

THE TRAINED NURSES' ASSOCIATION OF INDIA

**TNAI BULLETIN****VOL. 6 No. 12****DECEMBER 2017****TNAI as a Recruiting Agency all Set to Start Operations**

**B**y the time you lay hands on this issue of *TNAI Bulletin*, many of those having participated in recently concluded Guntur SNA Conference would have returned home. Thought needs to be given to how the newly acquired information, knowledge or skills can be made use of by you and your team members at your work setting. You shall agree, then only it shall make better sense!

For those who may not be aware – to protect the Nurses seeking overseas assignments from unscrupulous agents, your Association has taken up this role as well; TNAI has since been granted the status of an authorised recruiting agency for deputing Nurses abroad or in-country by Ministry of External Affairs. The necessary software for processing of applications is in place so that interested candidates can now apply online.

I am happy to share with you the offer we received (that we accepted) from International Association for Adolescent - 11th World Congress and then, World Federation of Mental Health World Congress 2017 also invited TNAI as a professional partner during their conferences on 27-29 October 2017, and November 2-5, 2017 respectively. TNAI delegation duly participated in the said Congress. Senior TNAI members participated in these meets and some of them served as Moderator or Panelist, presented scientific papers and gave Scientific Poster presentation. It has been an important international event held for 1st time in Delhi.

For past few months, TNAI has in force a new SNA Membership Plan under which after completion of the course the SNA Member can acquire Life Membership by paying one-time fee of Rs. 2,000/- at the time of admission (inclusive of SNA membership or TNAI membership fee), no other charges thereafter. This plan was welcomed by most of the SNA Units.

**INSIDE**

- 178 Workshop Report- Current Midwifery Practice in India: Role & Scope of Nurse Midwives
- 180 Events of the Month
- 181 Obituaries
- 181 Your Updated Mailing Address Required at TNAI Headquarters
- 182 Provisional Ballot Paper- TNAI Kerala State Branch
- 184 Nomination Sheet: TNAI Madhya Pradesh State Branch
- 185 Election Result: TNAI Assam State Branch
- 186 Hindi Matter
- 187 Meritorious
- 188 The 11<sup>th</sup> World Congress on Adolescent Health: A Report
- 188 IMA Felicitated Senior Nurse Leaders
- 189 The World Congress of Mental Health 2017: A Report
- 191 Nomination Sheet: TNAI Chandigarh State Branch
- 192 Lodging at TNAI Headquarters Made Easier

**Advertisers List**

- 190 Academy of Hospital Administration (AHA) Noida, UP

The TNAI Elections are due next year, tentatively in later half of 2018. It is understood that many of the members do not have TNAI New Life Membership Cards. Many of you have mutilated, worn-out or outdated Cards. You are strongly advised to obtain new Membership Cards at the earliest, if you haven't, so as to cast your vote with ease.

December is the month to recapitulate the blessings we had, how things fared in the year that passed and what lessons it holds for future. I believe you shall be doing such exercise.

**(Evelyn P Kannan)**

Chief Editor &amp; Secretary General, TNAI

## Current Midwifery Practice in India: Role & Scope of Nurse Midwives - Workshop Report

A five-day workshop on *Current Midwifery Practice in India: Role & Scope of Nurse Midwives* was organised by TNAI during 28 August – 1 September 2017 at its Central Institute of Nursing & Research and Elderly Care Home (CIN&R and ECH) premises in Greater Noida (UP).

The overall purpose of the workshop was to update and strengthen the knowledge and skills of the nurses and midwives in the area of current midwifery practices in India.

The objectives of the workshop were to:

- Recapitulate the existing maternal and child health scenario in India.
- Update supervisory and training skills of senior practicing nurses for providing effective maternal and newborn care in the hospital/ community setting.
- Explain the concept and new interventions in maternal and child health under National flagship programmes.
- Demonstrate essential skills to ensure a skilled birth attendance and management of complications by SBA.
- Identify issues in early childhood development and adolescent health and appropriate strategies to overcome the problems encountered.
- Describe the use of HMIS (especially Mother and Child Tracking System) in monitoring and evaluation of MNCH programmes and data use in planning.

The Course Content of the workshop broadly included: Overall scenario of current trends and practices of midwifery and obstetrical nursing; Current Trends and practices in Newborn Care; Legal and ethical aspects of midwifery and implementation of Pre-Natal Diagnostic Techniques Act and MTP Act; Essential obstetrical care and its management - Hands on skills on the same; Partograph and Electronic fetal monitoring; Practice session on partograph; Respectful Maternity Care; Introduction of TNAI's Neonatal Skin Care Guidelines; Neonatal Emergencies, complications and its management; NRP Demonstration and Hands-on Skill practice; Emergency obstetrical Care and its Management – Hands-on Skill on the same; Zika Transmission and advice in Pregnancy & Prevention and management of Perinatal Transmission of HIV/AIDS; Current trends and practices in contraceptive methods and Hands-on skills on IUCD insertion; Current Government initiated Programmes related to mother and child and Evidenced-Based Midwifery practices in India.



*Ms Surekha Sama, Vice President TNAI (North Region) addressing workshop participants*



*Dr Sumita Ghosh, Dy Commissioner (Maternal Health), MHFW, addressing participants as chief guest*

**Participants:** The nurse professionals working at various levels from Seven States/UTs of the country - Karnataka, Uttar Pradesh, Manipur, Assam, Chhattisgarh, Delhi, and Maharashtra attended the workshop.

**Inaugural Session:** Mrs Evelyn P Kannan, Secretary-General, TNAI welcomed Chief Guest Dr Sumita Ghosh, Deputy Commissioner (Maternal Health), Ministry of Health & Family Welfare; Ms Surekha Sama, Vice president TNAI (North Region) and other guest invitees and participants. In her address she referred to the roles, functions, responsibilities and activities which a registered nurse or registered midwife is required to perform in the perspective of the workshop. Mrs Sanghamitra Sawant, Asst Secretary General, presented the aims, objectives and an overview of the workshop.

Ms Surekha Sama, in her address highlighted the scope of midwives that includes understanding, promoting and facilitating the physiological processes of pregnancy and child-birth. This requires nurses to be well equipped with the knowledge and skills to change the attitude in giving care, she said. Further, Intrapartum strategies to be taken care sincerely for effective and better care. She emphasised that every pregnancy is important and every newborn is a celebration for the family.

The Chief Guest, Dr Sumita Ghosh stated that the theme of the workshop is of para-

*Designing of TNAI Bulletin: anupamkamal@hotmail.com*

mount importance, as the nurses and the midwives are the best agents to reduce the maternal mortality rate (MMR) and infant mortality rate (IMR). Government of India is fully committed to ensure best care for Maternal and Child health (MCH); it has a vision to utilise the workforce in such a way as to achieve the MDG goals. MMR is currently 167 and by 2020 the goal is to reduce it by 70. She said that nurses can play a pivotal role in achieving the set targets - a huge task indeed that depends how on how systematically they organise their job in pursuance of their goals.



The inaugural session ended with vote of thanks by Mrs S Vatchala Dinakaran, Asst Secretary General, followed by Pre-test and getting to know session that helped building familiarity of participants with organisers. The first session on 'Overall scenario of current trends and practices of midwifery and obstetrical nursing' and another on 'Opportunities and challenges of Nurse Practitioner (Midwifery) in India' were taken by Dr Manju Chugani, Principal, Faculty of Nursing, Rufaida College of Nursing, JamiaHamdard, Delhi. In the afternoon, she took a session on 'Respectful maternity care'. Mrs Evelyn P Kannan, Secretary General & Director CEP, TNAI gave a presentation on TNAI Orientation. Ms Surekha Sama, Vice President, North Region, TNAI took a session on 'Current trends and practices in Newborn Care'.

**DAY 2:** The session on 'Legal and ethical aspects of midwifery' was taken by Dr Snehlata Manocha, Associate Professor, Ahilya Bai College of Nursing, New Delhi, followed by sessions by Dr Amrita Kansal, Public Health Specialist, Maternal & Reproductive Health, WHO and Ms Mikki Khan, Tutor, Jamia Hamdard, New Delhi took on 'Evidence-based midwifery practices in India' and 'Partograph and electronic foetal monitoring' respectively. In the afternoon two sessions were conducted by Master trainers of TNAI, National skills Lab (Daksh) and Dr Piyush Chandel, Senior Paediatrician, Fortis, Noida on 'NRP Demonstration and Hands-on Skill practice'.

**DAY 3:** The day started with session on 'Survival health and well-being of Newborn' by Dr Poonam Joshi, Lecturer College of Nursing, AIIMS, New Delhi. Ms Jenita, Consultant, National Skills Training Programme, Ministry of Health & Family Welfare. The next one, on 'Sustaining Breastfeeding Together' was covered by Ms Camilla Conti Certified Educational Training Specialist and Consultant, New Delhi. Dr (Mrs) Molly Babu, Senior Lecturer and HOD, Obstetrical Nursing, RAK College of Nursing took a session on 'Essential obstetrical care and its management'. 'Hands on Skill on Essential Obstetric Care and its management' followed by Master Trainers of TNAI, National skills Lab (Daksh).

**DAY 4:** Dr Chetna Chouhan CMO- RBM Department, NIHF, New Delhi covered the topic 'Emergency obstetrical care and its management'. The session on 'Zika Transmission and advice in pregnancy & prevention and management of perinatal transmission of HIV/AIDS' was taken by Dr Deepika Cicilkhaka, Lecturer, AIIMS, Delhi. The afternoon session on 'Current trends and practices in contraceptive methods and Hands on skill on IUCD insertion' was covered by Mrs Merlin Mary James, Tutor, Rufaida College of Nursing, Jamia Hamdard, Delhi.

**DAY 5:** The day started with a session on 'Current Government-initiated programmes related to mother and child' by Dr Nanthani Shubbaiya, Asst Professor, National Institute of Health & Family Welfare. Session on 'Introduction of TNAI's Neonatal Skin Care Guidelines' was taken by Mrs Evelyn P Kannan, Secretary General & Director, CEP, TNAI. Thereafter, Post-test was given to the participants by Mrs Sanghamitra Sawant, Asst Secretary General, TNAI.

**Concluding Session:** Mrs Evelyn P Kannan, Secretary-General, TNAI took the Participants Remarks. The workshop resume was presented by Mrs Sanghamitra Sawant, Asst Secretary General, TNAI.

Certificates were distributed by the Secretary General, TNAI. The Valedictory session concluded with vote of thanks by Mrs Vatchala Dinakaran, Asst Secretary General, TNAI.

1. Mrs Evelyn P Kannan, Secretary-General, TNAI
2. Mrs Sanghamitra Sawant, Asst Secretary General, TNAI's CIN-ECH, Greater Noida



### **World AIDS Day: 1 December**

Every year in all parts of the world on **1 December** is organized as **World AIDS Day** with a view to raise the public awareness on Acquired Immuno Deficiency Syndrome (AIDS), a pandemic disease attributed to the infection of Human Immunodeficiency Virus (HIV). On this day government and non-government organisations, civil society groups and other health institutions organise discussions, conferences and speeches on issues related to nature, spread and prevention of the AIDS. The World AIDS Day theme for 2017 is, *Increasing Impact through Transparency, Accountability, and Partnerships. The prevalence of HIV is continuously on the increase; those living with HIV today are twice the number ten years ago.*

People also need to be educated about certain myths related to transmission of HIV doing the rounds. For it has been well proved that just 0.5 percent of babies born to HIV mothers have HIV. Further, it has no impact on longevity; most persons with HIV have normal life expectancy. Towards attainment of Sustainable Development Goals, UNAIDS is leading the global efforts, the aim is to end AIDS as a public health threat by 2030.

The first cases of HIV were revealed over 35 years ago. Since then, 78 million people have become infected with HIV and 35 million have died from AIDS-related illnesses. The tagline of 2017 World AIDS Day campaign is, *My Health, My Right.*

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### **International Day of Persons with Disabilities: 3 December**

World over, one billion people – which makes it 15 percent of global population – suffer from one disability or another; otherwise such persons may be as capable as others without disability. However, across many communities there is tendency among people to marginalise persons with disabilities from mainstream, ignoring that the less privileged also have their rights, and entitled to dignified life and that it shall be eventually in interest of society to integrate disabled persons.

It is to impress the mankind's overall benefit that the United Nations along with the World Health Organisation (WHO) started a mission to enhance the quality of life for people with disabilities through national, regional and global efforts and to raise awareness about the magnitude and consequences. To this end, 3 December is celebrated as the International Day of Persons with Disabilities, the theme for 2017 being *Transformation towards Sustainable and Resilient Society for All.*

Building on many decades of UN's work in the field of disability, the Convention on the Rights of Persons with Disabilities, adopted in 2006, has further advanced the rights and well-being of persons with disabilities in the implementation of the 2030 Agenda for Sustainable Development and other international development frameworks, such as the Sendai Framework for Disaster Risk Reduction, the Charter on Inclusion of Persons with Disabilities in Humanitarian Action, the New Urban Agenda, and the Addis Ababa Action Agenda on Financing for Development.

In the context of welfare of the persons with disabilities, the UN's 2030 Agenda pledges to "leave no one behind". Persons with disabilities, as both beneficiaries and agents of change, can fast track the process towards inclusive and sustainable development and promote resilient society for all, including in the context of disaster risk reduction and humanitarian action. Further, the Governments, persons with disabilities and organisations working in this area need to work in unison to achieve the Sustainable Development Goals.

The UN plan to guide actions includes: optimising HIV prevention, diagnosis, treatment and care outcomes, leveraging broader health outcomes through HIV responses, building strong and sustainable health systems, improving the availability and quality of HIV-related medicines and diagnostics tools, providing technical support to countries to build national capacity, and monitoring and reporting on progress in the health-sector response towards achieving universal access to HIV services.

## OBITUARIES

### **Mrs Jaiwanti Madhukar Sathe**

Mrs Jaiwanti Madhukar Sathe, 90 years old Nurse Professional, breathed her last on 10 July 2017 at Ruby Hall Clinic, Pune (MS). She was undergoing treatment for diabetes since many years. A TNAI member, Mrs Jaiwanti had her Diploma in Ward Sister (Ward Administration, Ward Teaching & Supervision) from the Mid-India Board of Examiners of the Nurses League of the CMAI, Indore in 1971. Mrs Jaiwanti spent most years of her professional life at two charitable hospitals: one in Ajmer (Raj) for 26 years and another in Pune (MS). Her husband, Mr Madhukar Balwant Sathe also worked with her at the two hospitals.



Mrs Jaiwanti was held in great regard by the family members and relatives. She actively participated in social and other activities of the two hospitals she served. She was highly respected by patients in her charge and their families. May her soul rest in peace!

### **Capt Vadivelu Vidya**

Loss of a very young one is particularly hard to bear!

Born on 21 December 1987, Capt Vadivelu Vidya left for heavenly abode on 4 September 2017. At an age when most persons are at the entry of their career, her loss has come as rude shock to the family and Military Nursing Service personnel. She was last posted to MH Ambala (Haryana) as Senior Sister. She hailed from Coimbatore (TN), and is survived by her husband and a son.



Trained at School of Nursing, Command Hospital, Central Command Lucknow (UP), Capt Vadivelu Vidya was commissioned in MNS on 1 March 2010. She was intelligent, compassionate, humble and excellent bedside nurse known for her dedication and devotion. VSM Addl DG MNS and officers of MNS along with entire nursing fraternity mourn her untimely demise and express condolences to the grief-stricken family. May God, the Almighty, grant peace to the noble soul and strength & courage to the bereaved family to bear the irreparable loss!

## **Your Updated Mailing Address Required at TNAI HQrs**

Important information to all Members: You may receive copies of *TNAI Bulletin* only after submitting the complete mailing address afresh!

We have been observing for quite some time that copies of *TNAI Bulletin* are not reaching the proper persons for many reasons, mainly because the address in TNAI records is not got updated by the subscribers with their change of residence. In many instances, the subscribers furnished the Institute's address where they last studied and it was never got corrected later. This leads to massive wastages. It has therefore decided not to mail any copies to individuals at Institutional address unless the copies are meant only for the particular Institution.

It has therefore been decided to follow a reverse strategy, by mailing copies of *TNAI Bulletin* only to those members who submit their addresses again. All the members are not requested to kindly furnish their latest address afresh, including the PIN code of the area and also indicate their email ID. Following format may kindly be adopted:

Name: \_\_\_\_\_

TNAI Membership No.: \_\_\_\_\_

Complete Address with PIN code: \_\_\_\_\_

Email ID: \_\_\_\_\_

The above information can also be sent by email to: [membership@tnaionline.org](mailto:membership@tnaionline.org).

## **Provisional Ballot Paper – TNAI Kerala State Branch Election-2017**

<b>Office</b>	<b>Name and Address of the Contestant</b>	<b>Voter's X</b>
President	Prof. Sunitha PC (Sunitha Vijayakrishnan), TNAI No – 127428, Principal, JDT Islam College of Nursing, Vellimadukunnu, Kozhikode - 673012	
Vice-President	Dr Sona PS, TNAI No – 67722 Assistant Professor, SIMET College of Nursing, Thriuvananthapuram – 695035	
Secretary	Dr Riaz KM, TNAI No – 168192 Assistant Professor, Govt. College of Nursing Thrissur – 680596	
Joint Secretary	Mr Biju SV Jyothi Veeralam, TNAI No – 93630 Attingal PO - 695101	
Treasurer	Mrs Renu Susan Thomas, TNAI No – 83302, Associate Professor, SIMET College of Nursing, Palluruthy, Kochi - 682002	
SNA Advisor	Mr Aneesh D, TNAI No – 132868, Assistant Professor, Upasana College of Nursing, Puthuchira, Industrial Estate Po, Kollam - 691589	
Chairperson - Nursing Education Section	Prof Dr Sindhu Devi M, TNAI No – 40785, Principal, Sree Sudheendhra College of Nursing, Ernakulam - 682302	
Chairperson Programme Committee	Mr Thasleem Sabith K, TNAI No – 263939, Assistant Professor, Govt. College of Nursing, Thrissur – 680596	
Chairperson Membership Committee	Mr Ameer Ali KE, TNAI No – 91993, Assistant Professor, Govt. College of Nursing, Ernakulam - 683503	
Chairperson - Nursing Service Section	Mrs Lisha L, TNAI No – 89024, Staff Nurse Gr – II, Govt. Medical College Hospital, Parippally, Kollam - 691574	
Chairperson – Public Health Section	Prof Preetha MK, TNAI No – 32555, ACME College of Nursing, Pariyaram, Kannur – 670503	
Chairperson – Socio Economic Welfare	Prof Pramina Mukkolath, TNAI No – 91993, Professor, Baby Memorial College of Nursing, Kozhikode - 673016	

Dr Philomina Jacob, Returning Officer  
TNAI Kerala State Branch Election 2017  
Principal, Welcare College of Nursing, Vettikkal PO,  
Mulanthuruthy - 682314 (Kerala)

### **Instructions**

As per the TNAI Constitution, Rules & Regulations & Bye-Laws page no 56-64 State Branch Election Procedure (Revised and approved by Council/HOD 2012, it is expected that the Voters/Members are well versed with the TNAI Rules and Regulations and Byelaws related to the State Branch Elections. A copy of the same is available with the Returning Officer for ready reference.

1. For the offices of President and Secretary all valid nominations are included, for other offices, the names of three members having the highest number of nominations are included in the provisional ballot paper.
2. The Election will be held in General Body Meeting of the Kerala State Branch of TNAI on 20 January 2018 at Renewal Centre, M Kaloor, Ernakulam between 10 am to 4 pm.
3. No one shall be allowed to vote before or after the scheduled time of voting.

4. The Provisional Ballot Paper is published for the information of the members. A separate (final) Ballot Paper will be given to the voter(s) on the day of Elections.
5. Only the Life members of TNAI are eligible to vote whose names will be on Kerala State Branch Membership list.
6. All the Voters are requested to bring their TNAI New Life membership card (with Photo)/receipts of TNAI membership issued by the TNAI Headquarters, along with Photo identity i.e. Election card /PAN Card/Driving License etc before entering the hall for voting.
7. The Returning Officer can be approached for any query about the election. No addition of the contestant will be made to the final ballot paper.
8. Any contestant wishing to withdraw from any office of contest should inform the Returning Officer latest by 31 December 2017 in writing at the following address: Dr. Philomina Jacob, Returning Officer, TNAI, Kerala State Branch Election 2017, Principal, Welcare College of Nursing, Vettikkal PO, Mulanthuruthy, Kerala. Contact No - 9496313300.
9. Please Mark the envelope "Provisional Ballot Paper--TNAI Kerala State Branch Election-2017."
10. Please note that: (a) No canvassing shall be permitted on the day of election; (b) No person other than the voter (s) shall be permitted with in the area of the polling booth.

**Note:** Those who are not having TNAI New Membership cards are requested to get the new membership card from TNAI Headquarters. A copy of the new TNAI membership card application form is as follows:

## TNAI New Life Membership Card

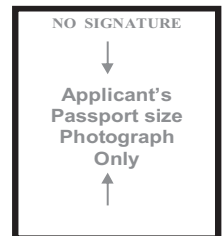
Members who are already enrolled with TNAI and would like to have new Computerized photo-ID Membership Card, are requested to fill in the new Application Form along with a payment of Rs.150/- through Demand Draft, drawn in favour of "The Trained Nurses Association of India, New Delhi" and send it to TNAI Headquarters. Application Form can be downloaded from TNAI Website: [www.tnaionline.org](http://www.tnaionline.org) or write to us. Else, they may send their request in the following format.



### Application form for New Computerized Membership Card



**The Trained Nurses' Association of India**  
 Incorporating Student Nurses' Association, The Health Visitors' League and Midwives & Auxiliary Nurse – Midwives Association  
 L - 17, Florence Nightingale Lane, Green Park, New Delhi – 110 016.  
 Tel.: 91-11-26566665, 26966873, 26534765. Telefax: 91-11-26858304  
 Email: [membership@tnaionline.org](mailto:membership@tnaionline.org), [tnai\\_2003@yahoo.com](mailto:tnai_2003@yahoo.com), Website: [www.tnaionline.org](http://www.tnaionline.org)



- Instructions for Applicants**
- Write with **ball pen (black)** in CAPITAL LETTERS only with one letter in one box.
  - Each word should be separated by one blank box.
  - Applicant should sign in full, clearly within the boxes provided.
  - Incomplete form will be rejected.

Applicant's full Signature

<b>TNAI Membership No.</b> _____				
<b>NAME:</b> _____				
<b>Address :</b> _____ _____ _____				
<b>Date of Birth</b>	□ □	□ □	□ □	□ □
Please <b>do-not</b> sign on the photograph.				

Ph.....

Email:.....

## Nomination Sheet: TNAI Madhya Pradesh State Branch Election 2018

Post	Name and Address of the Nominee
President	
Vice President	
Secretary	
Treasurer	
SNA Advisor	
Chairperson – Programme Committee	
Chairperson – Nursing Service Section	
Chairperson – Public Health Section	
Chairperson – Nursing Education Section	
Chairperson – Membership Committee	
Chairperson – Socio-Economic Welfare	
Representative - LHV / ANMs	

Nominator's Signature: .....  
 Nominator's TNAI No.....  
 Nominator's Name & Address:.....  
 .....

[(As per the TNAI Constitution Rules & Regulations and Bye-laws (Revised and approved by Council/HOD 2012)]

1. Last date for receiving Nominations is **17<sup>th</sup> January 2018** (6 weeks from the date of Publication).
2. The election of all the office of the Branch shall be held at the annual or biennial meeting of the Branch.
3. Returning Officer and Election Committee members are not eligible to contest for election.
4. Both the nominator as well as nominee shall be a life member of TNAI.
5. The members holding office positions in TNAI shall not hold office positions in parallel Nursing organizations and vice versa. For acquiring the new post the members will have to relinquish the former post.
6. A member working and residing in a state or Union Territory shall be the member of the branch of



- TNAI. In case of temporary change of resident e.g. study; deputation etc. for a period of more than a year, the member shall be given an option for changing his/her membership to the temporary place of resident after informing the headquarters and the former and latter state branches.
7. The nominator and nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.
  8. The members who are residing outside the country and state shall not be eligible for contesting election.
  9. Members who are or had been involved in litigation which the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere. You need to provide self declaration for it.
  10. Outgoing office bearers shall be eligible for re-election for one more term.
  11. Any life member of TNAI may make nominations for all the offices of the TNAI State/UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time. A break of four years after two consecutive terms (8 years) is necessary for the President/Secretary of the branch.
  12. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
  13. The nomination sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
  14. Please mark the envelope “**Nomination sheet-TNAI Madhya Pradesh State Branch Election 2018.**”
  15. Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address: **Prof (Mrs) Smriti Lata Chakraborty, Returning Officer, MP State Branch TNAI, B-93/1, B- Sector, Vijaynagar, Lalghati, Bhopal-462030 (Madhya Pradesh).**

## **Election Result: TNAI Assam State Branch 2017**

The elections of TNAI Assam State Branch were held on 13 October 2017 at GNM Training School, Darrang, Mangaldoi, Assam. The following office bearers were declared elected: **1. President:** Mr Sonaram Nath, TNAI No - 118754, Matron Nagaon Civil Hospital, Nagaon. **2. Vice President:** Mrs Morjina Begum, TNAI No - 7691, Sr Tutor, School of Nursing, KCH, Tezpur. **3. Secretary:** Mrs Anjali Hazarika, TNAI No - 15953, Lecturer, RNC, Guwahati. **4. Asst. Secretary:** Ms Rupa Thamseen, TNAI No - 28255, Sister Incharge, GMCH, Guwahati. **5. Treasurer:** Sr Elsy PJ, TNAI No - 55886, Principal, St Jerosa School of Nursing, Dibrugarh. **6. SNA Advisor:** Ms Illu Hazarika, TNAI No - 15923, Principal, School of Nursing, Hilakandi. **6. Chairperson - Programme Committee:** Ms Jean Mathew, TNAI No - 15841, Principal, Satribari School of Nursing, Guwahati. **7. Chairperson - Nursing Service Section:** Ms Sukla Sarkar, TNAI No - 57717, Incharge, MMCH, Guwahati. **8. Chairperson - Public Health Section:** Ms Papor Pathok, TNAI No - 257941, Principal, Nemcare, School of Nursing, Guwahati. **9. Chairperson - Nursing Education Section:** Dr Arunjyoti Baruah, TNAI No - 74633, Associate Professor & HOD of Psy. Nursing, LGBRIMH, Tezpur. **10. Chairperson - Membership Committee:** Ms Anita Choudhury Dutta, TNAI No - 56368, Sr Tutor, School of Nursing, SMCH, Silchar. **11. Chairperson - Socio-Economic Welfare:** Mrs Anubala Das, TNAI No - 125931, PHN School Health Programme, Sonitpur, Tezpur.

**Mrs Eba Basumatary, Returning Officer**  
**TNAI Assam State Branch 2017**  
**Principal, School of Nursing, Baptist Christian Hospital**  
**Tezpur, Dist. Sunitpur - 784001 (Assam)**

## जन सहयोग धार देगा स्वच्छ भारत अभियान को

सड़क किनारे या किसी दीवार के सहारे पेशाब करने या रेल की पटरी किनारे निबटने जैसे असभ्य तौरतरीकों से इनके किरदार न केवल वातावरण को दूषित करते हैं बल्कि अवांछित, आपत्तिजनक परिपाटियों को बरकरार रखते हैं। माना कि सार्वजनिक शौचालयों का नितांत अभाव है तो भी अनेक लोगों को घर में या या बाहर शौचालय होने के बावजूद खुले में निबटना ही रास आता है।

साफ-सफाई बरतने से बीमारियों का प्रसार थमता है, फिजाएं सकारात्मक बनती हैं, उत्पादकता बढ़ती है, जीवन की गुणवत्ता उच्च होती है और कार्यनिष्पादन बेहतर होते हैं। विभिन्न पूजा-अर्चनाओं आदि में पहले साफ-सफाई का विधान है। सभी अनुष्ठानों में नहा धो कर, धुले वस्त्र धारण कर, आचमन से पुनः शुद्धि की जाती है। साफ सफाई को प्रभु की स्तुति के बाद दूसरे स्थान पर रखा जाता है। कुछ की राय में सफाई बरतना स्वयं में स्तुति है।

लोकजीवन तथा अन्य प्रकरणों में शौच आदि की चर्चा को हेय न समझते हुए इस विषय पर खुल कर विचार हो, इस आशय से 2001 में 15 सदस्य-संस्थाओं वाले वर्ल्ड टॉयलेट संगठन (डब्लूटीओ) की स्थापना हुई थी। तब से 151 संस्थाओं की सदस्यता वाला यह निकाय अभिनव परियोजनाओं, शोधकार्य आदि के जरिए संयुक्त राष्ट्र के स्वच्छता संबंधी एमडीजी (मिलेनियम डेवेलपमेंट गोल) की अनुपालना में कार्यरत है। आपसी विचार-विमर्श और गठजोड़ से शौचालयों की दशा सुधारने के उद्देश्य से डब्लूटीओ शिखर सम्मेलन आयोजित करता रहता है, आगामी आयोजन आस्ट्रेलिया के मैलबॉर्न में 20-21 नवंबर को होने जा रहा है, इसमें प्रमुख वक्ताओं मिस्टर टॉयलेट के नाम से सुविदित डब्लूटीओ के संस्थापक जैक सिम भाग लेंगे।

शौचालयों की उपलब्धता और इनके सही रखरखाव के जनजीवन की दुरस्ती में खास मायने इसलिए हैं कि विशाल पैमाने में व्याप्त डायरिया, गैस्ट्रोएंटेरिस, एनीमिया, पीलिया आदि का प्रमुख कारण उचित साफ-सफाई का अभाव है। जनजीवन में स्वच्छता के जागरुकता प्रोत्साहित करने के लिए संयुक्त राष्ट्र (यूएनओ) 19 नवंबर का दिन बतौर विश्व टॉयलेट दिवस मनाता है। साफ-सफाई की उपेक्षा का एक संकेतक यह है कि संप्रति विश्व में मोबाइल फोन के उपयोगकर्ता 63 फीसद हैं जबकि शौचालयों का उपयोग करने वाले मात्र 47 फीसद हैं। संयुक्त राष्ट्र का अनुमान है कि उचित शौचालयों को व्यवहार में लाने से सालाना विकासशील देशों के दो लाख बच्चों को मौत से बचाया जा सकता है। एसा करने से 260 अरब डालर की बचत भी होगी।

यूएनओ मानता है कि खुले में शौच जाना न केवल लोक स्वास्थ्य की चुनौती है वरन् यह प्रथा मानवीय गरिमा के खिलाफ है, महिला सुरक्षा को जोखिम में डालती है और उनकी गोपनीयता का उल्लंघन करती है। इसीलिए यूएनओ सदस्य देशों से अपेक्षा रखता है कि बेकार जल के प्रबंधन सहित समुचित स्वच्छता कार्यनीतियां ईजाद की जाएं।

भारत में हालांकि साफसफाई की शुरुआत 1986 में केंद्रीय ग्रामीण स्वच्छता कार्यक्रम से हुई किंतु व्यवस्थित तौर पर कार्यक्रम संपूर्ण स्वच्छता आंदोलन (टीएससी) 1999 से चल रहा है। इसका

लक्ष्य था समूचे देश में शौचालयों का जाल बिछा दिया जाए ताकि खुले में शौच की प्रथा खत्म हो जाए। टीएससी में खामियों के निराकरण के लिए इसे निर्मल भारत अभियान के रूप में चलाया गया, इसके तहत बेहतरीन स्वच्छ घरों, ब्लाकों व ग्राम पंचायतों को निर्मल ग्राम पुरस्कारों से नवाजा गया। अपेक्षित नतीजे न दिखने से मौजूदा सरकार ने स्वच्छता के पुरजोर समर्थक महात्मा गांधी की जन्मतिथि 2 अक्टूबर को 2014 में देशव्यापी स्वच्छ भारत अभियान का श्रीगणेश किया गया, निजी और सार्वजनिक क्षेत्र के उपक्रमों ने इस मुहिम को, विशेषकर स्कूली शौचालयों को ध्यान में रखते हुए सीएसआर के जरिए तथा अन्यथा पुरजोर समर्थन दिया।

सर्वविदित है कि स्वच्छ जीवनशैली तौरतरीकों का संबंध आर्थिक संपन्नता, शिक्षा और जागरूकता से है। वाशिंगटन स्थित अमेरिकन युनिवर्सिटी की अध्यक्ष सिल्विया मैथ्यू बर्नवेल की मानें तो लोगों को मौत से बचाने में पिछले 200 वर्षों में शौचालयों की स्थापना से बेहतर पहल कोई नहीं रही किंतु हमने इस कार्य को आगे नहीं बढ़ाया, इसकी कवरेज एक तिहाई दुनिया तक सिमट कर रह गई।

जरूरत है कि स्वच्छता के अनगिनत लाभों का संदेश जन-जन तक पहुंचाया जाए। सरकार पूजा-अर्चना स्थलों को ऐन सामने शौचालय निर्मित करने की शर्त रख कर इस अभियान में मदद करने पर विचार कर सकती है।



## ATTENTION MEMBERS !

Although we take utmost care in checking the veracity of facts mentioned in the advertisements, yet readers are requested to make appropriate enquiries and satisfy themselves before acting upon any advertisement.

- Chief Editor

## MERITORIOUS

### Maj Gen Elizabeth John

Maj Gen Elizabeth John has taken over as Additional Director General, Military Nursing Service on 1 October 2017.

Born to parents from Thiruvalla (Kerala), her father was a veteran of Indian Army having participated in World War II. She completed Post graduation from CMC Vellore (Madras University), MPhil from RAK College of Nursing (Delhi University) and PGD HHM from IGNOU.

She was commissioned in 1979. The General Officer is alumnus of the College of Nursing, AFMC Pune. She has excellent teaching skills and record and held appointments in many teaching institutes of AFMS besides having mentored many nursing graduates.

A compassionate and dedicated officer, she has a person of good soft skills, tactful, great team player, motivator and impressive orator with leadership skills; she managed human resource optimising nursing services. In recognition of her meritorious services in nursing profession, the General Officer was awarded GoC-in C (WC) commendation card twice in 2003 and 2013 and also conferred National Florence Nightingale award in 2016.

The General Officer has been endeavouring to enrich the legacy of brand of MNS by motivating and guiding nursing officers for better patient care outcomes.



## The 11th World Congress on Adolescent Health, Held during 27- 29 October 2017 at New Delhi: A Report

The 11th World Congress of the International Association of Adolescent Health (IAAH) on Adolescent Health with focus on 'Investing in adolescent health – the Future is now' was held in New Delhi, from 27-29 October 2017. It was hosted by Mamta Health Institute for Mother and Child, and the Public Health Foundation of India (PHFI) with support of the Ministry of Health & Family Welfare, Government of India.

The IAAH formally invited the TNAI as a professional association partner of the Congress. We were part of National Organising Committee and attended many meetings organised by IAAH in Delhi. We promoted the Congress by advertising this information through *NJI*, *TNAI Bulletin*, TNAI website and through letter to all the Council members to nominate two delegates from each branch. Around 800 participants including nursing professionals from various parts of the country attended the Congress. As per the decision of the Executive Committee, Mrs Sanghamitra Sawant and Mrs Vatchala Dinakaran, Asst Secretaries attended the Congress besides three participants from Maharashtra.

IAAH included the TNAI logo on their website, backdrop and in promotional material developed for the Congress.

The inaugural ceremony on 26 October 2017 at Hotel Pullman, Aerocity, New Delhi congress was attended by Mrs Anita Deodhar, President, Ms Surekha Sama, Vice President (North Region), Dr CN Bhargavi, Hony Treasurer, Mrs Evelyn P Kannan, Secretary General, Mrs Sanghamitra Sawant and Mrs Vatchala Dinakaran, Asst Secretaries, TNAI.

Various sessions were taken by eminent professionals. The plenary keynote on "Global adolescent health: opportunities and challenges" was taken by Prof Susan Sawyer, President, IAAH; this was followed by "Adolescent health programming in India: past, present and lesson learned", "Adolescent health: a young person's perspective", "Adolescent Health – India's vision" by other eminent speakers around the world.

Other topics covered included Adolescent Health and Wellbeing, Meeting the Challenge of Global Adolescent Health, Various Issues of Adolescents like self harm in adolescents, Adolescent mothers: Too young to be neglected, free play and children's mental health, Research-based Evidences on Adolescent Health.

This conference also included the parallel symposia, facts presentations, Thematic Poster Presentation, debate, abstracts of research studies on women and adolescents.

The scientific and other sessions proved to be quite fruitful and brought out the importance of investing in Adolescent Health issues.



### IMA felicitated Senior Nurse Leaders

Every year, 1 July is observed as Doctor's Day all over the country to commemorate the birth anniversary of Dr B C Roy, the doyen of Indian medical profession.

On this day, Indian Medical Association (IMA) announces some of its National Constitutional Awards, which are conferred on medical persons of repute for their remarkable contribution to the profession and widespread benefit to the general masses.

It is a matter of pride for TNAI that Team IMA decided to confer the **IMA Eminent Nurse Award** for the year 2017 to Mrs Anita A. Deodhar, President, TNAI, Sr Gilbert FCC, former President, TNAI and Mrs Sheila Seda, former Secretary-General TNAI for their unswerving involvement in the profession.

The IMA Awards ceremony was held on 23 September 2017 at Hotel Grand, Vasant Kunj, New Delhi. At this occasion, the IMA President Dr KK Agarwal said that since 2016, IMA and TNAI decided to collaborate in the following ways:

1. Undertaking the joint health care projects.
2. Jointly participating in research, and publication of articles in journals of IMA and TNAI.
3. Preparing a code of conduct on Doctor - Nurse Relationship.
4. Felicitating the distinguished nurses and doctors during the respective annual conferences.

On behalf of IMA, the awardees were felicitated with mementoes by Dr Jayshree Ben Mehta, President of the MCI along with Dr KK Agarwal, President and Dr RN Tondon, Hony General Secretary, IMA. The awardees expressed their gratitude to IMA for organising such a memorable event and honouring them.

Along with awardees Mrs Evelyn P Kannan, Secretary-General, TNAI and Mr Ajinas AM, Assist Secretary-General attended the function.

*Prepared by: Mr Ajinas AM, Asst Secretary, TNAI*



## **The World Congress of Mental Health 2017: A Report**

The World Federation for Mental Health (WFMH) organised the World Congress of Mental Health and an International Conference for first time in the Asian region, at Ashok Hotel, New Delhi during 2-5 November 2017 with TNAI as professional partner.

Earlier, the Organising Chairperson, Dr Sunil Mittal and Dr NK Bohra of WFMH had invited TNAI to be a professional partner for the International Conference. In this context, TNAI held a meeting with Mental Health Nursing Experts from various institutes of Delhi with the Organising Chairperson of the Congress on 28 September 2017 and Ms Surekha Sama, Vice President, North Region, TNAI as chairperson. The TNAI contributed to successful conduct of the Congress/ Conference by inviting abstracts of papers, scientific paper presentation and poster presentation through its website, Facebook page and correspondence with nursing colleges conducting PG programme. Out of five papers received, three were selected for oral presentation and one for poster presentation and by the scrutinising committee.

The TNAI closely collaborated with the conduct of panel discussion and symposium on Role of Mental Health Nurse in Promotion of Mental Health and Prevention of Mental illness on 5 November 2017, moderated by Prof Dr Bimla Kapoor, Dean at ILFS Skill Health Academy & former Director of School of Health Sciences, IGNOU, New Delhi.

**I.** The following topics were taken up by the panelists.

- Promotion of Mental Health by Dr Deepika C Khakha, faculty, College of Nursing, AIIMS.
- Coping up with Stress by Mrs Bindu Shaiju, Asst Professor, College of Nursing, Jamia Hamdard, New Delhi.
- Early diagnosis and treatment - Strategies to Reduce Stigma by Mrs Annie Kumar, faculty, Lady Hardinge Medical College, New Delhi.
- Continuum of Care by Dr Mrs Raminder Kalra, Principal, Holy Family College of Nursing, New Delhi.

**II.** The Symposium on Emerging Need of Mental Health was moderated by Dr (Mrs) Raminder Kalra.

- Child and Adolescent Mental Health by Ms Surekha Sama, Vice President, North Region.

- Geriatric Mental Health by Mrs Veena Sharma, Associate Professor, faculty of Nursing, Jamia Hamdard, New Delhi.
  - Prenatal and Postnatal Mental Health by Dr AT Kora, Nursing Superintendent, St Stephens Hospital, New Delhi.
- III.** Liaisoning by Mrs Mitali Biswas, Head, Psychiatric Nursing Department, RAK College of Nursing New Delhi.
- IV.** Substance Use Disorder by Dr Sumity Arora Tarafdar, Asst Professor, Holy Family College of Nursing, New Delhi.
- Both these sessions were coordinated by Mr Ajinas AM and Mrs Vatchala Dhinakaran, Asst Secretaries at TNAI.



	<p align="center"><b>ACADEMY OF HOSPITAL ADMINISTRATION</b>  <b>AHA HOUSE-C-56/43, INSTITUTIONAL AREA, NOIDA, UP-201301</b>  <b>TEL: 0120- 4233761-62 &amp; 2401496</b>  <b>Email: <a href="mailto:ahaindia@ahaindia.org">ahaindia@ahaindia.org</a>; <a href="mailto:admin@ahaindia.org">admin@ahaindia.org</a></b>  <b>website: <a href="http://www.ahaindia.org">www.ahaindia.org</a></b></p>
<p align="center"><b>Institute of Healthcare Management, Training and Research</b>  <b>[A "Premier and most preferred destination"]</b></p>	
<p align="center"><b>ANNOUNCES HEALTH INDUSTRY JOB ORIENTED COURSES</b>  <b>FOR YEAR -2017-2018</b></p>	
<p><b>SHORT TERM LEARNING COURSES</b></p>	
<p>➤ <b>ADVANCE NURSING CARE &amp; QUALITY MANAGEMENT PROGRAMME – (6 days) - Every Quarter – 3 Prog in a Year</b>  <b>Eligibility</b> : Nursing professionals engaged in planning and management of nursing care and nursing services at unit or sub-unit level in any health care institution, belonging to Government, Public or Private Sectors. Teaching staff in nursing schools/colleges are also welcome.</p>	
<p><b>LONG TERM TRAINING PROGRAMMES [UGC RECOGNISED]</b></p>	
<ul style="list-style-type: none"> <li>• MBA – Hospital Administration – 2 Years</li> <li>• MBA – Hospital Administration – 1 Year- Lateral Entry Programme for PG Diploma Holders  <b>[Through Open and Distance Learning with Intermittent Classroom Contact Programmes]</b>  – Admission Open for June -2017 batch</li> </ul>	
<p><b>LONG TERM TRAINING PROGRAMMES [AHA PROGRAMMES] -(All courses run by AHA and Certificate AWARDED BY AHA)</b></p>	
<ul style="list-style-type: none"> <li>• PG Diploma in Healthcare Operations and Quality Management [PGDHO&amp;QM] – 11 Months</li> <li>• PG Diploma in Health and Law – [PGDHL] – 11 Months</li> <li>• PG Certificate in Quality Management Accreditation of Healthcare Organization [QM&amp;AHO] – 6 Month - [Every year Jan &amp; Sept] - Admission open for 32<sup>nd</sup> Batch of Jan 2018. Last date: 31 December 2017.</li> </ul>	
<p align="center"><b>[Through Open and Distance Learning with Intermittent Classroom Contact Programmes]</b></p>	
<p><b>Eligibility</b> : CEO, COO, Hospital Managers , Medical Superintendents, DMS, Healthcare Quality Programme Officers , Nursing Superintendents, Hospital Inflectional Control Officers &amp; Nurses, House Keeping Managers, NABH Hospital Assessors , HCO Quality Consultants. Faculty Staff.</p>	
<p align="center">For details click : <a href="http://ahaindia.org/courses">http://ahaindia.org/courses</a></p>	

## Corrigendum

In the Nomination Sheet: TNAI Maharashtra State Branch Election 2017 (TNAI Bulletin, November 2017, Vol. 6, No. 11, pages 170/171), two corrections may kindly be noted:

1. At page 170, under the column 'Post', in last, three new positions may be deemed to be added after the last entry, viz. Chairperson-Nursing Research, Representative-LHV, Representative-ANM.
2. At page 171, under SI. No. 15 the text may be read as: "Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address: **Mrs Aika Dilip Kalambi, Ex Principal, LT College of Nursing, SNDT Women's University, Churchgate, Mumbai -400 020; Residential address: 2nd Floor, Laxmi Nivas, Nivas Road, Saraswat Colony, Santacruz West, Mumbai-400 054.**

## Nomination Sheet: TNAI Chandigarh State Branch Election 2018

Post	Name and Address of the Nominee
President	
Vice President	
Secretary	
Treasurer	
SNA Advisor	
Chairperson - Programme Committee	
Chairperson - Nursing Service Section	
Chairperson - Public Health Section	
Chairperson - Nursing Education Section	
Chairperson - Membership Committee	
Chairperson - Socio Economic Welfare	
Chairperson - Nursing Research Section	
Chairperson - ANM Section	
Chairperson - LVH Section	

Nominator's Signature \_\_\_\_\_  
 Nominator's TNAI No. \_\_\_\_\_  
 Nominator's Name and Address \_\_\_\_\_  
 \_\_\_\_\_

[(As per the TNAI Constitution Rules & Regulations and Bye-laws (Revised and approved by Council/HOD 2012)]

1. Last date for receiving Nominations is **17 January 2018** (6 weeks from the date of Publication)
2. The election of all the office of the Branch shall be held at the annual or biennial meeting of the Branch.
3. Returning Officer and Election Committee Members are not eligible to contest for election.
4. Both the nominator as well as nominee shall be a life member of TNAI.
5. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations

- and vice versa. For acquiring the new post the members will have to relinquish the former post.
6. A member working and residing in a state or Union Territory shall be the member of the branch of TNAI. In case of temporary change of resident e.g. study; deputation etc. for a period of more than a year, the member shall be given an option for changing his/her membership to the temporary place of resident after informing the headquarters and the former and latter state branches.
  7. The nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.
  8. The members who are residing outside the country and state shall not be eligible for contesting election.
  9. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
  10. Outgoing office bearers shall be eligible for re-election for one more term.
  11. Any life member of TNAI may make nominations for all the offices of the TNAI State/UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time. A break of four years after two consecutive terms (8 years) is necessary for the President/Secretary of the branch.
  12. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
  13. The nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
  14. Please mark the envelope "Nomination sheet – TNAI Chandigarh State Branch Election 2018".
  15. Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address: **Dr Kavita Gauri, Returning Officer, Chandigarh State Branch Election 2018, Lecturer, NINE PGIMER, Sector-12, Chandigarh – 160012.**

## Lodging at TNAI Headquarters Made Easier

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

**TNAI Members: Rs. 600/-**

**SNA Members: Rs. 250/-**

**Non-Members: Rs. 900/-**

**Children below 5 yrs: No charges**

**Children 6-12 yrs: Rs. 150/-**

However, due to limited beds, interested members may get the booking done in advance.

*Secretary-General, TNAI*

### TNAI BULLETIN

Monthly Newsletter of

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