for all persons diagnosed with TB, including those with drug-resistant TB and those seeking treatment in private sector.

### **World Kidney Day: 9 March (Second Thursday, March)**

Kidney is a vital organ in human body regulating its various functions. It removes wastes from body, regulates electrolytes, maintains acid-base balance, regulates BP and secretes various hormones. Malfunctioning of kidney due to any reason can destabilize the life of a person. A joint initiative of the International Society of Nephrology and the International Federation of Kidney Foundations, World Kidney Day on 9 March is a global health awareness campaign focusing on the importance of the kidneys and reducing the frequency and impact of kidney disease and associated health problems, worldwide. The campaign is celebrated yearly on the second Thursday of March in 100+ countries. If detected early, chronic kidney disorder (CKD), a condition impinging on many physiological parameters, is treatable. The activities of the campaign include: educating public on the role of kidney in maintenance of health and urging medical professionals of the important role they can play to in detecting problems encourage more systematic screening of patients.

In the last stage of chronic kidney disease, called end-stage renal disease, the kidneys are just unable to remove enough wastes and unwanted excess fluids from the body. At this point, dialysis is often the only option with the patients, usually up to three times a week. If that too does not provide necessary relief, transplant – a costly proposition – is the only way. It is held that increasing incidence of diabetes and hypertension lead to inflation in cases of chronic kidney disease. In India, not less than 2.5 lakh people succumb to kidney diseases every year. Diabetes and high blood pressure are the two precipitating factors. ■

# XXVII SNA BIENNIAL CONFERENCE 2017

Dear SNA Members,

New Year Greetings from TNAI Headquarters!

May this year be the year of blessings and prosperity for all of us from the Lord Almighty. May God inspire us to work with dedication, commitment and compassion. Let this year bring personal and professional growth and progress to each and everyone.

The XXVII SNA Biennial Conference 2017 will be held in Guntur, Andhra Pradesh. The date and venue will be announced later. We request all State branches to plan and work on State Level Competitions and wholeheartedly co-operate with the host branch to make it a grand success. Additional relevant information will appear periodically in the forthcoming issues of the Nursing Journal of India, TNAI Bulletin and TNAI website ([www.tnaionline.org](http://www.tnaionline.org)).

The theme of the Conference is: **“Empowering Nurses through Advanced Technology”**

## **A. SNA Competitions**

1. The Scientific Paper Presentation will be based on the Conference theme.
2. Debate on “Power conflict and Challenges in Empowerment of Nurses”
3. Quiz competition on various Nursing subjects including General Knowledge.
4. Essay Competition
5. Poster Presentation (Topics will be announced later)
6. On-the-Spot Painting
7. Floor Decoration (Rangoli)
8. Sports: The events are: 100 Meters Race/ Discus throw and Javelin throw.
9. Personality Development Competitions (Mr. SNA and Miss SNA)
10. Biennial SNA Diary Evaluation 2017 will be based on (2015 & 2016)
11. Talent Night

## **B. Criteria for the Competitions**

**1. Scientific Paper Presentation:** The Scientific Paper Presentation will be made by the Student Nurses on the Conference theme.

1. The paper should contain Introduction, Need and significance in Nursing, Statement of the Problem, Objectives, Review of Literature, Brief description of Methods and Procedures, Findings and Interpretation to be placed in one or two tables, Recommendation, Conclusion and Bibliography.
2. One hard copy and soft copy in CD of the Scientific Paper containing not more than 1500 words (4-5 pages in A-4 size) should be submitted to the State SNA Advisor before the State SNA Conference of the respective State.
3. Best three Scientific Papers, selected at the State Level have to be forwarded by the State SNA Advisor to the TNAI Headquarters by 31 July 2017 for final evaluation at national level.

The author(s) of Best papers, selected by the TNAI Headquarters will give intimate to the presenter for presentation at National Level SNA Conference 2017.

**2. Debate: “Power conflict and Challenges in Empowerment of Nurses”.** Only one individual entry will be permitted from each State. Language of the topic will be either Hindi or English. Only a single entry either in Hindi or English will be allowed from each State. Time allotted will be 5 minutes (**First bell at 4 minutes and Final bell at 5 minutes**).

**3. Quiz Competition:** Quiz competition on various Nursing subjects including General Knowledge.

### **General Rules**

1. Direct questions will get 10 marks.

2. Pass on questions will get 5 marks.
3. Direct questions will have 30 seconds for answering and no extra time will be allowed for pass on questions.
4. First answer from each team will be entertained.
5. Scorer will be there and score will be displayed on a board.
6. The decision of the Quiz masters at the National level will be the final.

### **Six Teams/ 3 members per team**

#### Rounds

1. Preliminary Round for all – 25 MCQ questions
2. 30 minutes will be given – Put tick mark ( ) against correct answer.
3. On the basis of the result, top 6 teams will be selected.

#### **Round One (Passing round) – General Round**

- Current affair round
- Sports round
- Cinema round
- Literature round

#### **Round Two (Passing round)**

- Audio Round – One audio for each team
- Audio related to medical / nursing conditions

#### **Round Three (Non-passing round) – Subject round**

5 questions per team

##### Subjects

1. Medical surgical Nursing
2. Child Health Nursing
3. OBG Nursing
4. Mental Health Nursing
5. Community Health Nursing

#### **Round Four (Passing round) – Visual Round**

One question per team

#### **Round Five (Non Passing round) – Rapid Fire Round**

Ten questions per team (Max 1 minute for 10 questions)

**4. Essay Competition:** Only one individual entry either in Hindi or English will be permitted from each State. The topic will be given just before the commencement of the competition. Words limit is 1000. Candidate can write in Hindi or English. Evaluation is done by 3 experts. Time allotted will be one hour.

**Criteria for Evaluation:** Introduction; Relevance to the Topic; Organization of the content (Grammar, Language, Vocabulary, Spelling); Use of Examples and Current Trends; Implications; Conclusion.

#### **5. Poster Presentation**

Note:

Section 1-2 are for ANM students / MPH (F) students.

Section 3-9 are for GNM/B.Sc Nursing Students.

Section 10-11 are for all categories (ANM/GNM/BSc) Nursing students.

The criteria for Poster Presentation

**Size:** Standard size (22"x26") approx. for both individual and group poster presentation.

**Topics:** Ideas depicted in the poster should be relevant to the topics given above.

Lettering and design of the poster should be bold and big enough to be seen from a distance.

**Clarity:** For bringing clarity of the poster, restrict yourself to one idea relevant to the topic.

**Layout of pictures** in the poster must be properly balanced to give a correct sense of proportion.

**No Extra fixing** of clippings/cuttings or any other form on the poster.

The poster should depict originality and innovative ideas.

### Topics for Poster Presentation

S.No.	Category Code	Section	Topic	Mode of Presentation	Award
1.	001	MCH Section	Dehydration in children: ANMs responsibilities	Poster	Sr. Elizabeth Shield
2.	002	Midwifery	Promotion of institutional deliveries	Poster	Ms H. Chabook Shield
3.	003	Anatomy and physiology	Structure of eye	Poster	Indira Dorabji cup
4.	004	First Aid & basic nursing procedures	First Aid management in poisoning	Poster	Dufferin cup-1
5.	005	Medical & Surgical Nursing	Organ Donation : Nurses' Responsibilities	Poster	Ms Edith Paul Shield
6.	006	Paediatric Nursing	Neonatal Resuscitation	Poster	Dufferin cup-4
7.	007	Psychiatric Nursing	Primary Prevention	Poster	Pramda Bajaj Shield
8.	008	Community Nursing	Bioterrorism preparedness	Poster	General Chakravarty cup
9.	009	Obstetrical Nursing	Monitoring fetal well being	Poster	Dettol Shield (1 <sup>st</sup> Prize) Mac Naughton Lamp (2 <sup>nd</sup> Prize)
10.	010	SNA activities in India	SNA: Preparing future leaders	Poster	Ms. Adranvala Shield
11.	011	History & trends in nursing in India	Trends in nursing documentation	Poster	

**6. On-the-Spot Painting:** The topic will be announced just before the competition. Only one individual entry will be permitted from each State. Participants should bring their own painting materials, the organisers will provide only the paper. No Mechanical devices, e.g. use of stencils, etc. will be permitted. Time allotted will be **One Hour**.

**7. Floor Decoration (Rangoli):** The size is 3x3 feet. Participants will bring their own material. No mechanical devices e.g., use of stencils etc. will be allowed. Theme/Topic will be given on the spot. Only one individual entry will be permitted from each State. Time allotted for Rangoli will be **Two Hours**.

**8. Sports:** The events are: 100 Meters Race/ Discus throw and Javelin throw. Competitions for these events will be held separately for **male and female contestants**. The entries selected at the state level are to be sent by the State SNA Advisor to the TNAI Headquarters for national level competition.

**9. Personality Development Competitions:** As per the Minute No.SNA/G.C./37/2007/5 (ii) **Mr. and Ms. SNA** Beauty Pageant Competition has been renamed as Personality Contest. The best entries (one female and one male) selected at the state level are to be sent by the State SNA Advisor to the TNAI Headquarters for national level competition.

#### **10. Biennial SNA Diary Evaluation for (2015 & 2016)**

**Unit Level:** SNA units should record the activities and to be signed by the unit SNA Secretary and unit SNA Advisor and the same to be forward to the State SNA Advisor for evaluation.

**State Level:** After receiving the SNA Diary from each unit it should be evaluated at the State level. The State SNA Advisor should write remarks and with the seal and signature then, the two outstanding diaries from each State should be sent to the TNAI Headquarters by July 31<sup>st</sup>, 2017 for the final evaluation.

**Note:** Since 1988 [Minute No. SNA-GC/18/88/3(i)], Diaries of MPH(W)/ ANM students are evaluated separately.

#### **Criteria**

These diaries are assessed keeping in view the various unit activities, viz., professional, educational,

extra-curricular, social, cultural and recreational. Proper maintenance of diary is another criterion. In general the focus of assessment is on the diversity of activities carried out by the units as reflected in the Diary. SNA to TNAI membership enrollment for two years.

**11. Talent Night:** Each State will be given one item for presentation at the national level. Only one best folk (or) classical dance either individual or group (not more than 8 members) from each State will be accepted for competition at the national level. Time: **3 Minutes** for Classical and **7 minutes** for Folk Dance.

## SCIENTIFIC PAPER PRESENTATION FORM

Problem Statement: \_\_\_\_\_

Names of the Student Researcher(s)  
(in CAPITAL LETTERS): \_\_\_\_\_

Name of the Guide: \_\_\_\_\_

Course & Year of Study: \_\_\_\_\_

SNA Unit Address & State: \_\_\_\_\_

Last SNA Unit Subscription Paid on: TNAI Receipt No. \_\_\_\_\_ Date: \_\_\_\_\_

Entry Fee: Rs.100/- (Individual Entry) \_\_\_\_\_ sent by D.D./Paid in cash \_\_\_\_\_ (tick as applicable)

Date: \_\_\_\_\_ Receipt No: \_\_\_\_\_

## CERTIFICATE OF RECOMMENDATION

This is to certify that the above mentioned research is a bonafide work of the student(s) who is/are member(s) of the above SNA Unit and have paid its subscription for the year 2017.

The Scientific Paper was contested at the State Level Competition and selected for presentation at the National Level. To the best of my knowledge this paper will be presented for the first time at the National Level.

-----  
Student(s) Signature

-----  
Seal & Signature of Principal SON/CON

**Forwarded by:**

-----  
Signature of Unit SNA Advisor

-----  
(Seal and Signature of the State SNA Advisor)

## EXHIBITION REGISTRATION FORM (Poster Presentation)

Topic of the Poster: \_\_\_\_\_

Category Code: \_\_\_\_\_ Section Code: \_\_\_\_\_

Name of the Student Artist(s) (In Capital Letters): \_\_\_\_\_

Course & Year of Study \_\_\_\_\_

SNA Unit Address & State: \_\_\_\_\_

Last SNA Unit Subscription Paid on: \_\_\_\_\_

TNAI Receipt No. \_\_\_\_\_ Date \_\_\_\_\_

Entry Fee: Rs.25/- (individual entry) \_\_\_\_\_ Rs.50/- (group entry) \_\_\_\_\_ sent by D.D.  
(tick (✓) as applicable)

Date: \_\_\_\_\_ Receipt No.: \_\_\_\_\_

### CERTIFICATE OF RECOMMENDATION

This is to certify that the above mentioned exhibit is a bonafide work of the student (s) who is/are member(s) of the above SNA Unit and have paid their subscription for the year 2016-2017.

The exhibit was contested at the State level competition and selected for display at the National level. To the best of my knowledge this exhibit will be displayed for the first time at the National level.

\_\_\_\_\_  
Student(s) Signature

\_\_\_\_\_  
(Seal and Signature of the State SNA Advisor)

### RULES FOR ENTRY

1. No Exhibition form will be entertained after September 30, 2017.
2. All the exhibits are to be registered. Registration fee is Rs.25/-(individual entry) and Rs.50/- for (group entry) per exhibit. The money should be sent by D.D. payable at the Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi – 110016. Use separate form for each entry.
3. Name of the exhibitor and the SNA Unit should not appear on the exhibit.
4. Each exhibit must be accompanied by a card bearing: (i) Name of Exhibitor; (ii) Name of SNA Unit; (iii) Topic of the Exhibit; (iv) Category & Section; (v) Size of the exhibit should be strictly adhered to or else exhibit may be disqualified for competition. The size for both individual and group poster presentation will be same i.e. one standard size poster 22" x 26" inches approx.
5. Completed form(s) (with signature of the State SNA Advisor) alongwith entry fee to be sent to the TNAI, L-17, Florence Nightingale Lane, Green Park, New Delhi – 110016. Entry fee payable to the Trained Nurses' Association of India.
6. For each poster presentation only one entry, either individual or group will be allowed from each State.
7. Group entry should not have more than three students.

**NOTE:** In any group item, each contestant should give his/her name & address in the entry form, for issuing merit certificates.

## COMPETITION REGISTRATION FORM

**Competition item(s):** Please Tick ( ✓ )

1. On-the-Spot Painting { }
2. Floor Decoration { }
3. Debate (English/Hindi) { }
4. Essay Competition (English/Hindi) { }
5. Quiz Competition { }
6. Personality Contest (Mr. SNA & Miss. SNA) { }
7. Sports: 100m Race { } (Male/Female), Discuss Throw { } (Male/Female)  
Javelin Throw { } (Male/Female).
8. Talent Night { }

Participant(s) has/ have competed at State level: Yes/No. Tick ( ✓ ) as applicable)

Name of Individual Participant \_\_\_\_\_

Names of Group Participants \_\_\_\_\_  
\_\_\_\_\_

Name and Address of the SNA Unit: \_\_\_\_\_  
\_\_\_\_\_

SNA Unit Subscription Fee Paid on \_\_\_\_\_ TNAI Receipt No. \_\_\_\_\_

Entry Fee: Rs.25/- (individual entry) \_\_\_\_\_ and Rs.50/- (group entry) \_\_\_\_\_ sent by DD Tick ( ✓ ) as applicable)

Date \_\_\_\_\_ Receipt No. \_\_\_\_\_

### RECOMMENDATION

This is to certify that the above stated competition item(s) has/have been competed at the State level and qualified for entering at the National level competition. The competitor(s) is/are from SNA Unit which has paid subscription for 2016-2017.

\_\_\_\_\_  
Student(s) Signature

\_\_\_\_\_  
(Seal and Signature of the State SNA Advisor)

### RULES OF ENTRY FOR THE COMPETITION

1. Every institution should have SNA units and paid the subscription fee for the period of 2016-2017.
2. All entries must have competed at the State level. Only one entry from each State/UT should be sent for the National competition.
3. In Debate and Essay competition, only one entry either in English or Hindi will be allowed from each State.
4. In any group item, only three participants will not be permitted to participate from each State.
5. Entry fee for Individual entry is Rs.25/- and Rs.50/-for group entry. The money to be sent through Demand Draft in favour of the Trained Nurses' Association of India payable at New Delhi.
6. For group dance not more than eight members.
7. Last date of receiving the duly filled form is September 30, 2017.
8. One form for each item (group or individual).
9. Completed form(s) (with signature of the Participants and State SNA Advisor) alongwith entry fee to be sent to the Dy. Secretary-General-cum-SNA Advisor, L-17, Florence Nightingale Lane, Green Park, New Delhi – 110016.

NOTE: In any group item, each contestant should give his/her name & address in the entry form, for issuing merit certificates.

## किडनी प्रत्यारोपण में भारतीय डाक्टरों की सफलता

पेट के निचले हिस्से में दोनों तरफ स्थित मनुष्य की किडनियां तमाम अंदरूनी प्रणालियों के संचालन में महत्वपूर्ण भूमिका निभाती हैं। इनका कार्य है पाचन प्रक्रिया के दौरान फालतू, अवांछित सामग्री को पेशाब के जरिए निष्कासित करते रहना, शरीर के इलैक्ट्रोलाइट्स को नियामित (रेगुलेट) करना, एसिडों और क्षारों (बेस) का संतुलन बनाए रखना, रक्त चाप (ब्लड प्रेशर) एकसार रखना और हार्मोन्स उत्सर्जित करना। यही कारण है किडनी कमजोर पड़ जाने से अनेक प्रक्रियाएं सुचारू रूप से कार्य करना बंद कर देती हैं और व्यक्ति रोगग्रस्त हो जाता है।

किडनी जब इतना अधिक क्षतिग्रस्त हो जाए कि दवाओं से इन्हें दुरस्त न किया जा सके तो एक ही विकल्प बचा रहता है – स्वस्थ किडनी का प्रत्यारोपण। यह प्रक्रिया स्वयं में बहुत जटिल है और हमारे देश में अभी तक किडनी प्रत्यारोपण में सीमित स्तर पर ही सफलता मिली है। इसका एक कारण है, पूरी तरह मैचिंग करती किडनी हासिल करना दुष्कर हो जाता है।

देश में किडनी प्रत्यारोपण का दसवां सफल केस इसी जनवरी के अंत में नागपुर के सुपर स्पेशल्टी अस्पताल के नेफ्रोलोजी विभाग में दर्ज किया गया। 65 साल के एक व्यक्ति ने अपने 35 वर्षीय बेटे को किडनी दान की। हुआ यों कि रोगी की मां की किडनी मैच नहीं हो पाई और पिता की किडनी में पथरी निकली। डाक्टरों ने पहले पथरी को निकाला, उसके एक माह बाद प्रत्यारोपण किया गया। इस प्रकरण से पूर्व एक पिता ने अपनी बेटी के लिए किडनी दान किया था, शेष सभी मामलों में किडनी दाता महिलाएं ही रही हैं।

### Lost and Found

It is to inform to the general public that I, Mrs K. Jacobin Jeba have lost/ misplaced my original certificate, Diploma in General Nursing and Midwifery (GNM) on 15-2-2016, awarded by the Board of Nursing Education, Nurses' League of the CMAI. Anyone finding it may kindly contact.

**K. Mrs Jacobin Jeba**  
**23/5 Lakshmaiah Block, 11th Cross, CBI Road Ganga Nagar,**  
**RT Nagar Post, Bengaluru – 560 032 (Karnataka)**  
**Mobile: 0 99866 35138**

This is for information of all concerned that while travelling in train on 20-12-2016 with my certificates, I, Moni Kumari lost my hand bag containing all my certificates viz. Matriculation certificate, Intermediate certificate, Auxiliary Nurse and Midwife certificates (including certificate S.No. 2912, dt. 31-04-2012 issued by The Mid India Board of Education of the Nurses League of the CMAI, Nagpur) and the same are not traceable despite many efforts.

**Moni Kumari**  
**W/o Sarvesh Kumar Singh Bandhu Bisha Paraiya Gaya – 824 209 (Bihar)**  
**Contact No. 0 99317 90187**