

THE TRAINED NURSES' ASSOCIATION OF INDIA

TNAI BULLETIN

VOL. 5 No. 9

SEPTEMBER 2016

Pink City Beacons You: Ensure that You are There

To the nurses in general and to TNAI in particular, its biennial conferences at varying location each time are envisioned as a great opportunity to exchange and share ideas and experiences with those at other regions of the country. When minds meet, new insights come to fore and the participants are certainly benefitted. Not to be deprived of this platform, I enjoin upon all members to ensure that they get registered for participation in the Jaipur Biennial Conference during 15-19 October [Pre-Conference 15-16 Oct, Conference 17-18 Oct, Sight Seeing 19 Oct] well in time i.e. by 15 September 2016, after which late fee shall be chargeable. Equally important is the advance booking for lodging accommodation since the availability is rather limited and the last minute regret may be embarrassing to you. The inside pages of this issue contain the details of programmes, registration and accommodation together with charges. Due to the choice of location this time, and based on previous estimates, we expect heavy response. You shall be helping the organisers to manage this mega event by timely registration and booking of accommodation. Let me assure you, you shall be enriched more than professionally in the ethnic Pink City of Rajasthan.

Medical researches and tradition both have established that Breastfeeding is the best modality for growth, nurturance and development of children. This has been reiterated by Union Health & Family Welfare Minister Mr JP Nadda when he launched MAA (Mothers Absolute Affection) during National Breastfeeding week, on 8 August 2016: "Breastfeeding is the most natural, cost effective and significant intervention and should be promoted at all levels." Referring to latest scientific evidence, he said that breastfeeding is our most enduring investment in physical, cognitive and social capacity development. At this occasion, Mr CK Mishra, Secretary- Health & Family Welfare said, "Around 20 percent newborn deaths and 13 percent under-five mortality can be prevented by early initiation of breastfeeding". The chief components of MAA, the nationwide programme to bring undivided focus on promotion of breastfeeding

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include: community awareness generation, strengthening interpersonal communication through ASHA, skilled support for breastfeeding and monitoring & recognition. As for TNAI, as per its Position Statement on Rights of Children, it "emphasises the promotion of breastfeeding as a key strategy for child survival as well as reproductive health" and has also been conducting workshops on Breastfeeding from time to time. The maxim that without teachers there would be no class in the world simply means that all learning is primarily through them. On 5 September every year, the nation pays tribute and honour to the contribution our former President Dr Sarvepalli Radhakrishnan made, a great educationist, whose birth anniversary falls on this date. Teachers serve a big role in that they inspire and shape the future generations, also serving as their role models.

(Evelyn P Kannan)
Chief Editor, TNAI

OBITUARY

Madam Tiwra Dhar: The veteran nurse professional, Madam Tiwra Dhar breathed her last on 9 June 2016 after a prolonged illness. Her last stint was at Directorate of Health Services, Government of Meghalaya as Assistant Nursing Superintendent till the year 2000.

Born on 31 March 1941, she completed her nursing training course from Dibrugarh, Assam and joined nursing services from 1 May 1962 serving in various capacities as Staff Nurse, Nursing Tutor, Principal Tutor, Matron, and lastly as Assistant Nursing Superintendent. Devoted to her profession, she showed immense dedication as excellent teacher and leader. A Life Member of TNAI, she had also been President of TNAI Meghalaya State Branch.

May God give eternal peace to the departed soul!



Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly *TNAI Bulletin*, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000 per item including one photograph. The Demand Draft should be sent in advance, in favour of **The Trained Nurses' Association of India (TNAI)**, New Delhi.

Neatly spaced out hand-written matter, preferably typeset in double space on one side of paper with photographs may be sent, along with requisite charges, to the Editor, *TNAI Bulletin*.

New Discount Rates on Publications

Discount for Institutions:

Books 1 - 24 -- 10%; 25 and above -- 30%

Booksellers / Agents:

Sl. No.	No. of copies	Discount
i.	1 to 5	10%
ii.	6 to 14	15%
iii.	15 to 24	20%
iv.	25 to 49	25%
v.	50 to 99	30%
vi.	100 to 199	33.3%
vii.	200 to 499	40%
viii.	500 and above	50%

New Email ID for TNAI Publications

Attention - Authors, Contributors, Institutions, Advertisers, Book sellers, NJI subscribers, buyers of publications and individuals!

Kindly note that The Trained Nurses Association has a new Email ID now (i.e. **publicationstnai@yahoo.com**), exclusively for matters related with TNAI publications.

All concerned are therefore requested to address their queries and correspondence at the new email ID.

TNAI BULLETIN

Monthly Newsletter of

The Trained Nurses' Association of India
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Edited and published by Mrs Evelyn P Kannan for The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016 and printed by her at Chandu Press, 63 FIE, Patparganj Industrial Estate, Delhi-110092.

NEWS FROM NURSING INSTITUTION

TNAI Indore Local Branch (MP): International Nurses' Day was celebrated at SDPS College of Nursing on the theme, *Nurse: A force for Change: Improving Health System Resilience* with Dr Sharad Pandit, Chief Medical Officer of Indore division as chief guest. The highlights of the programme included: scientific paper presentation; poster competition on 'Ensure Healthy Lives & Promote Well-being for All at All Ages'; debate competition (in English/ Hindi) on Importance of Internet in Nursing; quiz competition



based on subjects as per INC syllabus; fashion show on nursing uniform from Dark Era to Recent Trends; role play on 'Journey of Millennium Developmental Goal to Sustainable Developmental Goal'. Mrs Snehlata Mehar, retired senior faculty of Govt College of Nursing Indore and Mrs Marry Kutty Abraham, retired senior nurse, were felicitated for services rendered to the society. Fame of Excellence awards were given to Prof Dr GS Reddy (for Visionary Leadership) and Prof Dr Usha Ukande (for Nursing Research Leadership/ Professor Chintamani Chauhan Award for Excellence in Nursing Education) and Matron Mrs Ramola Rao (Award for Excellence). The programme was appreciated by one and all.

Election Result: TNAI Goa State Branch

The elections of TNAI Goa State Branch were held on **29 June, 2016** at the **GMC Block, Bambolim/ Institute of Nursery Education Hall, Bambolim, Faculty Goa**. The following office bearers were declared elected: **1. President:** Mrs Kuntal A Naik, TNAI No. 107115, Bandora, Ponda, Goa-403405. **2. Vice President:** Mrs Cleve D'Souza, TNAI No. 29948, HNo. 732, Sataporio, Moira, Bardez, Goa-403507. **3. Secretary:** Mrs Rubina Fernandes, TNAI No.81176, C/o Dr Oswald Fernandes, Valuz Apartments, Ubo Dando, St. Cruz, Tiswadi, Goa-403005. **4. Treasurer:** Mrs Livia R Rodrigues Joao, TNAI No. 120648, Bhutem Bhat, Mercedes Ilhas, Goa-403005. **5. SNA Advisor:** Mrs Baghirathi Salgaonkar, TNAI No.69447, B-12, Journalist Colony, Alto Porvorim, Bardez Goa-403521. **6. Chairperson Programme Committee:** Ms. Nadia Pereira, TNAI No. 224771, HNo. 465, Panzorconi, Comba, Cuncolim, Salcete, Goa-403103. **7. Chairperson Membership Committee:** Mrs Lisma S Borges e Barneto, TNAI No.60007, HNo. 580, Orgao, Loutlim, Salcete, Goa-403718. **8. Chairperson Education Committee:** Mrs Raksha R Parvatkar, TNAI No. 60554, Carambolim, Tiswadi, Goa-403 110. **9. Chairperson Nursing Service Committee:** Mr Ameya G Kavelekar, TNAI No. 22234, HNo. 522, Pongirwad, Curchorem, Goa-403706. **10. Chairperson Public Health Committee:** Mrs Maria Elsa Martins Fernandes, TNAI No. 202902, Our Lady of Piedade Building, Caranzalem, Tiswadi, 403062. **11. Chairperson Socio Welfare Committee:** Ms Sutijia Dessai, TNAI No. 138664, Bhunsabhat, Cuncolim, Salcete, Goa-403 103. **12. Chairperson LHV/ANM Committee:** Mr Kusha P Naik, TNAI No. 170516, Dharam, Khandola, Mercel, Goa-403107.

Ms Maria Elmina D'Souza, Returning Officer TNAI Goa State Branch Election-2016
Ex-Matron IPHB, Goa Bambolim, Near Chapel, St Thomas, LIBO-Dando-St. Cruz Tiswadi, Goa-403005

How to Receive Copies of *TNAI Bulletin*

TNAI Bulletin is a non-priced monthly organ of TNAI mailed to the members. In case you are not on mailing list of *TNAI Bulletin* but are not receiving the copies regularly, you may submit your request (addressed to the **Chief Editor, TNAI Bulletin**) mentioning your full name, TNAI membership number, complete mailing address with Pin Code and landmark etc.

– Chief Editor

Election Result: TNAI Tamil Nadu State Branch

The elections of TNAI Tamil Nadu State Branch were held on **1 July 2016 at Bishop Leon Hall, St Xavier's Catholic College of Nursing, Chunkankadai, Nagercoil, KK Dist, Tamil Nadu-629 003.** The following office bearers were declared elected: **1. President:** Dr Jeyaseelan M Devadasan, TNAI No. 37823, Dean, Annai JKK Samporani Ammal College of Nursing, Komarapalayam, Nammakkal Dist-638183. **2. Vice President:** Mrs Beaula Indrani, TNAI No. 258124, BF 1, JVC Jecindh Apartment, First Avvai Cross, Saliyur, Tambaram, Chennai-73. **3. Secretary:** Dr D Manivannan, TNAI No. 152067, Principal, Chithirai College of Nursing, Madurai-625 009. **4. Treasurer:** Dr S Ani Grace Kalaimathai, TNAI No.58898, Registrar (FAC), Tamil Nadu Nurses and Midwives Council, Chennai-4. **5. SNA Advisor:** Prof (Mrs) D Glory Suramanjary, TNAI No. 95663, Sara Nursing College, Manakkadavu, Dharapuram, Thirupoor. **6. Chairperson Programme Committee:** Dr Jain Vanitha, TNAI No. 250480, Principal, GRT College of Nursing, GRT Mahalakshmi Nagar, Thiruttani-631209. **7. Chairperson Membership Committee:** Mrs Victoria Jeya Rani, TNAI No. 31847, Nursing Superintendent, CSI Rainy Hospital 45, GH Road, Chennai-21. **8. Chairperson Public Health:** Dr M. Kandasamy, TNAI No. 138522, Principal, Swami Vivekananda College of Nursing, A Jettihalli, Dharmapuri-636 807. **9. Chairperson Nursing Service:** Mr SK Balaji, TNAI No. 199458, Swami Vivekananda College of Nursing, A. Jettihalli, Dharmapuri-636 807. **10. Chairperson Nursing Education:** Mrs M SHanmugam Rajamoni, TNAI No. 96142, Reader College of Nursing, MMC, Madurai. **11. Chairperson Nursing Research:** Dr Vijaya Raja Kumar, TNAI No 139945, Vice Principal, Chithirai College of Nursing, Madurai-625009. **12. Chairperson Socio Economic Welfare:** Dr Shanathi Appavu, TNAI No. 67480, Principal, Christian College of Nursing, Neyyor-629 802, KK Dist, Tamil Nadu. **13. Representative ANM/LHV & Midwife:** Mrs P Premlatha, TNAI No. 60821, Principal, VEE Care College of Nursing, 1/5 Chettiaragram Road, Siva Bootham Village, Vanagaram, Chennai-95.

Dr A Reena Eency, Returning Officer, TNAI Tamil Nadu State Branch Election-2016
Principal, St. Xaviers Catholic College of Nursing, Chunkankadai
Nagercoil, Kanyakumari District-629 003 (TN)

Election Result: TNAI Himachal Pradesh State Branch

The elections of TNAI Himachal Pradesh State Branch were held on **21 February, 2016 at Dronacharya College of Nursing, Dharamshala, Himachal Pradesh.** The following office bearers were declared elected: **1. President:** Mrs Jyoti Walia, Staff Nurse, DDU (Zonal) Hospital, Shimla. **2. Vice President:** Mrs Usha Mehta, Lecturer, Nivedita Nursing College, IGMC, Shimla. **3. Secretary:** Smt. Urmil Guleria, Ward Sister, IGMC, Shimla. **4. Joint Secretary:** Mrs Brij Katoch, Staff Nurse, Dr RPGMC, Tanda. **5. Treasurer:** Mrs Vidya Sharma, Ward Sister, DDU (Zonal) Hospital, Shimla. **6. SNA Advisor:** Mrs Usha Chauhan, Nursing Tutor, Zonal Hospital, Mandi. **7. Chairperson Membership Committee:** Mrs Hemlata, Staff Nurse, Zonal Hospital, Mandi. **8. Chairperson Education Committee:** Mrs Monika Sharma, Principal, Guru Dronacharya Nursing College, Yol Cantt, Sharamshala. **9. Chairperson Nursing Service:** Mrs Vinita Thapa, Ward Sister, IGMC & Hospital, Shimla. **10. Chairperson Programme Committee:** Mrs Meena Chandel, Ward Sister, Regional Hospital, Hamirpur. **11. Chairperson Socio Economic Welfare:** Smt. Rano Katoch, Ward Sister, Regional Hospital, Chamba. **12. Chairperson Health Supervisor Section LHV:** Vacant. **13. Chairperson FHW Section:** Mrs Neena Mankotia, FHW, Kamla Nehru Hospital, Shimla. **14. Chairperson Newsletter & Research Committee:** Mrs Anjali Sharma, Staff Nurse, MG MSc Khaneri (Rampur).

Ms. Kokila Ranta, Returning Officer, TNAI Himachal Pradesh State Branch Election-2016
(Retired PNO) C/o Dr Anshul, Dental Clinic, Ripon Hospital, Shimla-171 001 (HP)

National Skills Lab Inaugurated at TNAI, Greater Noida

TNAI's National Skills Lab was formally inaugurated at the Greater Noida premises on 15 July 2016 by Dr Dinesh Baswal, Deputy Commissioner, Maternal Health (in Ministry of Health & Family Welfare-MoHFW) in the presence of 27 Executive Committee members of TNAI from Sixteen States/ UTs of the country. Dr Ritu Agarwal, Technical Advisor, LSTM (Liverpool School of Tropical Medicine) project, Dr Amrita Kansal from World Health Organisation (WHO), Dr GV Rashmi Aradhya from Laerdal Global Health, Mrs Rathi Balachandran, ADG (Nursing) in MoHFW, Principals of various Nursing Schools and Colleges, guests and colleagues attended the function.



Dr Dinesh Baswal, Deputy Commissioner, Maternal Health, MoHFW inaugurating the programme as Chief Guest.

The National Skills Labs seek to provide a platform for augmenting the Skills of Health personnel involved in the delivery of RMNCH+A services across public health institutions in the country. After setting up of tripartite [LSTM, TNAI and Ministry of Health and Family Welfare (MoHFW)], The National Skills Lab at TNAI, Greater Noida (UP) was established in 2014. Its objectives are: Improving the maternal and newborn health services in the country; Enhancing competencies of the health care providers under RMNCH+A services in the Public Institutions; Reducing the MMR and the IMR in India; Facilitating acquisition/ reinforcement of standardised technical skills and knowledge of service providers for RMNCH+A services; Improving the quality of pre-service training and; Providing continuing Nursing education / continuing medical education. The MoU between TNAI and MoHFW was signed in June 2016. So far the National Skills Lab (Daksh), TNAI, Greater Noida has conducted ten training covering 107 participants from ten States.



Group photograph of Executive members, TNAI

**XXVI TNAI BIENNIAL (75TH) NATIONAL CONFERENCE,
JAIPUR, RAJASTHAN**

BM Auditorium, Statue Circle, Jaipur (Rajasthan)

CONFERENCE REGISTRATION FORM

Pre-Conference Meetings: October 15-16, 2016 and Conference: October 17-19, 2016

Personal Details

Full Name (Block Letters): Mr. /Ms. /Sr. /Dr. _____

Executive/Council Member/HOD member/TNAI Member/SNA Delegate//Non-TNAI Member

TNAI Life Membership No. _____ Office held in TNAI/SNA _____

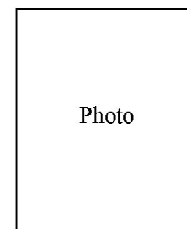
Working at:

_____ Designation. _____

Correspondence Address _____

Email: _____ Ph.: _____ Mob. _____

Whether presenting Paper/Poster: Yes/No _____



Accommodation Details (Resident Delegates)

Food Veg () Non-Veg ()

Do you require accommodation? Yes () No ()

Period of stay from _____ to _____

Date and time of arrival at Jaipur Date: _____ Time: _____

Indicate the mode of travel Rail () Bus () Air ()

Name & No. of Train / Flight _____

Departure from Jaipur: Date _____ Time _____ Train/Flight _____

Would you like to join Sight Seeing? Yes () No ()

NOTE:

1. No accommodation arrangement will be made for families / friends / relatives / accompanying participating members. They have to make arrangements on their own. However, the members concerned in such cases may get information for accommodation facilities available in the city by writing to the organising chair person.
2. Arrangement for stay will be made in respect of only those delegates who submit the registration form along with the required charges by the closing date of registration.
3. Registration Fee will be non-refundable. As seats are limited, registration will be made on first come first served basis. Last date for submission of duly filled-in Registration Form is September 15, 2016. After this late registration fee will be charged upto 30 September 2016.

4. Online registration will be available. Kindly give priority to online registration to ignore hurdles of postal/courier mode. Mode of payment: NEFT /Demand Draft or Cash (only for spot registration).
5. Demand Draft to be drawn in favour of **Trained Nurses Association of India Rajasthan State Branch** payable at Jaipur, Account No. 14630100009958 IFSC Code: BARB0JAICOM; Bank of Baroda, Branch-Udyog Bhawan, Tilak Marg, C-Scheme, Jaipur (Rajasthan).
6. Registration is mandatory for the delegates who are presenting Paper / Poster.
7. The Registration fee and other charges should be sent in advance through a NEFT/Demand Draft drawn in favour of **Trained Nurses Association of India Rajasthan State Branch** payable at **Jaipur**. The duly filled Registration form along with payment and a self-addressed stamped envelope (Rs. 10/-) should be sent to **Dr Jogendra Sharma**, Conference Chairperson, TNAI Rajasthan (Address: Govt. College of Nursing, JLN Marg, Jaipur-302004. Mob. 9414023344, 9414649100, 9414278788, 9828307244, 9414278785. Email: tnairaj@gmail.com; Website: www.tnairaj.org; www.facebook.com/TNAI-National-Conference
8. The State SNA Vice President and SNA Secretaries are required to attend the House of Delegates and the Conference as observers, no other SNA members, apart from these two SNA Office bearers, should attend this conference. However, there is no ban for local SNA members for attending the Conference, provided such an arrangement is made with the Conference Registration Committee.
9. The Registration Form can be obtained from (a) the TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016; (b) current or recent issues of NJI or TNAI Bulletin or (c) downloaded from TNAI website (www.tnaionline.org). Members are free to use typed or photocopies of this Form.

Fee Details:

Category	Executive Committee / Council / HOD Members (Rs.)	TNAI Delegates (Rs.)	SNA Members (Rs.)	Non-TNAI Members (Rs.)
I. Registration (a) Registration Fee upto 20/08/16	500/- member	500/- member	300/- member	600/- member
Accommodation Facility – 5 Star (Twin Sharing Basis)	4000/- day/person (Five star facility including boarding, lodging and transport)	4000/- day/ person (Five star facility including boarding, lodging and transport)	-	4000/- day/person (Five star facility including boarding, lodging and transport)
Accommodation Facility – 3 Star (Twin Sharing Basis)	3000/- day/person (Three star facility including boarding, lodging and transport)	3000/- day/ person (THREE star facility including boarding, lodging and transport)	-	3000/- day/person (Three star facility including boarding, lodging and transport)
Accommodation Facility – Guest Room (Twin Sharing Basis)	1500/- day/person (Guest room facility including boarding, lodging and transport)	1500/- day/ person (Guest room facility including boarding, lodging and transport)	500/- day/person (Guest room facility including boarding, lodging and transport)	1500/- day/person (Guest room facility including boarding, lodging and transport)
Late Registration fee upto 30/8/2016	600/- member	600/- member	300/- member	800/- member
On the spot Registration (Participants have to make their own arrangements)	700/- member	700/- member	400/- member	1200/- member
III. Sight Seeing	1000/-	1000/-	1000/-	1000/-

XXVI TNAI (75th) Biennial National Conference, Jaipur (Rajasthan)

15-19 October 2016

List of Committee Chairpersons

S.No.	Committee		Name, Designation and Contact No.
1	Conference Chairperson	1	Dr Jogendra Sharma, Vice President - TNAI Rajasthan Branch; Principal, Govt. College of Nursing, Jaipur & Dean, Rajasthan University of Health Sciences, Jaipur. Mob: 9414023344
		2	Mrs Suneeta Mishra, President - TNAI Rajasthan Branch; Principal, Jaipur Hospital College of Nursing, Jaipur. Mob: 9414649100
2	Conference Secretary	1	Sh Mahesh Kumar Sharma, Secretary - TNAI Rajasthan Branch; NT, Govt GNMTC, Jaipur. Mob: 9414278788
		2	Dr Yogesh Yadav, Principal, Jaipur Nursing College & Dean, MV Global University Jaipur. Mob: 9828307244
		3	Dr Mahipal Singh, Principal, ABVP College of Nursing, Sikar. Mob: 9414663646
3	High Power Committee	1	Mrs Meenaxi Massey, Principal GCON, Kota
		2	All Principals of Nursing Colleges and Schools
4	Programme Chairperson	1	Dr Subhash Sharma, Director, Shri Krishna Institute of Nursing Education and Research, Jaipur. Mob: 9352028765
		2	Sh Ramrai Sharma, NT Govt College of Nursing, Jaipur. Mob: 9414278785
5	Chairperson, Scientific Session	1	Mrs Meenakshi Soni, Govt College of Nursing, Jaipur Mob: 9414216473
		2	Sh Jagdeep Saini, NT, Govt College of Nursing, Jaipur. Mob: 9414275945
		3	Mrs Samta Soni, NT, Govt College of Nursing, Jaipur. Mob: 9414394506
6	Chairperson, Reception Committee	1	Sh Sandeep Avasthi, Principal, Govt College of Nursing, Alwar. Mob: 9462235141
		2	Mrs Daisey Christofer, NT, Govt. College of Nursing, Jaipur. Mob: 9460573906
		3	Mrs Sunita Dhariwal, NT, Govt GNMTC Jaipur. Mob: 9636800922
7	Chairperson, Registration Committee	1	Brig Kamlesh, Principal, NIMS College of Nursing, Jaipur. Mob: 9116010417
		2	Sh Jitendra Khatri, Principal, Mai Khadija CON, Jodhpur. Mob: 9414205574
		3	Mrs Maya Dinkar, NT, Govt College of Nursing, Jaipur, Mob: 8003114375
8	Chairperson, Finance Committee	1	Dr Rajendra Sharma, NT, Govt. GNMTC Jaipur. Mob: 7792023710
		2	Sh Narendra Kaushik, Principal, Govt. College of Nursing, Bikaner. Mob: 9413615953
		3	Sh Ghanshyam Jangir NT, Govt. College of Nursing, Bikaner
9	Chairperson, Catering Committee	1	Sh Ram Kumar Meena, NT, HFWTC, Heerabagh, Jaipur. Mob: 9928986034
		2	Sh Ravindra Sharma, Principal, Mittal College of Nursing, Ajmer. Mob: 9460221158
		3	Sh Gumam Singh, NT, Govt, GNMTC Jaipur. Mob: 9829818984
10	Chairperson, Accommodation Committee	1	Sh Sher Singh Morodiya, Govt College of Nursing, Jaipur
		2	Sh Shrikant Lata, NT, Govt College of Nursing, Jaipur. Mob: 9829120182

		3	Sh Girraj Soni, Principal, Mahatma Gandhi College of Nursing, Jaipur. Mob: 9001890251
11	Chairperson, Entertainment Committee	1	Mrs Joice Kurien, NT, Govt. GNMTC Jaipur. Mob: 9414718310
		2	Mrs Sahin, Principal SDM School of Nursing, Jaipur. Mob: 9829444611
		3	Mrs Anita Singh, NT, Govt. GNMTC Jaipur. Mob: 9414056660
12	Chairperson, Minutes Committee	1	Ms Vijayamma, Principal, Govt. College of Nursing, Udaipur. Mob: 9414164688
		2	Sh Ashok Yadav, NT, Govt College of Nursing, Jaipur. Mob: 9460323802
		3	Sh Mahesh Vijay, NT, Govt College of Nursing, Jaipur. Mob: 8875206777
13	Chairperson, Press & Public Relation Committee	1	Sh Subhash Sharma, NT, Govt College of Nursing, Jaipur. Mob: 9414794806
		2	Sh Nimesh Dave, Principal, Govt College of Nursing, Ajmer. Mob: 9460971705
		3	Sh Kailash Khandelwal, Principal, Soni College of Nursing, Jaipur. Mob: 9414079237
14	Chairperson, Transportation Committee	1	Sh Daulat Singh, NT Govt GNMTC Jaipur. Mob: 9602958751
		2	Sh RK Saini, Principal Dhanwantari College of Nursing, Jaipur. Mob: 9799177174
		3	Sh Arvind Choudhary, Principal, Devi College of Nursing, Jaipur. Mob: 9828197288
15	Chairperson, Souvenir Committee	1	Sh Sunil Sharma, Principal Upchar College of Nursing, Jaipur. Mob: 9784003308
		2	Sh Vishal Tak, Mob: 9460720281
		3	Dr Usha Yadav, NT, Govt College of Nursing, Jaipur. Mob: 9828307244
16	Chairperson, Health Committee	1	Sh Ramesh Jangid, NT Govt College of Nursing, Jaipur
		2	Sh Dinesh Dhamnodia, Principal, Govt College of Nursing, Jodhpur. Mob: 9351647150
		3	Sh Rajendra Singh, NT Govt GNMTC, Jaipur.
17	Chairperson, Invitation Committee	1	Sh Babu Lal Sharma, NT Govt College of Nursing, Jaipur. Mob: 9414752960
		2	Sh Surendra Mishra, Principal, Liberty College of Nursing, Jaipur. Mob: 9829609040
		3	Sh Rajveer Gurjar, Principal, Jai Durga College of Nursing, Jaipur. Mob: 9414607392
18	Chairperson, Poster and Exhibition Committee	1	Sh Ayub Ali, NT Govt. College of Nursing, Jaipur. Mob: 9461667730
		2	Sh Mukesh Sharma, NT, Govt College of Nursing, Alwar. Mob: 9414855149
		3	Sh Vinod Mathuriya, NT, Govt College of Nursing, Jaipur
19	Chairperson, Sight Seeing Committee	1	Sh Kedar Singh Rajput, NT Govt College of Nursing, Jaipur. Mob: 9829558244
		2	Sh Atul Pareek, NT Govt College of Nursing, Jaipur. Mob: 9413969021

ATTENTION MEMBERS !

Although we take utmost care in checking the veracity of facts mentioned in the advertisements, yet readers are requested to make appropriate enquiries and satisfy themselves before acting upon any advertisement.

- Chief Editor

THE TRAINED NURSES' ASSOCIATION OF INDIA

**XXVI TNAI BIENNIAL (75th) CONFERENCE
JAIPUR, RAJASTHAN**

CONFERENCE PROGRAMME (TENTATIVE)

Venue:

Theme: "Nurses: A force for Change: Improving Health System's Resilience"

Pre-Conference meetings October 15-16 & Conference: 17-19 October 2016

Pre- Conference Programme: (October 15-16, 2016)		
Day 1: 15 October (Saturday)		
9.00 am - 5.00 pm	Combined TNAI EC/Council Meeting	Venue: To be decided
10.00 am - 12 noon	Press Conference (simultaneously)	Press Conference Committee
Day 2: 16 October (Sunday)		
	House of Delegates Meeting / SNA General Committee Meeting, ANM Meeting (simultaneously)	Venue: To be decided
	Registration/Roll Call	TNAI HQ staff
9.00 am - 10.00 am	Business Session-I	
	Introduction to HOD	Mrs Evelyn P Kannan Secretary-General, TNAI
11.00 am - 5.30 pm	Presentation of Branch Reports	State Branch Presidents / Secretaries
	Lunch Break	
1.30 pm - 02.30 pm	Presentation of Report by Secretary-General TNAI	Mrs Evelyn P Kannan Secretary-General, TNAI
2.30 pm - 03.30 pm	Report of Hony. Treasurer, TNAI	Dr Bhargavi CN Hony. Treasurer, TNAI
3.30 pm - 05.30 pm	Report of SNA and Continuing Education	Mrs Sanghamitra Sawant Asst. Secretary-General, TNAI's CINECH
	Report of Publication Section, TNAI	Mr Ajinas AM Asst. Secretary-General
9:00 am - 3:00 pm	Putting up Exhibition (Poster) (Simultaneously)	Venue: To be decided
3:30 am -5:30 pm	Judging of Exhibition	Judges

Conference Programme: (October 17-18)		
Day 3: October 17, 2016 (Monday) (11 am - 1.00 am)	INAUGURAL SESSION	Venue: To be decided
11.00 am - 11.05 am	Invocation	Host Branch
11.05 am - 11.10 am	Welcome speech	Mr Mahesh Kumar Conference Secretary
11.10 am - 11.15 am	Lighting of the Lamp	Chief Guests and Dignitaries
11.15 am - 11.20 am	Introduction to TNAI and Conference	Mrs Evelyn P Kannan Secretary-General, TNAI
11.20 am - 11.25 am	Reading of Messages	Chairperson, Souvenir Committee
11.25 am - 11.35 am	Unfolding of Conference Theme	Mrs Rajeshwari Siva, Vice President, TNAI South Region Professor, Community Health Nursing Dept, College of Nursing, CMC Hospital, Vellore-632004(TN)
11.35 am - 11.45 am	Presidential Address	Mrs Anita Deodhar, President, TNAI
11.45 am - 11.50 am	Release of Souvenir	Guest of Honour
11.50 am - 12.05 pm	Inaugural Address	Chief Guest (To be confirmed)
12.05 pm - 12.15 pm	Felicitation	Host Branch
12.15 pm - 12.20 pm	Vote of Thanks	Secretary, Rajasthan State Branch
12.20 pm - 1.30 pm	Lunch Break	
1.30 pm - 2.30 pm	Business Session-II Roll Call Receiving of Purse	Secretaries, TNAI Hony. Treasurer, TNAI
2.30 pm - 5.30 pm	PLENARY SESSION- I Sub-Theme: Global Health Care: Collaborative Approach. Moderator (5 minutes) Keynote Address (10 minutes) Scientific Paper Presentation Open Discussion (5 minutes)	Mr Subhash Chand Sharma 345 Vinoba Vihar, Malviya Nagar, Jaipur To be confirmed
	PLENARY SESSION- II Sub-Theme: Health Technology and Nursing Practice. Moderator (5 minutes) Keynote Address (10 minutes) Scientific Paper Presentation	Ms Sushila Samuel, Director Clinical, ARJOHUNTLEIGH (Getinge Group) Mumbai

	<p>Open Discussion (5 minutes)</p> <p>PLENARY SESSION- III Sub-Theme Nursing Practice and Practice Act</p> <p>Moderator (5 minutes)</p> <p>Keynote Address (10 minutes)</p> <p>Scientific Paper Presentation</p> <p>Open Discussion (5minutes)</p> <p>Cultural Programme</p> <p>TNAI AT HOME</p>	<p>Ms. Surekha Sama, Vice President, TNAI North Region, House No. 75, Sector 16-A, Faridabad, Haryana- 121002</p> <p>Chairperson, Entertainment Committee/Host Branch</p> <p>Host Branch</p>
<p>Day 4: October 18, 2016 (Wednesday)</p> <p>8.30 am - 12 noon</p> <p>12.00 noon - 1.00 pm</p> <p>1.00 pm - 2.00 pm</p> <p>2.00 pm - 4.00 pm</p> <p>6.00pm</p>	<p>Concurrent Sessions (simultaneously) OBG, Community Health, Medical and Surgical Nursing, Mental Health Nursing, Child Health Nursing, Administration and Research</p> <p>Recommendations and Resolutions (adopted during the TNAI Council / HOD meeting)</p> <p>Lunch</p> <p>VALEDICTORY FUNCTION</p> <p>Welcome</p> <p>Conference Resume</p> <p>Valedictory Remarks</p> <p>Valedictory Address</p> <p>Distribution of Prizes</p> <p>Vote of thanks</p> <p>Post Conference meeting</p>	<p>In 6 halls Venue: To be decided</p> <p>Venue: To be decided</p> <p>Mr Joginder Sharma / Mrs Suneeta Mishra</p> <p>Chairperson, Programme Committee</p> <p>Chairperson, Minutes Committee</p> <p>Mrs Anita Deodhar, President, TNAI</p> <p>Chief Guest (to be confirmed)</p> <p>Host Branch and Secretary General, TNAI</p> <p>Host Branch and Secretary-General, TNAI</p>
<p>Day 5: October 19, 2016 (Wednesday)</p>	<p>Sight seeing</p>	<p>Chairperson, Sightseeing Committee</p>

Attention Advertisers !

Advertisers of the Admission Notices in *TNAI Bulletin* for the academic year 2016-2017 for Schools/ Colleges of Nursing are required to submit the copy of Indian Nursing Council (INC) recognition certificate along with the advertisement matter and payment, otherwise the advertisement shall be summarily rejected.

- Chief Editor

COUNTDOWN : XXVI TNAI Biennial Conference, Jaipur, Rajasthan

(October 15-19, 2016)

Theme: Nurses: A force for Change: Improving Health System's Resilience

Dear Member,

The Organising Committee and the Members of the TNAI Rajasthan State Branch are waiting to receive TNAI Conference Delegates of the XXVI TNAI Biennial Conference (15-19 October 2016) from all over the country.

Rajasthan, or the Land of Kings, is true to its name with lavish forts and majestic palaces that are apt reminders of a rich, romantic past that speaks of heroism, honour and chivalry. Rajasthan has something for everyone so whether you are planning an adventurous holiday hoping for a rendezvous with tigers or a quiet sojourn gazing at the beauty of the golden sand-dunes; or to experience the many nuances of royalty - Rajasthan is the place for you. The fast-expanding cities like Jaipur, Jodhpur and Udaipur are a confluence of culture and modernity and despite much progress since Independence, the people have still held on to their roots as evident by their simple, warm nature and hospitality.

Registration

(a) Conference Registration: Members kindly note that the last date for submitting the registration form is September 15, 2016. Registration forms were published in July, August and September issues of NJI, TNAI Bulletin and TNAI website. Late registration fee will be charged after 15 September 2016.

Registration fee is not refundable. The registration fee and other charges should be sent in advance through the Demand Draft in favour of 'TNAI National Conference' payable at Jaipur. Please ensure registration well in advance to avoid any confusion and smooth functioning for arranging accommodation, boarding and lodging and transportation etc.

(b) Registration of Poster Presentation: Registration form for Poster Presentation was published in back issues of NJI and TNAI Bulletin. The TNAI members are requested to follow the instructions carefully while filling the forms. These forms should be certified by the Nursing Superintendent/ Principal College of Nursing /Principal School of Nursing or any senior member of TNAI. Forms duly filled and completed in all respects along with the registration fee Rs 100/- (One Hundred) should be sent to the TNAI Headquarters by DD/ Cheque. No entry will be accepted after 14 August 2016.

Transportation: Jaipur being surrounded by land, has good Road, Rail and Air connectivity.

By Air: Rajasthan, a tourist hub, is well-connected by air. Whether you're flying in from within the country or from another one, you have a host of options, based on your itinerary. The three major airports of Rajasthan are Sanganer International Airport in Jaipur, Jodhpur Airport and Dabok Airport in Udaipur. While Sanganer is open to domestic and international air traffic, Jodhpur and Udaipur only serve domestic routes and Jodhpur also doubles up as a base for the Indian Air Force. These three airports collectively connect Rajasthan to most major cities in India, with Jaipur Airport also offering connections to some international destinations such as Muscat, Singapore, Abu Dhabi etc.

By Rail: Rail is one of the best ways to travel to Rajasthan from anywhere within India as it is both, comfortable and economical. The state is well-connected to all the major cities across the nation and there are several routes to opt from. The major railway stations of Rajasthan are Jaipur, Kota, Bharatpur, Bikaner, Ajmer, Alwar, Udaipur, Abu Road and Jodhpur. Out of these, Jaipur and Kota are major hubs connecting the major cities of India to Rajasthan.

By Road: Rajasthan has 20 national highways passing through the state, spanning a distance of about 6373 km. The NH-8 which connects Mumbai to Delhi is the busiest national highway in Rajasthan and runs through Ajmer, Jaipur, Udaipur and Chittorgarh. Besides the NH-8, Rajasthan is also connected to other major cities in India by state highways. You can very well choose to drive to Rajasthan or hop onto a bus operated by the Rajasthan State Road Transport Corporation, if you prefer travelling by road.

Reception: The delegates arriving at Jaipur will be received by Reception Committee at the booths set up by them at the Railway Station, Airport and also at the Inter State Bus Terminus. Participants are requested to report to these booths. Those arriving late should remain near the first class waiting room and would be contacted by the Committee members.

In case of emergency please contact Dr Jogendra Sharma, Conference Chairperson, TNAI Rajasthan (address: Govt. College of Nursing, JLN Marg, Jaipur-302004, Mob: 9414023344, 9414649100, 9414278788, 9828307244, 9414278785; Mrs Suneeta Mishra, President, Rajasthan State Branch, Principal, Jaipur Hospital College of Nursing, Jaipur, Mob: 9414649100; Mr Mahesh Kumar Sharma, Secretary, Rajasthan State Branch, TNAI, NT, Govt. GNMTTC, Jaipur, Mob: 9414278788. For Medical emergencies contact: Mr Dinesh Dhamnodia, Principal, Government College of Nursing, Jodhpur, Mob: 9351647150.

Accommodation: Accommodation will be arranged only for those delegates who submit their registration forms along with the fee. The registration forms can also be obtained from the TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi- 110016. Reception and Transport Committee will make arrangement to take you to the destination. The Registration could be done at the venue of the Conference and at the place of accommodation. The main Venue for Executive and Council meetings and venue of the pre-conference meeting will be BM Birla Auditorium, Jaipur.

Venue for the Pre-Conference meetings and the Conference

Pre-Conference Meetings: Executive, Council, House of Delegates, SNA General Committee and ANMs' meet will be held at BM Birla Auditorium. Programme has been published in August issue of TNAI Bulletin as well as in NJI. *Conference:* The inaugural function and Plenary Sessions will be held on 17 October 2016 at Birla Auditorium.

Poster Presentation: The Posters are to be displayed on 16 October 2016 between 9.00 am to 3.00 pm at the venue of the Conference. Since we have reduced the number of days of the conference, we have to strictly abide by timings in display of the posters.

Purse Money: After the Inaugural Session, delegates will be collecting their valuable contribution through the Purse Money on 17 October 2016. We appeal to our Branches, institutions, hospitals and individual members to donate generously as every drop is precious that fills the deep ocean.

Safety and Security: Delegates should ensure safety and protection of self and their group members. SNA Advisors/teachers accompanying the students should take special care of the students. Before venturing out in the new place, get enough information about the place etc. We have published details about the venue and other places of interest in September issue of TNAI Bulletin. In case of any emergency please contact Police Control Room 100, Fire Brigade 101, Ambulance 102, Emergency Services 108 and also inform the organisers.

The best season to visit Jaipur is between the months, October to March. During these months the weather is pleasant and temperature not too high, making it ideal for visitors. You may carry essential items like mosquito repellent, first aid kit, umbrella and light woollens etc.

Sight Seeing: The conference organisers will provide you necessary details about the sight seeing arrangements and its cost after your arrival at Jaipur.

Return Journey Reservation: We hope you have booked your return tickets along with onward journey. If facing any problem regarding the same, kindly contact: Dr Jogendra Sharma, Conference Chairperson, TNAI Rajasthan (address: Govt College of Nursing, JLN Marg, Jaipur-302004, Mob: 9414023344, 9414649100, 9414278788, 9828307244, 9414278785 giving details about the travel date, train/ flight, place etc. along with Demand Draft in favour of TNAI National Conference payable at Jaipur.

We look forward to your kind cooperation to make the conference a grand success, wishing the organisers the very best and delegates a memorable participation. With this we extend a warm welcome to all the delegates of the Conference to experience and share rich culture of the state.

We wish you all blessed and safe journey.

(Mrs) Evelyn P Kannan, Secretary-General, TNAI

National Eye Donation Fortnight

The National Fortnight on Eye Donation is celebrated nationally. Our country has about 52 million visually impaired people i.e. suffering from the corneal blindness (constituting a fifth of the blind people of the world). About 270,000 children are blind. Further, some 20,000 new cases of the eye blindness are added every year. So it has become very necessary to educate the people of the society including both young and old to reduce the demand-supply gap of the cornea.

More disheartening is the fact that the majority of blind people are young and their eye sight can be restored through corneal transplantation technique alone. Common reasons for loss of eye sight are: injuries, eye infections, Vitamin A deficiency and malnutrition, congenital or other factors.

Observed every year during 25 August - 8 September under the National Programme for Control of Blindness, the National Eye Donation Fortnight attempts to create public awareness to pledge their eyes for donation after death.

Facts about Eye Donation

- * Anyone at any age, even with past eye surgery or poor vision or diabetes can donate eyes.
- * Eye donation is a priceless gift to the corneal blind.
- * The donation takes place after the death of donor. Eyes of a donated person go to two different corneal blind individuals so that two persons are enabled to see the world with single donation.
- * Eye donation can be pledged by calling many agencies operating in eye transplant or it can be pledged in any eye bank. The facility of eye donation is also available online.
- * The process of cornea transplant takes place 4 to 6 hours after death of donor. Confidentiality of both the donor and the recipient are maintained.
- * Eyes can be donated only with the written consent of the next of kin in the presence of two witnesses.

भारतीय मूल की जल नेति असरदार है साइनस में

पिछले कुछ दशकों से साइनस की बीमारी में दुनियाभर में इजाफा दर्ज किया गया है। साइनस के उपचार में भारत में सदियों से व्यवहार में लाई जा रही जल नेति को ब्रिटेन चिकित्सकों ने प्रभावशाली करार दिया है।

साउदेम्टन यूनिवर्सिटी में संचालित में साइनस के उपचार में भाप और नेति क्रिया दोनों से का एक तुलनात्मक शोध के बाद नेति क्रिया को न केवल भाप लेने बल्कि दवाओं से कहीं ज्यादा उपयोगी पाया है। अध्ययन दल के वैज्ञानिक पॉल लिटिल के अनुसार तीन से छह महीने में जल नेति के लाभों की पुष्टि होती है।

साइनस तथा नाक की हड्डी में विकृति के समाधान के लिए नेति क्रिया प्राकृतिक चिकित्सा की लोकप्रिय तकनीक है, इसके तहत नाक के एक छेद से पानी अंदर डाल कर दूसरे से निकाला जाता है।

Lost & Found

It is for information of all concerned that I have lost my Marks Lists of Ist, IInd and IIIrd Year General Nursing/ Midwifery issued by Mid India Board of Examinations of the CMAI from Holy Cross Hospital, Ambikapur, Madhya Pradesh in 1994. If somebody finds it, these may kindly be returned to the Holy Cross Nursing College, Ambikapur (MP).

Jessamma G. Maliekal

C/o Mr Joseph Antony, Mannaruparambil, Changankary PO, Edathua, Alleppy - 689579 (Kerala).

Ph: Mob - 0702587 3136; Landline - 0481 244 5444; Email: jessamma_m@hotmail.com

MERITORIOUS

PhD Degree Conferred on Dr Nilima V Sonawane

Dr Nilima V Sonawane, serving as Professor in Institute of Nursing Education, Sir JJ Hospital Campus, Mumbai, has been awarded Ph D degree in Nursing by LT College of Nursing, SNDT University, in January 2016. This study was conducted during 2011-15.

The topic of her thesis was, Development of Operational Module for Capacity Building with Reference to the Essential Public Health Services of the Health Care Providers [MPHW (F) / ANM and LHV] Working under the Primary Health Centres in the State of Maharashtra.

Earlier, Dr Nilima had her masters degree in Community Health Nursing and pursued MPhil from the same university.



मानसून में सेहत का खास खयाल रखें

मानसून के मौसम में बीमारियों का प्रकोप ज्यादा रहता है। इसलिए स्वयं को चुस्त दुरस्त रखने के लिए निम्न सावधानियां बरतना जरूरी है।

- ◆ घर या कार्यस्थल जहां हम अपना ज्यादातर वक्त गुजारते हैं, की सफाई समय समय पर होती रहनी चाहिए।
- ◆ साफ, उबला पानी ज्यादा पिएं। नाखून साफ रहने चाहिए।
- ◆ खान पान में सतर्क रहा जाए। इन दिनों पाचन प्रणाली गड़बड़ाती है। अतः सेवन किए जा रहे खाद्य पदार्थ सुपाच्य हों। मौसम के फल और सब्जियों तथा छाछ ज्यादा मात्रा में लें।
- ◆ ज्यादा तेल वाली व ज्यादा टंडी चीजें से बचें।
- ◆ इन दिनों त्वचा के बैक्टीरिया अधिक सक्रिय हो जाते हैं और फंगल इन्फेक्शन होने की संभावना बढ़ती है, अतः जरूरी एहतियात बरतें।
- ◆ व्यायाम, योग आदि करते रहें।
- ◆ कच्ची सब्जियां नहीं खाएं और इनका सेवन नमकीन गुनगुने पानी से भलीभांति धो कर किया जाए तो बेहतर रहेगा।
- ◆ मानसून के दिनों सर्दी, जुकाम, अर्थराइटिस आदि के मामलों में इजाफा होता है अतः इनकी दवाओं का स्टॉक घर में रखा जाना चाहिए।
- ◆ इन दिनों डेंगू, मलेरिया आदि मच्छर से संक्रमित होने वाली बीमारियों से बचाव के लिए शरीर को ढक कर रखा जाए।

हिन्दी रचनाएं आमंत्रित हैं

मासिक टी एन ए आई बुलेटिन के हिंदी खंड में प्रकाशन के लिए लघु रचनाओं का स्वागत है। प्रस्तुत की गई सामग्री नर्सिंग व्यवसाय, स्वास्थ्य शिक्षा से संबद्ध हो। आप इसमें अपने रोचक संस्मरण तथा अनुभव भी भेज सकते हैं। प्रकाशन के विचारार्थ सामग्री सकारात्मक सोच से परिपूर्ण होनी चाहिए। स्पष्ट लिखी या टाइप की गई रचनाएं संपादक के नाम भेजी जाएं।

— संपादक