

THE TRAINED NURSES' ASSOCIATION OF INDIA

TNAI BULLETIN

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A To-Do Spirit Can Inhere Only In Healthy Body

Every year on **7 April**, the World Health Organisation (WHO) observes **World Health Day** to bring to fore the mankind's concern for health, which in its parlance involves both physical and mental well being of populations. The WHO sets out time-bound targets to be achieved so as to minimise the incidences of diseases and deficiencies, many of which can be prevented by adopting simple easy-to-do methods. A theme is declared each year, one for 2017 being, *Depression – Let's Talk*.

Depression is a common mental disorder affecting people of all ages or gender, from all fields of life, in all countries, although chances of its occurrence increase with such conditions as chronic or terminal illnesses, death of loved ones, break-up of relationships, alcohol or drug use, unemployment and poverty. If not managed timely, depression can lead to severe mental disorders like hallucination making recovery formidable. The remedial measures involve, in first place, opening channels of communications for the affected since alienation is a major trigger behind depression.

Other factor leading to growing incidence of depression globally is, man is becoming lonelier with urbanisation. Bigger the city, lonelier the man is, said the 17th century essayist Lord Bacon. Man is more lonesome today than ever before in history. For whatsoever reason there is little or no sharing of concerns. The choice of this year's theme i.e. depression speaks of a serious malaise afflicting people all over the world. The value system we are perpetuating superimposes 'other' issues over health, ignoring that health is our greatest possession. The priority attached to comfort, career and luxuries have taken significant toll on our health.

Distancing oneself from Nature is yet another parameter precipitating alienation and consequent depression. Nature prescribes activity and evolution which is not easy by adopting a sedentary lifestyle. Early philosopher Plato said, "Lack of activity destroys the good condition of every human being, while movement and methodical physical exercise save it and preserve it." Together with expert medical advice, espousing a natural lifestyle, the menace of depression can be curbed in large measure.

World Health Day is also an opportunity for nations to take stock of the progress achieved along various Sustainable Development Goals (SDGs) set by WHO. Many of these especially relate to Nursing, like child health, malnutrition and child mortality, maternal health & mortality, communicable diseases, etc.

An event of utmost interest to Nurses is the International Nurses Day (IND) falling on 12 May. On IND, nurses pay tribute to Florence Nightingale, the 19th century Nurse legend whose birthday falls on this day. The theme for International Nurses' Day is 'Nurses: A Voice to Lead - Achieving the Sustainable Development Goals'. The details of same shall be covered in next issue of *TNAI Bulletin*.

(Evelyn P Kannan)

Chief Editor & Secretary General, TNAI

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Nominations invited for Princess Srinagarindra Award

**For attention of all State / UT Branch Presidents / Secretaries
and Members of the Council TNAI**

We have received a letter from Dr Tassana Boontong, Secretary-General, The Trustee of the Princess Srinagarindra Award Foundation under the Royal Patronage, Thailand, regarding announcement of the Princess Srinagarindra Award for the year 2017 to commemorate the Centenary Birthday Anniversary of Her Royal Highness Princess Srinagarindra Mahidol.

An individual registered nurse and/or registered midwife or group of registered nurses and/or registered midwives can be nominated by National nursing authorities or by individual or group of individuals as candidate for the Award. Any one individual or group of individuals may sponsor only one nomination. The same person may be re-nominated.

The eligibility criteria and selection procedure including the nomination/application form & other details can be downloaded (from the link: <http://www.princess-srinagarindraaward.org>) Duly filled forms should be submitted to TNAI latest by **30 April 2017** positively for further action.

Application and guidelines are available in TNAI Website (www.tnaionline.org).

(Mrs.) Evelyn P. Kannan, Secretary-General, TNAI

खतरनाक हो सकती है डिप्रेशन के इलाज में कोताही

सोचना आदमी की मूल प्रवृत्ति है जो बचपन से – बल्कि गर्भ में आने से शुरू हो जाती है। किंतु उन मसलों पर चिंताग्रस्त रहने की आदत बना डालना जो हमारे बूते के बाहर है, हमें जिंदगी को जोखिम में डाल सकता है।

जीवन के लक्ष्य तय करना उम्दा विचार है किंतु याद रहे, तय लक्ष्य व्यवहार्य यानी जमीनी सच्चाई से जुड़े होने चाहिए अन्यथा जीवन में निराशा पसर सकती है। मनचाहा हासिल नहीं होने पर हम बार बार असफलता के विचार में बार बार डूबने लगते हैं। यही डिप्रेशन का मुख्य कारण बनता है। डिप्रेशन का दूसरा कारण है दूसरों से तुलना करना और वैसा नहीं मिलने पर निराशा होना। हम स्वयं को और अपनी राह चलें, दूसरों से तुलना नहीं करें तो नैराश्य भाव नहीं उपजेगा। अपने सरोकार और विचार-भाव आत्मीयजनों से साझा नहीं करने से व्यक्ति अकेला पड़ जाता है, यह स्थिति कालांतर में डिप्रेशन पैदा करती है। कमोबेश सभी मुल्कों में डिप्रेशन की व्यापकता को देखते हुए डब्लू.एच.ओ. ने 7 अप्रैल को मनाए जाने वाले विश्व स्वास्थ्य दिवस 2017 का थीम चुना है, डिप्रेशन: संवाद बनाएं।

उल्लेखनीय है कि डिप्रेशन का समय से या उचित इलाज नहीं कराया जाए तो यह हैलुसिनेशन या सीज़ोफ्रेनिया जैसी विकट मानसिक बीमारी में तब्दील हो सकती है जिसका समाधान दुष्कर है।

चूंकि डिप्रेशन सहित अधिकांश मानसिक बीमारियां विकृत सोच की उपज हैं अतः इन्हें दुरस्त करने के लिए सोच को सही रखना होगा। साथ ही मरीज के परिजनों को संवाद आदि बनाए रख कर सहयोगी रुख अपनाना होगा।

TNAI BULLETIN

Monthly Newsletter of

The Trained Nurses' Association of India

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Dr Shyam Lal Thapar College of Nursing

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FACULTY REQUIRED

Applications are invited from eligible candidates for filling up the following posts. Salary and perks are negotiable.

Post	Speciality	Experience
Principal	OBG / MSN	As per INC norms
Vice-Principal	MSN / OBG	As per INC norms

Only shortlisted candidates will be called for interview. Send your CV to the Director.

Administrative Office:

Thapar Nursing Home, GT Road, Moga-142001 (Punjab)
Ph: 9646132501-502; Email: thaparfoundation@gmail.com



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Our address: 418 ILD Trade Centre, Sohna Road, Sector 47, Gurgaon. Ph: 8447806966

Website: www.bodhihealthedu.org Facebook/Bodhihealthedu

XXVII SNA BIENNIAL CONFERENCE 2017

Dear SNA Members,

New Year Greetings from TNAI Headquarters!

May this year be the year of blessings and prosperity for all of us from the Lord Almighty. May God inspire us to work with dedication, commitment and compassion. Let this year bring personal and professional growth and progress to each and everyone.

The XXVII SNA Biennial Conference 2017 will be held in Guntur, Andhra Pradesh. The date and venue will be announced later. We request all State branches to plan and work on State Level Competitions and wholeheartedly co-operate with the host branch to make it a grand success. Additional relevant information will appear periodically in the forthcoming issues of the *Nursing Journal of India*, *TNAI Bulletin* and TNAI website (www.tnaionline.org).

The theme of the Conference is: **Empowering Nurses through Advanced Technology.**

A. SNA Competitions

1. The Scientific Paper Presentation will be based on the Conference theme; 2. Debate on “Power Conflict and Challenges in Empowerment of Nurses”; 3. Quiz competition on various Nursing subjects including General Knowledge; 4. Essay Competition; 5. Poster Presentation; 6. On-the-Spot Painting; 7. Floor Decoration (Rangoli); 8. Sports: The events are: 100 Meters Race/ Discus throw and Javelin throw; 9. Personality Development Competitions (Mr SNA and Ms SNA); 10. Biennial SNA Diary Evaluation 2017 based on 2015 & 2016; 11. Talent Night

B. Criteria for the Competitions

1. Scientific Paper Presentation: The Scientific Paper Presentation will be made by the Student Nurses on the Conference theme.

1. The paper should contain Introduction, Need and significance in Nursing, Statement of the Problem, Objectives, Review of Literature, Brief description of Methods and Procedures, Findings and Interpretation to be placed in one or two tables, Recommendation, Conclusion and Bibliography.
2. One hard copy and soft copy in CD of the Scientific Paper containing not more than 1500 words (4-5 pages in A-4 size) should be submitted to the State SNA Advisor before the State SNA Conference of the respective State.
3. Best three Scientific Papers, selected at the State Level have to be forwarded by the State SNA Advisor to the TNAI Headquarters by 31 July 2017 for final evaluation at national level.

The author(s) of Best papers, selected by the TNAI Headquarters, will be intimated for presentation at National Level SNA Conference 2017.

2. Debate: “Power conflict and Challenges in Empowerment of Nurses”. Only one individual entry. Only a single entry either in Hindi or English will be allowed from each State. Time allotted will be 5 minutes (**First bell at 4 minutes and Final bell at 5 minutes**).

3. Quiz Competition: Quiz competition on various Nursing subjects including General Knowledge.
General Rules: 1. Direct questions will get 10 marks; 2. Pass on questions will get 5 marks; 3. Direct questions will have 30 seconds for answering and no extra time will be allowed for pass on questions; 4. First answer from each team will be entertained; 5. Scorer will be there and score will be displayed on a board; 6. The decision of the Quiz masters at the National level will be the final.

Six Teams/ 3 members per team

Rounds

1. Preliminary Round for all – 25 MCQ questions
2. 30 minutes will be given – Put tick mark (✓) against correct answer.
3. On the basis of the result, top 6 teams will be selected.

Round One (Passing round) – General Round

Current affair round; Sports round; Cinema round; Literature round

Round Two (Passing round)

Audio Round – One audio for each team; Audio related to medical / nursing conditions

Round Three (Non-passing round) – Subject round (5 questions per team)

Subjects

1. Medical Surgical Nursing;
2. Child Health Nursing;
3. OBG Nursing;
4. Mental Health Nursing;
5. Community Health Nursing

Round Four (Passing round) – Visual Round (One question per team)

Round Five (Non Passing round) – Rapid Fire Round

Ten questions per team (Max 1 minute for 10 questions)

4. Essay Competition: Only one individual entry either in Hindi or English will be permitted from each State. The topic will be given just before the commencement of the competition. Words limit is 1000. Candidate can write in Hindi or English. Evaluation is done by 3 experts. Time allotted will be one hour.
Criteria for Evaluation: Introduction; Relevance to the Topic; Organization of the content (Grammar, Language, Vocabulary, Spelling); Use of Examples and Current Trends; Implications; Conclusion.

5. Poster Presentation: The criteria for Poster Presentation

Size: Standard size (approx. 22"x26") for both individual and group poster presentation.

Topics: Ideas depicted in the poster should be relevant to the topics given above.

Lettering and design of the poster should be bold and big enough to be seen from a distance.

Clarity: For bringing clarity of the poster, restrict yourself to one idea relevant to the topic.

Topics for Poster Presentation

S.No.	Category Code	Section	Topic	Mode of Presentation	Award
1	001	MCH Section	Dehydration in children: ANMs responsibilities	Poster	Sr Elizabeth Shield
2	002	Midwifery	Promotion of institutional deliveries	Poster	Ms H Chabook Shield
3	003	Anatomy and Physiology	Structure of eye	Poster	Indira Dorabji cup
4	004	First Aid & Basic Nursing Procedures	First Aid management in poisoning	Poster	Dufferin cup-1
5	005	Medical & Surgical Nursing	Organ Donation : Nurses' Responsibilities	Poster	Ms Edith Paul Shield
6	006	Paediatric Nursing	Neonatal Resuscitation	Poster	Dufferin cup-4
7	007	Psychiatric Nursing	Primary Prevention	Poster	Pramda Bajaj Shield
8	008	Community Nursing	Bioterrorism preparedness	Poster	General Chakravarty cup
9	009	Obstetrical Nursing	Monitoring fetal well being	Poster	Deftol Shield (1 st Prize) Mac Naughton Lamp (2 nd Prize)
10	010	SNA activities in India	SNA: Preparing future leaders	Poster	Ms Adranvala Shield
11	011	History & Trends in Nursing in India	Trends in nursing documentation	Poster	

Note:

Section 1-2 are for ANM students / MPHw (F) students.

Section 3-9 are for GNM / BSc Nursing Students.

Section 10-11 are for all categories (ANM / GNM / BSc) Nursing students.

Layout of pictures in the poster must be properly balanced to give a correct sense of proportion. **No Extra fixing** of clippings/cuttings or any other form on the poster. The poster should depict originality and innovative ideas.

6. On-the-Spot Painting: The topic will be announced just before the competition. Only one individual entry will be permitted from each State. Participants should bring their own painting materials, the organisers will provide only the paper. No Mechanical devices, e.g. use of stencils, etc. will be permitted. Time allotted will be **One Hour**.

7. Floor Decoration (Rangoli): The size is 3x3 feet. Participants will bring their own material. No mechanical devices e.g., use of stencils etc. will be allowed. Theme/Topic will be given on the spot. Only one individual entry will be permitted from each State. Time allotted for Rangoli will be **Two Hours**.

8. Sports: The events are: 100 Meters Race/ Discus throw and Javelin throw. Competitions for these events will be held separately for **male and female contestants**. The entries selected at the state level are to be sent by the State SNA Advisor to the TNAI Headquarters for national level competition.

9. Personality Development Competitions: As per the Minute No.SNA/G.C./37/2007/5(ii) **Mr and Ms SNA** Beauty Pageant Competition has been renamed as Personality Contest. The best entries (one female and one male) selected at the state level are to be sent by the State SNA Advisor to the TNAI Headquarters for national level competition.

10. Biennial SNA Diary Evaluation for (2015 & 2016)

Unit Level: SNA units should record the activities and to be signed by the unit SNA Secretary and unit SNA Advisor and the same to be forward to the State SNA Advisor for evaluation.

State Level: After receiving the SNA Diary from each unit it should be evaluated at the State level. The State SNA Advisor should write remarks and with the seal and signature then, the two outstanding diaries from each State should be sent to the TNAI Headquarters by July 31st, 2017 for the final evaluation.

Note: Since 1988 [Minute No. SNA-GC/18/88/3(i)], Diaries of MPHWF/ ANM students are evaluated separately.

Criteria: These diaries are assessed keeping in view the various unit activities, viz., professional, educational, extra-curricular, social, cultural and recreational. Proper maintenance of diary is another criterion. In general the focus of assessment is on the diversity of activities carried out by the units as reflected in the Diary. SNA to TNAI membership enrollment for two years.

11. Talent Night:

Each State will be given one item for presentation at the national level. Only one best folk or classical dance either individual or group (not more than 8 members) from each State will be accepted for competition at the national level.

Time: **3 Minutes** for Classical and **7 minutes** for Folk Dance.

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Email: pragyannsg@yahoo.com; www.pragyancollegeofnursing.org

ADMISSION NOTICE

- ❖ **MSc Nursing - 2 years** Eligibility: As per INC
- ❖ **BSc Nursing - 4 years** Eligibility: 10+2 pass with 45% integrated marks in Physics, Chemistry, Biology (PCB); 5% relaxation for SC / ST. English must be a compulsory subject.
- ❖ **ANM - 2 years** Eligibility: 10+2 pass in any subject

Cost of prospectus for all courses is Rs. 300/-. Payment can be made in cash or through Demand Draft in favour of 'Pragyan College of Nursing, Bhopal'. Write your name, address with pincode and phone number at the back of Demand Draft. Last date of form submission is 31 May 2017. Forms can also be downloaded from the website.

URGENT REQUIREMENT OF FACULTY

Professor - 1 and **Assistant Professor - 1** in Community Health Nursing; **Associate Professor - 1** in OBG; **Assistant Professor - 1** in Child Health Nursing; **Clinical Instructors / Tutors - 5** with MSc Nursing (Fresher) or BSc Nursing with Registration. Experience as per INC.

Apply immediately with biodata, photocopies of qualifications, experience, registration and one passport size photo.

Principal

SCIENTIFIC PAPER PRESENTATION

REGISTRATION FORM

Problem Statement: _____

Names of the Student Researcher(s) : _____
(in CAPITAL LETTERS):

Name of the Guide: _____

Course & Year of Study: _____

SNA Unit Address & State: _____

Last SNA Unit Subscription Paid on: _____ TNAI Receipt No. _____ Date: _____

Entry Fee: Rs. 100/- (Individual Entry) sent by D.D. / Paid in cash _____
(tick (✓) as applicable)

Date: _____

Receipt No: _____

CERTIFICATE OF RECOMMENDATION

This is to certify that the above mentioned research is a bonafide work of the student(s) who is/are member(s) of the above SNA Unit and have paid subscription for the year 2017.

The Scientific Paper was contested at the State Level Competition and selected for presentation at the National Level. To the best of my knowledge this paper will be presented for the first time at the National Level.

Student(s) Signature

Seal & Signature of Principal SON/CON

Forwarded by:

Signature of Unit SNA Advisor

(Seal and Signature of the State SNA Advisor)

EXHIBITION REGISTRATION FORM (Poster Presentation)

Topic of the Poster: _____

Category Code: _____ Section Code: _____

Name of the Student Artist(s) (In Capital Letters): _____

Course & Year of Study _____

SNA Unit Address & State: _____

Last SNA Unit Subscription Paid on: _____

TNAI Receipt No. _____ Date _____

Entry Fee: Rs.25/- (individual entry) _____ Rs.50/- (group entry) _____ sent by D.D.
(tick (✓) as applicable)

Date: _____

Receipt No.: _____

CERTIFICATE OF RECOMMENDATION

This is to certify that the above mentioned exhibit is a bonafide work of the student (s) who is/are member(s) of the above SNA Unit and have paid their subscription for the year 2016-2017.

The exhibit was contested at the State level competition and selected for display at the National level. To the best of my knowledge this exhibit will be displayed for the first time at the National level.

Student(s) Signature

(Seal and Signature of the State SNA Advisor)

RULES FOR ENTRY

1. No Exhibition form will be entertained after September 30, 2017.
2. All the exhibits are to be registered. Registration fee is Rs.25/- (individual entry) and Rs.50/- (for group entry) per exhibit. The money should be sent by D.D. payable at the Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi – 110016. Use separate form for each entry.
3. Name of the exhibitor and the SNA Unit should not appear on the exhibit.
4. Each exhibit must be accompanied by a card bearing: (i) Name of Exhibitor; (ii) Name of SNA Unit; (iii) Topic of the Exhibit; (iv) Category & Section; (v) Size of the exhibit should be strictly adhered to or else exhibit may be disqualified for competition. The size for both individual and group poster presentation will be same i.e. one standard size poster 22" x 26" approx.
5. Completed form(s) (with signature of the State SNA Advisor) alongwith entry fee to be sent to the TNAI, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016. Entry fee payable to the Trained Nurses' Association of India.
6. For each poster presentation only one entry, either individual or group will be allowed from each State.
7. Group entry should not have more than three students.

NOTE: In any group item, each contestant should give his/her name & address in the entry form, for issuing merit certificates.

COMPETITION REGISTRATION FORM

Competition item(s): Please Tick (✓)

1. On-the-Spot Painting { }
2. Floor Decoration { }
3. Debate (English/Hindi) { }
4. Essay Competition (English/Hindi) { }
5. Quiz Competition { }
6. Personality Contest (Mr. SNA & Ms. SNA) { }
7. Sports: 100m Race { } (Male/Female), Discus Throw { } (Male/Female)
Javelin Throw { } (Male/Female).
8. Talent Night { }

Photograph

Participant(s) has/ have competed at State level: Yes/No. Tick (✓) as applicable)

Name of Individual Participant _____

Names of Group Participants _____

Name and Address of the SNA Unit: _____

SNA Unit Subscription Fee Paid on _____ TNAI Receipt No. _____

Entry Fee: Rs.25/- (individual entry) () and Rs.50/- (group entry) sent by DD ()
Tick (✓) as applicable)

Date _____ Receipt No. _____

RECOMMENDATION

This is to certify that the above stated competition item(s) has/have been competed at the State level and qualified for entering at the National level competition. The competitor(s) is/are from SNA Unit which has paid subscription for 2016-2017.

Student(s) Signature

(Seal and Signature of the State SNA Advisor)

RULES OF ENTRY FOR THE COMPETITION

1. Every institution should have SNA units and paid the subscription fee for the period of 2016-2017.
2. All entries must have competed at the State level. Only one entry from each State/UT should be sent for the National competition.
3. In Debate and Essay competition, only one entry either in English or Hindi will be allowed from each State.
4. In any group item, only three participants will not be permitted to participate from each State.
5. Entry fee for Individual entry is Rs.25/- and Rs.50/- for group entry. The money to be sent through Demand Draft in favour of the Trained Nurses' Association of India payable at New Delhi.
6. For group dance not more than eight members.
7. Last date of receiving the duly filled form is September 30, 2017.
8. One form for each item (group or individual).
9. Completed form(s) (with signature of the Participants and State SNA Advisor) alongwith entry fee to be sent to the Dy. Secretary-General-cum-SNA Advisor, L-17, Florence Nightingale Lane, Green Park, New Delhi – 110016.

NOTE: In any group item, each contestant should give his/her name & address in the entry form, for issuing merit certificates.

TNAI SCHOLARSHIPS : 2016 - 2017 ACADEMIC YEAR

The Trained Nurses' Association of India invites applications for award of scholarships for higher studies in Nursing for the year 2017. Scholarships are available for the following courses.

I. FOR GENERAL NURSES

- a) Post Certificate Diploma course in Nursing Education and Administration, and other speciality courses.
- b) Post Basic BSc Nursing (Regular).
- c) Students pursuing Post-Basic BSc Nursing through Indira Gandhi National Open University (IGNOU) can also apply who have successfully completed the first year (Candidates receiving salary or any other financial support will not be eligible).
- d) Master of Nursing.
- e) PhD, MPhil in Nursing.

II. FOR HEALTH VISITORS AND AUXILIARY NURSE MIDWIVES / MPHW (F)

- (a) General Nursing and Midwifery course.
- (b) Any short-term course of not less than three months duration.

All the above mentioned courses and the institution should be recognised by Indian Nursing Council.

Eligibility criteria

- ◆ The candidates should have at least 3 years' membership of the TNAI.
- ◆ Confidential reports from all the three referees mentioned in your application should be received timely.
- ◆ The application should be recommended by the President or Secretary of the concerned TNAI State Branch.
- ◆ Preference will be given to the candidate's active participation in TNAI activities at National, State, District / Zonal and Unit level.
- ◆ The proof of annual family income of the candidates (who wish to apply for scholarship) should be obtained from competent authority and attached along with the application.
- ◆ The candidate should not be a recipient of any other scholarship or any financial help from any other source.
- ◆ The candidate should not have received TNAI scholarship for at least last 5 years.

General Conditions

- (a) The completed application forms should be received in this office along with processing fee of Rs. 100/- by demand draft in favour of TNAI by **May 31, 2017**.
- (b) All applications should be signed by / routed through your TNAI State Branch, President/ Secretary.
- (c) Application received after the last date i.e. **May 31, 2017** will not be entertained.

Candidates selected for the Scholarship are required to sign an agreement to the effect that they will serve for **at least two years within India**. In case of default, the awardees shall be liable to refund the entire Scholarship amount with interest.

APPLICATION FOR TNAI SCHOLARSHIP: 2016-2017 Academic Year

Note:

- A. Completed Application form should be sent to the Secretary-General, Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016, up to May 31, 2017. Incomplete application will not be accepted.
- B. Application fee of Rs. 100/- by cash or demand draft drawn in favour of "The Trained Nurses' Association of India" and two photographs should be attached with the application form.
- C. Last date of receiving application form is May 31, 2017 after which applications will not be entertained.

Photograph

1. Full Name: Miss/Mrs./Mr./Sr. _____
(in block letters)
2. Date of Birth: _____
3. Nationality: _____
4. a) Present Address _____

b) Permanent Address if different from present address: _____

5. Phone Nos. Mobile: _____ Land line: _____
E-mail: _____
6. Martial Status: Single, Married, Widow, Widower: _____
7. Number of children, if any, with age: _____
8. Name of the course: _____ Year of study: _____
9. Date of commencement of course: _____ Completion: _____
10. Name and address of the Institution: _____

11. TNAI Life Membership No. _____ Date of enrollment _____
12. Have you ever held any office of TNAI at Unit /District/State level? _____
13. Have you ever served on the National Executive Committee/ Council/HOD of TNAI? _____
14. Participation in TNAI activities / membership and fund raising campaign - Yes or No ? _____
If yes, give details: _____
15. Have you published any Articles, if Yes, Journal name & year and month of publication _____

16. Have you applied for any scholarship to any other Agency? If yes, Please mention the name of the Agency to which you have applied _____

17. Will you be getting any financial help/stipend/scholarship/deputation allowance from any other source/institution? If yes, please give details: _____

18. Are you deputed for studies on full/half/without pay (mention how much amount you will be getting) or you have to resign your job to take up the study? Give details: _____

19. Please give names and addresses of three references. At least two among them should be from the Nursing Profession (Head of the institution / Hospital / other Organisation).
Name, designation and full Address (in capital letters) with mobile/ phone Nos./ Email
1. _____

2. _____

3. Any other (who is not related to the candidate): _____
- A. I have attached copies of the Medical fitness certificate (in original) and following certificates attested either by TNAI Council member, Gazetted Officer or a District Magistrate with this application form:
- [a] Certificate of ANM / GNM / BSc / PC BSc / MSc
 - [b] Registration Certificate
 - [c] Certificate of any other training/study undertaken
 - [d] Matriculation certificate & higher examination, if passed
 - [e] Certificate of annual family income of the candidate from competent authority
 - [f] A letter from the Principal, College of Nursing showing admission in the respective institution
 - [g] Photocopy of TNAI Life membership card
- B. I undertake to refund the whole amount of scholarship paid to me, to the Trained Nurses' Association of India in case I am offered financial help from any other source(s).
- C. I hereby certify that the information given in this application form is true to the best of my knowledge and belief.

Date: _____

Signature of the candidate

Recommendation

Recommendation by the State branch President or Secretary keeping in view the merit of the candidate and the eligibility for the TNAI Scholarship

Signature
President/Secretary State Branch, TNAI

SNA SCHOLARSHIPS: 2016 - 2017 ACADEMIC YEAR

The Trained Nurses' Association of India (TNAI) invites applications for award of SNA Scholarships for the academic year beginning 2017.

Scholarships are available for the following courses:

- 1 Multipurpose Health Workers (Female)/Revised ANM Programme.
- 2 Diploma in General Nursing and Midwifery.
- 3 Basic BSc Nursing.

Selected candidates will be paid Rs. **24,000/-** per scholastic/academic year.

Minimum Requirements

1. Successful completion of first three months of preliminary training period.
2. Application forms should be recommended and signed by
 - a) Incharge/Principal, College or School of Nursing and
 - b) President/Secretary/SNA Advisor of the TNAI State Branch.

Other Conditions

1. The applicant should be a bonafide student of a School/College of Nursing, recognised by Indian Nursing Council.
2. The SNA unit sponsoring the candidate for the Scholarship should be an active Unit for at least last three years.
3. Preference will be given to the candidate's active participation in SNA activities at National / State / District / Zonal and Unit Level.
4. The applicant should not be receiving any financial support/benefits from any other source by way of stipend/fellowship/scholarship, etc.

Kind attention to the Principal

1. Students of academic year 2016-2017 are eligible to apply for the SNA Scholarship.
2. SNA Unit is requested to forward only two applications from each category (i.e. BSc(N), GNM and ANM).

APPLICATION FOR SNA SCHOLARSHIP: 2016-2017 Academic Year

Note:

- A. Completed Application form **duly recommended by Incharge/ Principal of School or College and President/ Secretary/SNA Advisor of the State Branch, TNAI** should be sent to the Honorary Chairman, Scholarship Committee, C/o Secretary-General, Trained Nurses' Association of India, L-17 Green Park, New Delhi-110016 up to **May 31, 2017. Incomplete applications will not be accepted.**
- B. Application processing fee of Rs. 100/- by cash or demand draft drawn in favour of "The Student Nurses' Association and two passport size photographs should be attached with the application.
- C. **Application received after May 31, 2017 will not be entertained.**

1. Full Name: Miss/Mrs./Mr./Sr./_____ (in block letters)
2. Student Mobile/Contact No./e-mail ID_____
3. Nationality_____ 4. Date of Birth_____
5. (a) Present Address: _____

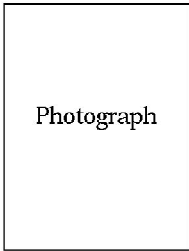
- (b) Permanent Address, if different from present address: _____

6. Name of the course for which SNA Scholarship is required and name and address of the institution:
(a) Course: _____
(b) Name & Address of the Institution: _____

(c) Date of commencement of course: _____
(d) Date of completion of course: _____
7. State whether married, single or widow/widower: _____
8. If married, number of children, with age/status and employment: _____

9. Educational qualification: _____

10. Will you be getting any financial help, stipend/scholarship/from other source? If Yes, name the source and give details: _____



11. Give names and full addresses of three persons for reference purpose, one of whom should be the head of Training School or College of Nursing and the other should be a teaching staff of your School or College and the third, a person of standing who knows you well but not related to you. Please ensure that the referee is sending the recommendation in time.

A. I have attached Medical certificate (in Original) and copies of following certificates attested by a Principal Tutor of my School / Gazetted officer or a District Magistrate as listed below with application form.

- [a] Statement of academic performance of first 3-4 months of your training.
- [b] Certificates of any other training/study undertaken.
- [c] Higher Secondary certificate or any other Higher Examination passed
- [d] Certificate of annual family income.

B. I hereby certify that the information given in this Application Form is true to the best of my knowledge and belief.

C. I also undertake to refund the whole amount of scholarship paid to me by the Trained Nurses' Association of India, in case, I am offered any financial help from any other source (s).

Date: _____

Signature of the Candidate

School/College Principal

Brief statement of SNA Unit :

- (a) Do you have SNA Unit: _____
- (b) Does it pay regular SNA Subscription fee (Tick) Yes / No:
- (c) If yes, mention the last 3 years subscription paid by the unit, indicate only year wise receipt number with date:

(d) Did your unit participate in any SNA activities Unit / State / National level? List them

Recommendation by the In-charge/ Principal School of Nursing keeping in view the merit of the candidate and the eligibility for the scholarship. Before forwarding the application, it is to be ensured that the application is complete in all respects.

- 1. Name of the In-charge / Principal of School /College of Nursing _____
- 2. Signature: _____
- 3. E-mail-ID _____
- 4. Office Phone & Mobile No. _____

Recommendation by the President/Secretary/State SNA Advisor of the TNAI State Branch.

Signature
President/Secretary/State SNA Advisor of the TNAI State Branch

'Respectful Maternity Care' and the Role of Nurses

Respectful Maternity Care is a universal human right that is due to every childbearing woman in every health system around the world. Women's experiences with maternity caregivers can empower and comfort them, or inflict lasting damage and emotional trauma. The fear of disrespect and abuse that women often encounter in facility-based maternity care is a more powerful deterrent to use of skilled care than commonly recognised barriers such as cost or distance.

It is necessary. It is achievable. It is everyone's responsibility.

Disrespect and abuse during maternity care are violations of a woman's basic human rights. It is a violation of this right when:

- She is physically abused such as being slapped, tied during labour, performed unnecessary episiotomies, postpartum suturing of episiotomy cuts without use of anaesthesia or when fundal pressure is applied to force the baby out.

Remember: All physical contact with pregnant women should be as gentle, comforting, and reassuring as possible

- She is not given proper information, her consent not acquired or coerced into medical procedures such as Caesarean sections and Episiotomies.

Remember: All patients need a careful explanation of proposed procedures in a language and at a level they can understand so they can knowingly consent to or refuse a procedure.

- She has to labor and deliver without any privacy barriers such as a curtain and when her health care provider share sensitive information regarding HIV status, Age, Marital status, Medical and Obstetric History in a way that other people can hear .

Remember: We must protect the privacy and confidentiality of patients and their information. This includes privacy and confidentiality during counselling, physical examinations, clinical procedures, and when handling patients' medical records or other personal information.

- She is verbally abused such as being scolded and shouted at, asked to stop pretending to be in pain, blamed and called names like idiot, stupid.

Remember: Every woman seeking care is a person of value and has the right to be treated with respect and consideration. We must ensure that patients are as comfortable as possible during procedures and they are able to express their views freely, even when they differ from our own.

- She is discriminated on the basis of her religion, race, ethnicity, age, language, HIV status, traditional beliefs and preferences, economic status, or educational level.

Remember: All women are equal and must be treated with respectful care regardless of their ethnic background, culture, social standing, educational level, or economic status.

- She does not receive proper care and is left to deliver by herself; when she is not allowed to bring a companion into the birthing area or when doctors and nurses either fail to monitor during labour or intervene in life-threatening situations.

Remember: At health facilities, women should be able to have a companion of their choice, such as a family member, with them throughout labour and birth.

All women deserve respectful and dignified care during pregnancy and childbirth. No woman should be penalised and abused for choosing to become mothers.

Please join TNAI and the White Ribbon Alliance India in breaking the veil of silence around disrespectful and abusive maternity care. Your support to this movement will help making pregnancy and childbirth safe for women not only in India but also the world.

Courtesy: White Ribbon Alliance for Safe Motherhood, India. For more information on our global work on Respectful Maternity Care, please visit <http://whiteribbonalliance.org/campaigns2/respectful-maternity-care/>. ■

Computerisation and layouts by anupamkamal@hotmail.com