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## Regard for the Elderlies Can Bring Bliss to Village Earth

All living and non-living entities have an average life span, and an end. Yet few of us are ready to accept this somber reality! The main reason being, with advancing age and reducing ability to grasp and embrace the ever new, emerging technologies, the old people often find their role to be marginalised. At this point, the young ones have to understand the valuable repository of knowledge and wisdom bequeathed upon them. To attain new heights, the young generations draw and build only on the existing structures, for which the old persons rightfully deserve acknowledgement, appreciation and respect. Rather than frantic pursuit of one's own vested interests, generosity for other fellow beings and the will to accommodate them, especially the aged not only shall go a long way in bringing sunshine in the lives of the elderly, in the process securing their blessings but also morally upgrade the care giver to lead a more meaningful life. Earlier the young ones learn that regard for elders is a great input in building happy relationships and also carry forward positive message for posterity so as to be treated favourably at their turn, the better. It is to inculcate positive attitude towards the elderly that **International Day of the Old Persons** is organised on **1 October** every year. The proportion of the elderly in world population is growing fast; from 700 million at present above 60, by 2050 they shall become 2 billion, comprising a fifth of global population. The theme for 2018 is, *Celebrating Older Human Rights Champions*. In this issue, we have enlisted our members aged 80 or more, together with their message to the young in the profession.

The other important day of interest to nursing is the **World Mental Health Day** on **10 October** organised annually by the World Federation for Mental Health (WFMH). The day seeks to raise public awareness about the importance of mental health, improve attitudes towards mental disorders and to prevent mental and emotional disorders among all peoples and nations.

I hope that by now you have sorted out all to be done for your participation in XXVII TNAI Biennial Conference in Goa during 11-16 December 2018 including registration and advance booking; if not, please hurry. It is also to remind you that the TNAI Elections for the office bearers shall also be conducted simultaneously in Goa. As I have been stating earlier also, the Goa conference shall be a highly enlightening and valuable experience to all of you. Expect the best.

Evelyn P Kannan  
Chief Editor & Secretary-General, TNAI

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