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THE TRAINED NURSES' ASSOCIATION OF INDIA

TNAI BULLETIN



VOL. 6 No. 8 AUGUST 2017

TNAI Surging Fast Forward towards Welfare of Indian Nurses

e are delighted to announce that after years of our efforts, the Protector General of Emigrants, Ministry of External Affairs has recently approved TNAI as a certified recruitment agent with vide Registration number B-0841/DEL/SOCIETY/1000+/5/9255/2017 to place nurses for abroad. We at TNAI are streamlining the process of recruiting, the relevant software for same are being likely to be developed in a couple of months, after which the nurse applicants shall be enabled to apply through TNAI website. TNAI took this initiative to bring an end to the exploitation of nurses from the various authorised/an authorised recruiting agents.

Breastfeeding Week: Both tradition and science have established that mother's milk is a perfect feed for the infant with no match in terms of essential nutrients as well as palatability – and at temperature just appropriate for the baby. Further, breastfeeding mothers also benefitted in big way by warding off themselves from many diseases. It is in this backdrop that every year during 1-7 August, World Breastfeeding Week (WBW) is celebrated globally to encourage breastfeeding and improve the health of infants in all regions. This year's WBW theme is, *Sustaining Breastfeeding – Together*. Related to the theme, TNAI is organizing a one-day workshop on same theme on 4 August at its New Delhi Headquarter, and a conference on 6 August in collaboration with Association of Lactation Professionals India (ALPI). As per its mandate, TNAI is committed to work steadfastly towards attaining the SDG goals by 2030.

As you are aware, in fulfillment of its objective of ensuring fair deal for Nurses in the country, TNAI has been consistently taking various initiatives, the major one in preceding years being filing of petition in the Supreme Court in 2011. The apex court in 2013 had issued notice to Union of India and all State governments and in January 2016, a Committee was set up with TNAI as a Member to investigate the working conditions and salary structure of private hospitals. In September 2016, the committee submitted its recommendations and the Ministry of Health & Family Welfare was advised to issue necessary quidelines to be followed up in the interest of working Nurses. TNAI has since been striving hard to see

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that the guidelines are followed in earnest. Accordingly, the Health Secretaries of States are being requested to take urgent action to ensure that the malpractices in payment of wages and working conditions are rectified. A glaring example is that of Kerala, where the nurses' unrest is assuming worrisome dimensions due to low wages and unsatisfactory working conditions.

We urge all the State/ UT branch Presidents and Secretaries of TNAI to rigorously follow up with the respective departments to see that the recommendations of the concerned Committee are implemented in letter and spirit and keep us posted about the progress on this front.

(Evelyn P Kannan)

Chief Editor & Secretary General, TNAI

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सिंगल हैं तो ज्यादा हो सकता है डिमेंशिया का खतरा

लंदन के यूनिवर्सिटी कॉलेज ने हालिया दावा किया है कि अविवाहित, विधुर और विधवाओं को विवाहित व्यक्तियों की तुलना में याददाश्त क्षीण हो जाने यानी डिमेंशिया का जोखिम बढ़ जाता है।

चौदह अध्ययनों के विश्लेषण के उपरांत उक्त शोध से जुड़ी लॉरा फिप्स का कहना है कि शादीशुदा लोग अमूनन ज्यादा जीते और स्वस्थ रहते हैं जिसके लिए अनेक तथ्य जिम्मेदार होते हैं। उनके अनुसार दो होते हैं तो दोनों एक दूसरे का खयाल रखते हैं, स्वस्थ जीवनशैली अपनाने में सहायक होते हैं तथा विवाहितों में सामाजिक संवाद बेहतर रहता है और अल्जीमर्स जैसी बीमारी होने भी लगे तो आरंभिक चरण में उचित उपाय किए जा सकते हैं। फिप्स की मान्यता हैं कि अविवाहित, विवाहित और विधुर या विधवाओं की शारीरिक कियाओं और आचरण में बदलाव आ जाना स्वाभाविक है और डिमेंशिया के लिए अनुकूल परिस्थितियां बनने से इसका सीधा संबंध है।

Election Result: TNAI Gujarat State Branch 2017

The elections of TNAI Gujarat State Branch were held on 31 May 2017 at Govt. College of Nursing, New Civil Hospital Majuragate, Surat. The following office bearers were declared elected: 1. President: Mr Dipkamal B Vyas, TNAI No. 46798, C/33, Shyam Sunder Society, Vaghodiya Road, Vadodara – 390019. 2. Vice President: Mr Jayesh Andhariya, TNAI No. 117043, Sir T Hospital, Jail Road, Bhavanagar-364001. 3. Secretary: Mr Kiran Domadia, TNAI No. 49961, B/302, Abhishek Appt., B/S Vaishali Cinema, Varachha Road-395006. 4. Treasurer: Mr Vinod N Patel, TNAI No – 33917, B/7, Parna Chhaya, Ajawa Road, Vadodara-390019. 5. SNA Advisor: Mr IA Kadiwala, TNAI No - 51025, SSG Hospital, Sayajiganj, Vadodara-390005. 6. Chairperson Nursing Education and Research: Mr Kamalkant B. Halwadia, TNAI No. 37406, GCON, Sir T Hospital, Jail Road, Bhavnagar-364001. 7. Chairperson Programme Committee: Mr Hitesh R. Bhatt, TNAI No. 47500, Mental Hospital Kareli Baug, Vadodara – 390005. 8. Chairperson Membership Committee: Mr Dharmendra H. Raval, TNAI No. 35703, GGH, GCON, Jamnagar-361001. 9. Chairperson Socio Economic Welfare: Mr Jitendra Meh, TNAI No. 128602, GCON, PDU Hospital, Rajkot-360001. 10. Chairperson Nursing Service Section: Mr Babu K Prajapati, TNAI No. 108610, Nursing Superintendent, Civil Hospital, Asarawa, Ahmedabad-380004. 11. ANM/ LHV Section: Mrs Jyotsna Y Pandya, TNAI No. 27522, A/4, Pajari Appt. Near Chintan Park, Soc. Vasana, Ahmedabad-380019. 12. Zonal Representative (Saurashtra and Kutchaa): Mr Darshan Soman, TNAI No. 169140, Sir T Hospital, Jail Road, Bhavanagar-364001. 13. Zonal Representative (South Gujarat): Mr Dinesh Agrawal, TNAI No. 58175, New Civil Hospital, Majura Gate, Surat-395001. 14. Zonal Representative (Central): Mr Hasmukh D Patel, TNAI No – 64163, A/14, Deep Mangal Society, Padara, Vadodara-390022.

> Mrs Niranjana E. Amdavadi, Returning Officer, TNAI Gujarat State Branch Elections 2017 Retd. Nursing Superintendent, B/38 Rajanagar Soc. College Road, Vyara, Gujarat

TNAI BULLETIN

Monthly Newsletter of

The Trained Nurses' Association of India L-17 Florence Nightingale Lane, Green Park, New Delhi-16

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SYMBIOSIS COLLEGE OF NURSING

Senapati Bapat Road, Pune - 411004, Maharashtra (INDIA). Tel.: 020-2567 1907, 020-2565 2444 (Ext. 186), Mob.: 9960524325, 9850250943. E-mail: symbiosisnursing@scon.edu.in I Website: www.scon.edu.in



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आपको मासिक पत्रिका टीएनएआई बुलेटिन मिलने में शिकायत तो नहीं है

टीएनएआई के कुछ आजीवन सदस्यों से हमें यदा कदा शिकायत मिलती रहती है कि उन्हें मासिक बुलेटिन की प्रतियां नहीं मिल रही हैं। सभी आजीवन सदस्यों को अधिसूचित किया जाता है कि मासिक टीएनएआई बुलेटिन की प्रतियां नियमित रूप से भेजने की व्यवस्था है। आपको यदि इसकी प्रति नहीं मिल रही है तो:

- स्थानीय डाकघर में पूछताछ करें और प्रतियां नहीं मिलने की शिकायत दर्ज करें।
- यह सुनिश्चय करें कि टीएनएआई मुख्यालय को दिया गया आपके नाम और पता के विवरण में कोई त्रृटि नहीं है और यह संपूर्ण है। इसमें पिन कोड का उल्लेख किया जाना अनिवार्य है। मासिक बुलेटिन की सभी प्रतियां मुख्यालय से महीने के पहले सप्ताह में भेज दी जाती हैं। फिर भी किसी माह की प्रति आपको नहीं मिलती है तो उसी माह की 15 तारीख तक मुख्यालय को आवेदन करें, यदि संभव हुआ तो हम इसकी प्रति दोबारा भेजने का प्रयत्न करेंगे। याद रहे, उक्त तारीख के बाद मिली शिकायतों पर विचार नहीं किया जाएगा।

CHIRAYU COLLEGE OF NURSING, BHOPAL (A Unit of Chiravu charitable foundation)

CHIRAYU MEDICAL COLLEGE & HOSPITAL CAMPUS

Bhopal - Indore Highway, Near Bairagarh, Bhopal (M.P) 462030 .Tel: 0755-6556990 E-Mail: ccon@cmchbhopal.com, principalchirayu@gmail.com Web Site: www.cncbhopal.com

Recognized by INC, New Delhi & MPNRC and Affiliated to MPMSU, Jabalpur

ADMISSIONS OPEN FOR THE ACADEMIC YEAR 2017-18

PROGRAMS OFFERED

- MSc Nursing: 25 seats (5 in all specialties) M/F with Post Basic BSc / BSc Nursing with minimum 55% marks and one year experience, State Nursing Registration Compulsory.
- PB BSc Nursing: 30 scats: M/F with GNM Pass. No Experience required, State Nursing Registration Compulsory.
- BSc Nursing: 100 scats: M/F with 10+2 (PCB&E) 45% marks, Age not less than 17 years by 31st December 2017.
- GNM: 100 seats: M/F with 10+2, 40% marks, any Discipline, Age will be 17 and 35 years

APPLICATION FORM

Application form along with prospectus can be obtained on payment of Rs. 500/- and Rs. 50/- extra for postal charges. DID should be in favour of Chirayu College of Nursing, Bhopal Payable at Bhopal (MP).

Principal

Nomination Sheet: TNAI Chhattisgarh State Branch Election 2017

Post	Name and Address of the Nominee	
President		
Vice President		
Secretary		
Treasurer		
SNAAdvisor		
Chairperson- Programme Committee		
Chairperson – Nursing Service Section		
Chairperson – Public Health Section		
Chairperson – Nursing Education Section		
Chairperson – Membership Committee		
Chairperson – Socio Economic Welfare		
Chairperson – Nursing Research Section		
Chairperson – ANM Section		
Chairperson – LVH Section		
	Nominator's Signature Nominator's TNAI No Nominator's Name and Address	

[(As per the TNAI Constitution Rules & Regulations and Bye-laws (Revised and approved by Council/HOD 2012)]

- 1. Last date for receiving Nominations is **18 September 2017** (6 weeks from the date of Publication)
- 2. The election of all the office of the Branch shall be held at the annual or biennial meeting of the Branch.
- 3. Returning Officer and Election Committee Members are not eligible to contest for election.

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- 4. Both the nominator as well as nominee shall be a life member of TNAI.
- 5. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations and vice versa. For acquiring the new post the members will have to relinquish the former post.
- 6. A member working and residing in a state or Union Territory shall be the member of the branch of TNAI. In case of temporary change of resident e.g. study; deputation etc. for a period of more than a year, the member shall be given an option for changing his/her membership to the temporary place of resident after informing the headquarters and the former and latter state branches.
- 7. The nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.
- 8. The members who are residing outside the country and state shall not be eligible for contesting election.
- 9. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
- 10. Outgoing office bearers shall be eligible for re-election for one more term.
- 11. Any life member of TNAI may make nominations for all the offices of the TNAI State/UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time. A break of four years after two consecutive terms (8 years) is necessary for the President/Secretary of the branch.
- 12. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
- 13. The nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
- 14. Please mark the envelope "Nomination sheet TNAI Chhattisgarh State Branch Election 2017".
- 15. Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address: Dr (Prof) Roja Princy, Returning Officer, Chhattisgarh State Branch Election 2017, Associate Professor, PG College of Nursing, Hospital Sector, Bhilai, Chhattisgarh-490009.

ATTENTION MEMBERS!

Although we take utmost care in checking the veracity of facts mentioned in the advertisements, yet readers are requested to make appropriate enquiries and satisfy themselves before acting upon any advertisement.

- Chief Editor

Global Hospital Nursing School & SLM Global Nursing College Talhati, Abu Road, Rajasthan

WANTED

Applications are invited for the following posts. Please note that all recruitment is as per INC norms.

- 1. Principal for Nursing School
- 2. Lecturer MSc Nursing, OBG

Contact: Ph. 9414144062 (9am to 5pm) Email: ghrchrd@ymail.com

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XXVII SNA BIENNIAL CONFERENCE 2017

Dear SNA Members,

New Year Greetings from TNAI Headquarters!

May this year be the year of blessings and prosperity for all of us from the Lord Almighty. May God inspire us to work with dedication, commitment and compassion. Let this year bring personal and professional growth and progress to each and everyone.

The XXVII SNA Biennial Conference 2017 will be held at **GMCANA Auditorium**, **Guntur Medical College Campus**, **Guntur (Andhra Pradesh) from 29 November 2017 to 3 December 2017** (Pre-conference meetings: 29-30 November 2017; Inauguration of Conference: 1 December 2017; Valedictory: 2 December 2017; Sight-seeing: 3 December 2017). We request all State branches to plan and work on State Level Competitions and wholeheartedly co-operate with the host branch to make it a grand success. Additional relevant information will appear periodically in the forthcoming issues of the *Nursing Journal of India*, *TNAI Bulletin* and TNAI website (www.tnaionline.org).

The theme of the Conference is: Empowering Nurses through Advanced Technology.

A. SNA Competitions

- 1. The Scientific Paper Presentation will be based on the Conference theme
- 2. Debate on "Power Conflict and Challenges in Empowerment of Nurses"
- 3. Quiz competition on various Nursing subjects including General Knowledge
- 4. Essay Competition
- 5. Poster Presentation
- 6. On-the-Spot Painting
- 7. Floor Decoration (Rangoli)
- 8. Sports: The events are: 100 Meters Race/ Discus throw and Javelin throw
- 9. Personality Development Competitions (Mr SNA and Ms SNA)
- 10. Biennial SNA Diary Evaluation 2017 based on 2015 & 2016
- 11. Talent Night

B. Criteria for the Competitions

- **1. Scientific Paper Presentation:** The Scientific Paper Presentation will be made by the Student Nurses on the Conference theme.
 - 1. The paper should contain Introduction, Need and significance in Nursing, Statement of the Problem, Objectives, Review of Literature, Brief description of Methods and Procedures, Findings and Interpretation to be placed in one or two tables, Recommendation, Conclusion and Bibliography.
 - 2. One hard copy and soft copy in CD of the Scientific Paper containing not more than 1500 words (4-5 pages in A-4 size) should be submitted to the **State SNA Advisor by 31 July 2017**, before the State SNA Conference of the respective State.
 - 3. Best three Scientific Papers, selected at the State Level have to be forwarded by the State SNA Advisor to the **TNAI Headquarters** by **31 August 2017** for final evaluation at national level.

The author(s) of best papers, selected by the TNAI Headquarters, will be intimated for presentation at National Level SNA Conference 2017.

- 2. Debate: "Power Conflict Challenges the Empowerment of Nurses". Two participants (one to 'support' and one another to 'oppose') will be allowed from each State which may be either in Hindi or English. Time allotted will be 5 minutes (First bell at 4 minutes and Final bell at 5 minutes).
- 3. Quiz Competition: Quiz competition on various Nursing subjects including General Knowledge. General Rules
 - Direct questions will get 10 marks.
 - 2. Pass on questions will get 5 marks.
 - 3. Direct questions will have 30 seconds for answering and no extra time will be allowed for pass on questions.

- 4. First answer from each team will be entertained.
- 5. Scorer will be there and score will be displayed on a board.
- 6. The decision of the Quiz masters at the National level will be the final.

Six Teams/ 3 members per team

Rounds

- 1. Preliminary Round for all 25 MCQ questions
- 2. 30 minutes will be given Put tick mark (✓) against correct answer.
- 3. On the basis of the result, top 6 teams will be selected.

Round One (Passing round) - General Round

- · Current affair round
- Sports round
- · Cinema round
- · Literature round

Round Two (Passing round)

- · Audio Round One audio for each team
- · Audio related to medical / nursing conditions

Round Three (Non-passing round) - Subject round

5 questions per team

Subjects

- 1. Medical Surgical Nursing
- 2. Child Health Nursing
- 3. OBG Nursing
- 4. Mental Health Nursing
- 5. Community Health Nursing

Round Four (Passing round) - Visual Round

One question per team

Round Five (Non Passing round) - Rapid Fire Round

Ten questions per team (Max 1 minute for 10 questions)

4. Essay Competition

Only one individual entry either in Hindi or English will be permitted from each State. The topic will be given just before the commencement of the competition. Words limit is 1000. Candidate can write in Hindi or English. Evaluation is done by 3 experts. Time allotted will be one hour.

Criteria for Evaluation: Introduction; Relevance to the Topic; Organization of the content (Grammar, Language, Vocabulary, Spelling); Use of Examples and Current Trends; Implications; Conclusion.

5. Poster Presentation

The criteria for Poster Presentation

Size: Standard size (approx. 22"x26") for both individual and group poster presentation.

Topics: Ideas depicted in the poster should be relevant to the topics given above.

Lettering and design of the poster should be bold and big enough to be seen from a distance.

Clarity: For bringing clarity of the poster, restrict yourself to one idea relevant to the topic.

Layout of pictures in the poster must be properly balanced to give a correct sense of proportion.

No Extra fixing of clippings/cuttings or any other form on the poster.

The poster should depict originality and innovative ideas.

- **6. On-the-Spot Painting:** The topic will be announced just before the competition. Only one individual entry will be permitted from each State. Participants should bring their own painting materials, the organisers will provide only the paper. No Mechanical devices, e.g. use of stencils, etc. will be permitted. Time allotted will be **One Hour**.
- 7. Floor Decoration (Rangoli): The size is 3x3 feet. Participants will bring their own material. No mechanical

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Topics for Poster Presentation

S.No.	Category Code	Section	Topic	Mode of Presentation	Award
1	001	MCH Section	Dehydration in children: ANMs responsibilities	Poster	Sr Elizabeth Shield
2	002	Midwifery	Promotion of institutional deliveries	Poster	Ms H Chabook Shield
3	003	Anatomy and Physiology	Structure of eye	Poster	Indira Dorabji cup
4	004	First Aid & Basic Nursing Procedures	First Aid management in poisoning	Poster	Dufferin cup-1
5	005	Medical & Surgical Nursing	Organ Donation : Nurses' Responsibilities	Poster	Ms Edith Paul Shield
6	006	Paediatric Nursing	Neonatal Resuscitation	Poster	Dufferin cup-4
7	007	Psychiatric Nursing	Primary Prevention	Poster	Pramda Bajaj Shield
8	008	Community Nursing	Bioterrorism preparedness	Poster	General Chakravarty cup
9	009	Obstetrical Nursing	Monitoring fetal well being	Poster	Dettol Shield (1st Prize) Mac Naughton Lamp (2nd Prize)
10	010	SNA activities in India	SNA: Preparing future leaders	Poster	Ms Adranvala Shield
11	011	History & Trends in Nursing in India	Trends in nursing documentation	Poster	

Note:

Section 1-2 are for ANM students / MPHW (F) students.

Section 3-9 are for GNM / BSc Nursing Students.

Section 10-11 are for all categories (ANM / GNM / BSc) Nursing students.

devices e.g., use of stencils etc. will be allowed. Theme/Topic will be given on the spot. Only one individual entry will be permitted from each State. Time allotted for Rangoli will be **Two Hours**.

- **8. Sports:** The events are: 100 Meters Race/ Discus throw and Javelin throw. Competitions for these events will be held separately for **male and female contestants**. The entries selected at the state level are to be sent by the State SNA Advisor to the TNAI Headquarters for national level competition.
- **9. Personality Development Competitions:** As per the Minute No.SNA/G.C./37/2007/5(ii) **Mr and Ms SNA** Beauty Pageant Competition has been renamed as Personality Contest. The best entries (one female and one male) selected at the state level are to be sent by the State SNA Advisor to the TNAI Headquarters for national level competition.
- 10. Biennial SNA Diary Evaluation for (2015 & 2016)

Unit Level: SNA units should record the activities and to be signed by the unit SNA Secretary and unit SNA Advisor and the same to be forward to the State SNA Advisor for evaluation by **31 July 2017**.

State Level: After receiving the SNA Diary from each unit it should be evaluated at the State level. The State SNA Advisor should write remarks and with the seal and signature then, the two outstanding diaries from each State should be sent to the TNAI Headquarters by **31 August 2017** for the final evaluation.

Note: Since 1988 [Minute No. SNA-GC/18/88/3(i)], Diaries of MPHW(F)/ ANM students are evaluated separately.

Criteria: These diaries are assessed keeping in view the various unit activities, viz., professional, educational, extra-curricular, social, cultural and recreational. Proper maintenance of diary is another criterion. In general the focus of assessment is on the diversity of activities carried out by the units as reflected in the Diary. SNA to TNAI membership enrollment for two years.

11. Talent Night: Each State will be given one item for presentation at the national level. Only one best folk or classical dance either individual or group (not more than 8 members) from each State will be accepted for competition at the national level. Time: **3 Minutes** for Classical and **7 minutes** for Folk Dance.

XXVII SNA Biennial Conference

Venue: GMCANA Auditorium, Guntur Medical College Campus, Guntur (AP)

SCIENTIFIC PAPER PRESENTATION

REGISTRATION FORM

(in CAPITAL LETTERS):	
Name of the Guide:	
Course & Year of Study:	
Last SNA Unit Subscription Paid on: Date:	TNAI Receipt No
Entry Fee: Rs.100/- (Individual Entry) sent by D.D. / P (tick (✓) as applicable)	aid in cash
Date:	Receipt No:
CERTIFICATE OF F	RECOMMENDATION
member(s) of the above SNA Unit and have paid s The Scientific Paper was contested at the State Le	rch is a bonafide work of the student(s) who is/are subscription for the year 2017. vel Competition and selected for presentation at the is paper will be presented for the first time at the
Student(s) Signature Forwarded by:	Seal & Signature of Principal SON/CON
Signature of Unit SNA Advisor	Seal and Signature of the State SNA Advisor

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XXVII SNA Biennial Conference

Venue: GMCANA Auditorium, Guntur Medical College Campus, Guntur (AP)

EXHIBITION REGISTRATION FORM (Poster Presentation)

Topic of the Poster:		
Category Code:	Section Code:	
Name of the Student Artist(s) (In Capital Let	ters):	
Course & Year of Study		
SNA Unit Address & State:		
Last SNA Unit Subscription Paid on:		
TNAI Receipt No	Date	
Entry Fee: Rs.25/- (individual entry) D.D. (tick (✓) as applicable)	Rs.50/- (group entry)	sent by
Date:	Receipt No.:	
This is to certify that the above mentione member(s) of the above SNA Unit and have	e paid their subscription for the year 2016 level competition and selected for displa	6-2017. ay at the Nationa
Student(s) Signature	(Seal and Signature of the State	SNA Advisor)

RULES FOR ENTRY

- 1. No Exhibition form will be entertained after October 31, 2017.
- 2. All the exhibits are to be registered. Registration fee is Rs.25/- (individual entry) and Rs.50/- (for group entry) per exhibit. The money should be sent by D.D. payable at the Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi 110016. Use separate form for each entry.
- 3. Name of the exhibitor and the SNA Unit should not appear on the exhibit.
- 4. Each exhibit must be accompanied by a card bearing: (i) Name of Exhibitor; (ii) Name of SNA Unit; (iii) Topic of the Exhibit; (iv) Category & Section; (v) Size of the exhibit should be strictly adhered to or else exhibit may be disqualified for competition. The size for both individual and group poster presentation will be same i.e. one standard size poster 22" x 26" approx.
- 5. Completed form(s) (with signature of the State SNA Advisor) alongwith entry fee to be sent to the **TNAI, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016**. Entry fee payable to the Trained Nurses' Association of India.
- 6. For each poster presentation only one entry, either individual or group will be allowed from each State.
- 7. Group entry should not have more than three students.

NOTE: In any group item, each contestant should give his/her name & address in the entry form, for issuing merit certificates.

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XXVII SNA Biennial Conference

Venue: GMCANA Auditorium, Guntur Medical College Campus, Guntur (AP)

COMPETITION REGISTRATION FORM

Competition item(s): Please Lick (V)
1. On-the-Spot Painting { } 2. Floor Decoration { } 3. Debate (English/Hindi) { } 4. Essay Competition (English/Hindi) { } 5. Quiz Competition { } 6. Personality Contest (Mr. SNA & Ms. SNA) { } 7. Sports: 100m Race { } (Male/Female), Discuss Throw { } (Male/Female) Javelin Throw { } (Male/Female). 8. Talent Night { }
Participant(s) has/ have competed at State level: Yes/No. Tick ($\sqrt{\ }$) as applicable)
Name of Individual Participant
Names of Group Participants
Name and Address of the SNA Unit:
SNA Unit Subscription Fee Paid on TNAI Receipt No
Entry Fee: Rs.25/- (individual entry) () and Rs.50/- (group entry) sent by DD () Tick ($\sqrt{\ }$) as applicable)
Date Receipt No
RECOMMENDATION
This is to certify that the above stated competition item(s) has/have been competed at the State level an qualified for entering at the National level competition. The competitor(s) is/are from SNA Unit which has pai subscription for 2016-2017.
Student(s) Signature (Seal and Signature of the State SNA Advisor)

RULES OF ENTRY FOR THE COMPETITION

- 1. Every institution should have SNA units and paid the subscription fee for the period of 2016-2017.
- 2. All entries must have competed at the State level. Only one entry from each State/UT should be sent for the National competition.
- 3. In Debate and Essay competition, only one entry either in English or Hindi will be allowed from each State.
- 4. In any group item, only three participants will not be permitted to participate from each State.
- 5. Entry fee for Individual entry is Rs.25/- and Rs.50/-for group entry. The money to be sent through Demand Draft in favour of the Trained Nurses' Association of India payable at New Delhi.
- 6. For group dance not more than eight members.
- 7. Last date of receiving the duly filled form is October 31, 2017.
- One form for each item (group or individual).
- Completed form(s) (with signature of the Participants and State SNA Advisor) along with entry fee to be sent to the Dy. Secretary-General-cum-SNA Advisor, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016.

NOTE: In any group item, each contestant should give his/her name & address in the entry form, for issuing merit certificates.

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Attention: TNAI Members

It is mandatory to have the new TNAI Life Membership Card to cast your vote at the State and National TNAI elections. Kindly download the application form from the TNAI website and send it to TNAI HQ after duly filling up the particulars. The charges for Photo Identity Card are Rs. 150/- which may be remitted through DD in favour of "The Trained Nurses Association of India, New Delhi".



Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly *TNAI Bulletin*, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000 per item including one photograph. The payment should be through a demand draft in favour of **The Trained Nurses' Association of India** (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

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Invitation for XXVII SNA Biennial Conference

Guntur (Andhra Pradesh)

29 November - 3 December 2017

On behalf of SNA members of the Andhra Pradesh State Branch of TNAI, we cordially invite all members to the XXVII SNA Biennial Conference to be held at Guntur from 29th November 2017 to 3rd December 2017.

We look forward to your esteemed presence on this gracious occasion.



Ms. G Anusha SNA Vice President Govt. College of Nursing Guntur (AP)



Ms. V Sandhya SNA Secretary Narayana College of Nursing Nellore, Andhra Pradesh

Workshop on "Current Midwifery Practice in India: Role and Scope of Nurse Midwives" August 28 to September 1, 2017

TNAI is organizing a National Workshop on "Current Midwifery Practice in India: Role and Scope of Nurse Midwives" at its Central Institute of Nursing & Research-Elderly Care Home, Plot No. 37 and 37/1, Knowledge Park-III, Greater Noida-201306, Gautam Budh Nagar District, UP. The overall purpose of the workshop is to update and strengthen the knowledge and skills of the Nurse/Midwives in the area of current midwifery practices in India.

Request for registration will be considered on a first come first served basis as there are only limited seat (50). All costs for attending the workshop will be borne by the sponsoring authorities (Institutions/Governments) or by concerned individuals as the case may be.

Total Participation fee:

Outstation participants with accommodation
 Fee package includes Registration, Boarding and Lodging for 5- days

Rs. 10,500/-

(2) Local participants
 Fee package for Registration Participants, Lunch and refreshments.

Rs. 6,500/-

The fee, can be sent through demand draft in favour of **The Trained Nurses' Association of India** and payable at **New Delhi. Kindly note that in case of cancellation, an amount of Rs. 5,000/- (The registration fee) will not be refunded.** Outstation cheques will NOT be accepted.

Request for registration form should be addressed to: The Secretary General, TNAI Headquarters, L-17, Florence Nightingale lane, Green Park, New Delhi-110 016, Phone: 0120-2323659, 011-26566665, Email: tnai.cin.ech@gmail.com. Registration form can also be downloaded from TNAI website (www.tnaionline.org). Last date for receipt of duly filled registration form is August 15, 2017. However, seat can be booked tentatively by phone/Email.

Credit hours: TNAI will award 40 credit hours for 5 days participation in workshop.

Mrs. Evelyn P. Kannan Secretary General, TNAI

Computerisation and layouts: anupamkamal@hotmail.com

ICN Conference at Barcelona: A Report

25 May to 1 June 2017

The annual congress of International Council of Nurses (ICN) is a long awaited event for world nurse leaders to share and exchange professional views and experiences. The 2017 ICN Congress was held at Barcelona in Spain.

The Conference provided a befitting platform for thousands of nurses who deliberated on their role in the transformation of care, with focus on universal health coverage, the Sustainable Development Goals and utilisation of human resources for health. It facilitated nurses to strengthen mutual bonds and disseminate nursing knowledge across specialities, cultures and countries. The three ICN pillars – Professional Practice, Regulation and Socio-Economic Welfare, served as basis of the scientific programme and the dynamic exchange of experiences and expertise.

The broad objectives of the Congress were:

- To demonstrate and advance the nursing contribution to informed and sustainable health policies.
- To highlight nurses' contribution to evidence-based healthcare and to encourage problem-solving approaches to health priority needs.
- To provide opportunities for an indepth exchange of experience and expertise within and beyond the international nursing community.

All these objectives were met during this Conference. The INMO was represented at the ICN 26th Quadrennial Congress in Spain, in May 2017, by its President, Martina Harkin-Kelly, and the Director of Professional Development, Elizabeth Adams.

It was huge gathering with around 8600 registered delegates from 35 participating countries. Delegates from different countries appeared in their National



Dresses, as could be seen on the large screens. From India, two delegates viz Mrs Anita Deodhar-President TNAI and Mrs Phalakshi Manjrekar from Mumbai, were deputed.

The Conference began on 28 June. At a time, 8 to 10 sessions were held simultaneously that concluded by 6 pm. Though most of the sessions were conducted in the Spanish language, we had absolutely no difficulty in following the proceedings as we were provided with head phones with a choice to listen the proceedings in another four languages. All the sessions were informative and interesting.

The Exhibition and Panel Discussions were exceptionally good and very informative; first Panel Discussion which focused on "Health Care Systems" was led by JHPIEGO; the second, led by ICN, highlighted "The Impact of Globalisation on Nurses and their Associations". The last Panel discussion was hosted by CGFNS and focused on "Delivering a Sustainable Nursing Force".

A distinct feature of the conference was the ICN Policy Cafes (stalls) where various policy matters such as Patient-Centred Care, Leadership, ICN Policy consultancy etc. were discussed in detail.

Participation in ICN Conference was unique in many ways to meet and discuss with many international Nursing celebrities.

On behalf of TNAI, the President-TNAI congratulated Mrs Judith, the outgoing President and Mrs Annet Kennedy, the ICN President-elect, Mrs Holy, a senior ICN Board Member, Dr. Francis, the

Chief Executive Officer of the ICN and many others. Lord Nigel Crisp, an Independent Cross Bench Member of the House of Lords (UK) promised to help Nurses and the Nursing profession, if he gets reelected in forthcoming UK Parliament Elections.

The President, TNAI had opportunity to discuss with Mrs Marian, in charge of Membership Affairs and policies in ICN about Membership Issue of the Student Nurses. She was informed that in India, the TNAI has large number of Student Nurse Members. It was suggested that initially, Nursing Associations of all countries should involve "Student Nurses" in their Associations after which, the matter could be taken up in the Executive Committee Meeting of the ICN for discussion in the ICN.

The President also met Mr Graham, incharge ICN Education System, and discussed the possibilities of ICN-TNAI collaboration in the area of CNE. He agreed that ICN would offer number of Free Educational Courses to the Nursing Associations from the developing countries by giving them a link to their website after which the respective Association may consider whether it is to be given free or on payment to Members/Non-Members of that Association. However, he observed that in case the Association decides to charge fees for such Educational Courses to Non-Members, half the charged amount should be remitted to ICN Education System. He was requested to forward all details via e-mail to TNAI so that the issue could be discussed in TNAI EC/ Council meeting.

मच्छरों से बचाव करना ही होगा

कम ही लोग जानते हैं कि मलेरिया के लक्षण दिखने के 24 घंटे में यह जानलेवा बन सकता है! हर साल 70 करोड़ से ज्यादा लोगों को बीमार बनाने वाला मच्छर दुनिया में 4.29 लाख मौतों के लिए जिम्मेदार है। इसीलिए कुछ विशेषज्ञ इसे धरती का सबसे खतरनाक जीव मानते हैं। मलेरिया मच्छर के काटने से होता है। मलेरिया के सर्वाधिक मामले (90 फीसद यानी सालाना करीब 21.2 करोड़) अफ्रीका में पाए जाते हैं। मलेरिया से जूझने वाले अन्य देश हैं, दक्षिण अमेरिका, रूस, मैक्सिको और एशियाई मुल्क।

मलेरिया कैसे होता है?

मादा मच्छर जब मनुष्यों या पशुओं को काटती है तो डंक में मौजूद विषाक्त बैक्टीरिया से मलेरिया व अन्य बीमारियां पैदा होती हैं, हालांकि मच्छरों की सभी प्रजातियां क्षतिकारी नहीं होतीं। मलेरिया के परजीवी रक्त प्रणाली में प्रवेश करने के बाद रक्त के लाल कणों को प्रदूषित और नष्ट कर देते हैं।

सर्दियों में मच्छर निष्क्रिय पड़े रहते हैं और उष्ण तामपान में सिक्रिय हो जाते हैं। इनकी तीन हजार प्रजातियों में से क्यूलेक्स, एडीज़, एनोफिलीज और एशियन टाइगर ज्यादा खतरनाक हैं। मादा मच्छर खड़े पानी में अंडे देती हैं उसके कुछ सौ गज की परिधि में मच्छर मंडराते रहते हैं। पिक्षयों को काटना इन्हें अधिक पसंद होता है। इनका जीवनकाल करीब एक माह है। एनाफिलीज़ के काटने से मलेरिया तथा एडीज़ और एशियन टाइगर से डेंगू, येलो फीवर और इंसेफेलाइटिस संक्रिमत होते हैं। मलेरिया के उपचार में दिक्कत यह है कि इसके लक्षण सामान्य बुखार या फ्लू से मिलते जुलते होते हैं — ठिदुरन, थकान, सिरदर्व, पसलियों में दर्व, उबकाई, डायरिया। बीमारी की तीव्रता का अनुमान क्लीनिकल जांच में लेब परीक्षणों से तब होता है जब शारीरिक क्रियाएं प्रभावित होने लगती हैं। यदि तुरंत उपचार न किया जाए तो स्थित खतरनाक हो सकती है। गंभीरता के लक्षण हैं — रोगी का सांस लेना दुष्कर हो जाना, ब्लग शूगर कम हो जाना, हैमोग्लोबीन स्तर गिर जाना या उसका कौमा में चले जाना, ऐसे में मृत्यू भी हो सकती है।

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Former Secretary-General Prof Sujana Chakravarty Passes Away



Prof (Mrs) Sujana Chakravarty, former Secretary General, TNAI and a veteran Nurse leader sleeps in eternal peace. She passed away on 20 June 2017 at the age of 67 years due to heart attack at Max Hospital, Saket, New Delhi. She is survived by her husband, two daughters and a son.

Born on 13 June 1950, Prof Sujana belonged to Andhra Pradesh. She had her graduation degree from RAK College of Nursing (Delhi University) in 1973 and later her Masters in Nursing from same institution in 1994.

In her nursing career, she served, besides TNAI, several institutions: RAK College of Nursing, AIIMS College of Nursing, Ministries of Health in Iran and Saudi Arabia. After joining TNAI as Assistant Secretary General in January 1995, she was re-designated as Asst Secretary General-cum-SNA Advisor in June 1998 and promoted as Secretary General in January 2002. She sought voluntary retirement from TNAI in August 2003.

A condolence meeting was organised at TNAI Hqrs in New Delhi on 28 June 2017 to pay last tributes to Prof Sujana Chakravarty in the presence of her family members and nursing colleagues. Senior nurse leaders who attended the condolence meeting included Mrs Bimla Kapoor, Mrs Bandana Bhattacharya, Mrs Uma Handa, Mrs Usha Banerjee, Ms Neerja Sood, Mrs. Annu Kaushik, Dr Cecil Khakha, Mrs Cecilia, Dr. Rathi Balachandran, Dr CN Bhargavi, Mrs Sheila Seda, Wing commander Seda, Mrs Nandhini Subbiah, Mrs Sobha George, Mrs Deepa Chug, Mrs Sherly Thomas, Ms Arshi, Mrs Evelyn P Kannan, Mrs Sanghamitra Sawant, Mr Ajinas AM, Mrs Vatchala Dhinakaran besides family members and friends of Prof (Mrs) Sujana Chakravarty and TNAI staff.

Instances of her compassionate nature, academic excellence, command on vocabulary, language, perfectness in her tasks and interactions were recalled by her teachers, students and colleagues. A dynamic personality with administrative knack, she was known for taking quick decisions. She contributed immensely to TNAI during her tenure. Her daring personality was admired by one and all.

The condolence messages of President TNAI Mrs Anita Deodhar, former President, former and existing Vice President, Secretary Generals, Treasurers of State/UT Branches and all state branch President and Secretaries and other nurse leaders, who could not make it to be present, were read out by Mrs Vatchala Dhinakaran. Floral tributes were paid by the senior nurse leaders and TNAI staff members.

Let us all pray together for the soul of departed Nurse leader to rest in peace and grant courage and strength from the God Almighty to the family members and entire nursing community to bear this unbridgeable gap.